Name $\qquad$

## Calories Count

Cut out the 8 foods at the bottom of the page. Glue the kinds of foods we can eat every day in the low calorie box. Glue the kinds of foods we should only eat once in a while in the high calorie box.

| Low Calorie Foods |  | High Calorie Foods |  |
| :--- | :--- | :--- | :--- |
|  |  |  |  |
|  |  |  |  |


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