

## QUALITIES I WANT IN A MATE

Have students take a sheet of paper and list all the qualities they want in a future mate. There is no limit to the number of items they may put on their lists, as long as the items reflect the qualities they think are most important. Give students time to complete the list.

There are many reasons for making this list:

**1. Be selective.**

Remember, this decision will effect your life more than any other. If you were selecting a car, you would have a set of standards the car would have to meet before you would buy it. Know what you want in a mate.

**2. Make a list before you develop a relationship.**

Once you love someone your objectivity is lost and you will settle for the traits your partner already possesses.

**3. Find the right person, do not try to change the person.**

If the person does not have every trait on your list, ask yourself if you can love him/her just as he/she is. If there are some things you just cannot live without or some things you just cannot live with, find someone else—do not try to change the person. The chances of the change being permanent are not very likely and would be an unstable foundation on which to base a marriage.

**4. Become the kind of person you want to marry.**

Display the transparency YOU ATTRACT WHAT YOU ARE, NOT WHAT YOU WANT.

Not only is it unfair for you to expect your intended mate to be something you are not, it is unlikely you will attract someone vastly different from your own standards, beliefs, and philosophies.

\*People who are neat and tidy in their appearance rarely date people who are slobs.

\* Bookworms rarely date drug heads.