

# Mkeka Mat

- Fold a large piece of red construction paper.
- While the paper is folded, draw a series of lines across the fold, but do not draw the lines all the way to edge-leave about 1 inch at each edge.
- Have students will cut along the lines
- When they are finished cutting, they will unfold the pieces of paper.
- Using green and black construction paper, cut strips of paper 1 inch wide, and the same length as the height of the large piece of paper.
- Have the students weave the strips through the cuts in the large piece of paper. Make sure they alternate rows so that the strips don't fall out.
- When the weaving is done, secure each strip of woven paper using glue or tape.
- If needed trim the woven edges a bit to make the edges of the Mkeka mat even.

## "Hand-some" Kinara

- Prepare shallow containers of red, black, green, yellow, and brown paint.
- Make the following paint prints:
  - Three red candles: index, middle, and ring fingers
  - One black candle: index finger
  - Three green candles: index, middle, and ring fingers
  - Yellow flames: fingertip
  - Brown kinara: palm, fingers, excluding thumb
- After the paint dries, frame it with black strips of paper.

