

Attachment #5 – *The Rock and The Eagle Speaks*, Hank La Rose, Bear Boy

All is a circle and a hoop within me  
If I speak in the language you taught me  
I am all but one  
Look inside the circle and the hoop  
You will see your relation and nations.  
Your relation to the four legged  
And the two legged  
And the winged ones  
And to the mother earth  
The grandfather sun  
The grandmother moon  
The direction and the sacred seasons  
And the universe  
You will find love for your relation  
Look further inside the sacred circle  
And the sacred hoop  
In the center of the circle and the hoop  
You will feel the spirit  
Of the great creator  
He is in the center of everything  
Learn about what you are  
By observing what you are not