Name __

Date _

Forces and Motion in Sports

Instructions: Write the name of the sport in the left column. Decide if the force is a push or pull. Put an X in the correct box in the middle column. If you think the sport uses both push and pull, put an X in both boxes. In the right column, write an explanation of how the push and/or pull are used in the sport.

Sport	Force	Explanation
	□ Push □ Pull	
	□ Push □ Pull	