

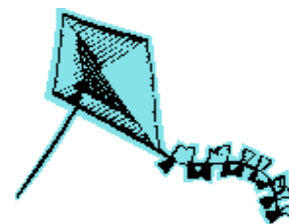


GO FLY A KITE

Getting Your Goals Off the Ground

"Each person must decide what he wants to do, plan how to do it, then work hard."

1. Write down a specific, measurable, realistic short- or long-term challenging goal you want to achieve.
2. Outline the five specific steps necessary to reach your goal.
 - A. _____
 - B. _____
 - C. _____
 - D. _____
 - E. _____
3. Who are people that could help you reach your goal, and how?
4. What are some obstacles you might face and how could you overcome them?
5. When do you want to have your goal completed and how will you evaluate your progress?
6. What is one thing you can do to stay focused on your goal?
7. What can you start doing today to help you reach your goal?



Remember...be patient.

It may take more than one attempt to get your kite off the ground.