

FAMILY DIFFERENCES ASSIGNMENT

Name _____ Period _____ Assign #

After discussing family food differences, plan a simple meal for your family. As a homework assignment, prepare and serve the meal to your family. Return this form with a parent signature after completion.

My family consists of

Age range:

Activity level of family members:

Food preferences:

Time available to prepare meal:

Special diet needs, if any:

Foods that will fit into my family food budget:

MENU

Analyze the menu chosen as to the following:

Color

Texture

Size and shape

Flavor

Temperature

Heavy/Light

Student evaluation and comments:

This class assignment was completed on _____ (date)

Parent evaluation and comments:

(Parent signature)