

Name \_\_\_\_\_ Period \_\_\_\_\_ Date \_\_\_\_\_

**HIGH ON SELF-CONCEPT**

**Directions:** In each balloon below, give the definition and characteristics for self-esteem and self-concept.

**SELF-CONCEPT**

Definition \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Good Self-Image Characteristics: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Low Self-Image Characteristics: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**SELF-ESTEEM**

Definition: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

High Self-Esteem Characteristics: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Low Self-Esteem Characteristics: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Factors that lead to a good self-concept are:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Factors that lead to a poor self-concept are:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**SELF**

Factors that lead to high self-esteem are:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Factors that lead to low self-esteem are:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_