

Student Worksheet

Name

Period

Challenging Violent Thinking

Back to life stressors until the next time

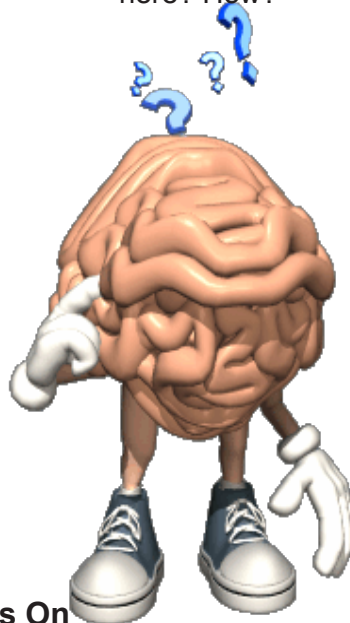
Consequences
What are the results of the violence? (Death, severe injury of any or all people involved, lock up for people involved, families devastated by the violence)

Violence continues because nothing is solved.

Escalating Tensions

Glares, posturing, flying colors, runs their mouth, he said/she said, texts, myspace

Can things be stopped here? How?



Trigger Thoughts and Feelings

Can things be stopped here? How?

No Choice is a Choice

To think nothing
Ask nothing
Do nothing

Can things be stopped here? How?

Event/Problem is On

Violence against all people involved. Who does this include? (aggressors, targeted victims, bystanders, people trying to stop the violent act, small children watching... What about weapons?

Can things be stopped here? How?

Rage Building and Anger Exploding

Can things be stopped here? How?

Event/Problem Setup

When and where is the violence going to take place.

Can things be stopped here? How?

**Use Magic Questions
Learn to Ask for Help**

