

WHAT IT'S LIKE TO WALK IN THEIR SHOES

What You See With Empathy

1. What one word describes the picture?
2. What do you think is going on in the picture?
3. What might the person be thinking and how might they feel?
4. What cues did you get from the picture to arrive at your conclusions about how the person might think and feel?
5. How would you be thinking and feeling if you were in the same situation?
6. What information could you use to help you be more empathetic with the person(s) in this picture?
7. What could you do to give this person your support and help the situation?

