

Name _____

Period _____

DON'T—PLEASE DO!

Read the NEGATIVE statement on the left. Rewrite the statement so that it tells the child exactly what TO do, rather than what NOT to do. Turn the negative statement into a positive one. Don't make it a power struggle statement by using "I" or "You" The first statement has been completed for you, as an example.

NEGATIVE STATEMENTS:

POSITIVE STATEMENTS:

- | | |
|--|-----------------------------------|
| 1. "Don't sit on the counter." | <u>"Please sit on the chair."</u> |
| 2. "Don't stand on the seat." | _____ |
| | _____ |
| 3. "Don't you ever clean your room?" | _____ |
| | _____ |
| 4. "Can't you clean up this mess?" | _____ |
| | _____ |
| 5. "Don't ignore me when I'm
talking to you!" | _____ |
| | _____ |
| 6. "Don't hit the table again." | _____ |
| | _____ |
| 7. "Don't make so much noise with
your feet." | _____ |
| | _____ |
| 8. "Don't hit your brother again." | _____ |
| | _____ |
| 9. "Behave yourself!" | _____ |
| | _____ |
| 10. "You are a messy little pig!" | _____ |
| | _____ |