



**Metric
DISTANCE**

<u>Unit</u>	<u>Equivalency</u>
<u>Example</u>	
1 millimeter	
1 centimeter	= _____ millimeters
1 meter	= _____ centimeters
1 kilometer	= _____ meters



**Metric
WEIGHT (MASS)**

<u>Unit</u>	<u>Equivalency</u>
1 milligram	
1 gram	= _____ milligrams
1 kilogram	= _____ grams
1 Metric ton	= _____ kilograms



**Metric
CAPACITY**

<u>Unit</u>	<u>Equivalency</u>
1 milliliter	
1 liter	= _____ milliliters
1 kiloliter	= _____ liters



TIME

_____ seconds = 1 min	_____ months = 1 yr
_____ minutes = 1 hr	_____ weeks = 1 yr
_____ hours = 1 day	_____ days = 1 yr
_____ days = 1 wk	



**Metric
TEMPERATURE**

0 °	= freezing
21 °	= a very pleasant day temperature
37 °	= normal body temperature
100 °	= boiling



Customary DISTANCE

<u>Unit</u>	<u>Equivalency</u>
1 inch	
1 foot	= ____ inches
1 yard	= ____ feet ____ inches
1 mile	= _____ yards _____ feet _____ inches



Customary WEIGHT

<u>Unit</u>	<u>Equivalency</u>
1 ounce	
1 pound	= ____ ounces
1 ton	= _____ pounds _____ ounces

Customary CAPACITY

<u>Unit</u>	<u>Equivalency</u>
1 ounce	
1 cup	= ____ fluid ounces
1 pint	= ____ fluid ounces ____ cups
1 quart	= ____ fluid ounces ____ cups ____ pints
1 gallon	= _____ fluid ounces ____ cups ____ pints ____ quarts

1:54



TIME

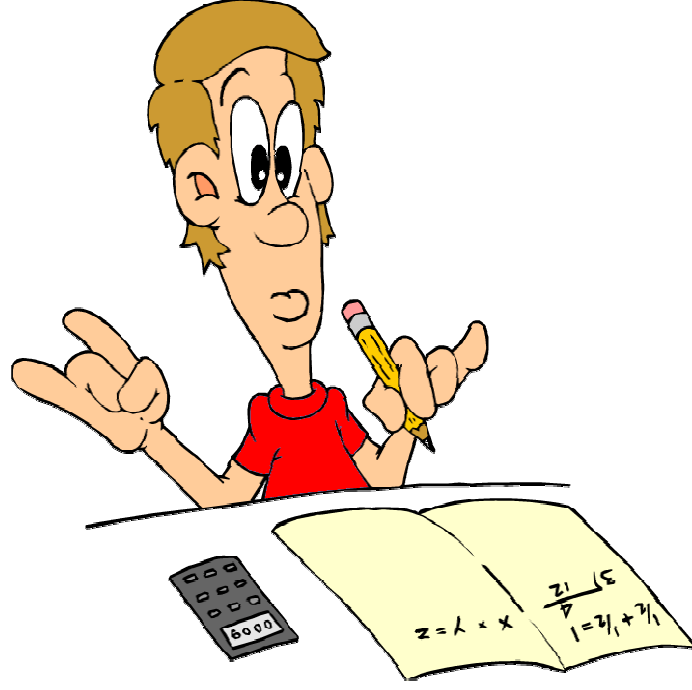
____ seconds = 1 min	____ months = 1 yr
____ minutes = 1 hr	____ weeks = 1 yr
____ hours = 1 day	____ days = 1 yr
____ days = 1 wk	



Customary TEMPERATURE

32 ° = freezing
72 ° = a very pleasant day temperature
98.6 ° = normal body temperature
212 ° = boiling

Conversions



Distance,
Weight/Mass

Capacity,
Time, Temp