

Name _____

Period _____

PEACEFUL SOLUTIONS TO MARITAL PROBLEMS

1. Problems between married people arise when one or both fail to understand or adapt to each other's _____.
2. A peaceful solution is one that solves the problem without increasing the _____.
3. What is the first step in finding a peaceful solution?
4. The lack of _____ is one reason for marital problems.
5. What is intimate attention?
6. Our spouses are not mind readers and will usually be more interested in helping if we make it clear what we desire and wish for without _____ or _____.
7. Most people marry to achieve _____.
8. Why do men learn to control their emotions and avoid talking about themselves?
9. In order to correct mistrust and suspicion in a marriage what must you do?
10. What are the four peaceful solutions to solve marital differences?
 - A.
 - B.
 - C.
 - D.

PEACEFUL SOLUTIONS—ANSWER KEY

TEACHER NOTE: The video moves rapidly and the students may not find time to get all the answers recorded on their paper. You may wish to discuss and review the video together, using the worksheet as a tool.

1. Problems between married people arise when one or both fail to understand or adapt to each other's (EXPECTATIONS).
2. A peaceful solution is one that solves the problem without increasing the (CONFLICT).
3. What is the first step in finding a peaceful solution? (IDENTIFY AND DISCUSS EACH PERSON'S THOUGHTS AND FEELINGS WITHOUT BLAMING ONE ANOTHER)
4. The lack of (INTIMATE ATTENTION) is one reason for marital problems.
5. What is intimate attention? (WHEN WE FEEL UNCARED FOR, UNAPPRECIATED, AND UNLOVED)
6. Our spouses are not mind readers and will usually be more interested in helping if we make it clear what we desire and wish for without (DEMANDING) or (MANIPULATING).
7. Most people marry to achieve (INTIMATE COMPANIONSHIP).
8. Why do men learn to control their emotions and avoid talking about themselves? (TO BE MORE MANLY, LESS VULNERABLE, MORE SECURE)
9. In order to correct mistrust and suspicion in a marriage, what must you do? (IDENTIFY WHAT YOU WANT FOR YOURSELF IN THE MARRIAGE)
10. What are the four peaceful solutions to solve marital differences? (1-DESCRIBE YOUR OWN THOUGHTS AND FEELINGS WITHOUT BLAMING, 2-OFFER TO ADJUST IN ORDER TO SOLVE THE PROBLEM, 3-ACHIEVE INTIMACY BY CLEARLY STATING WHAT YOU WANT FROM YOUR MARRIAGE, 4-IDENTIFY WHAT YOU EXPECT OR WANT FROM YOURSELF.)