

## **Home Connection**

Dear Family,

Today I learned that I have a right to be in an environment where I feel safe. I have a responsibility to treat others with kindness. That means I can solve my own problems without hurting others' feelings or bodies. Please help me to use my new skills when I am at home by guiding me through the process of I STOP'D when I have a problem to solve.

I have the power to choose.

Stop and search the problem.
Think it through.
Options work best if they are win-win.
Pick a plan.
Do it, then decide if it worked.



Please help me find a special place where I can hang my I STOP'D sign so I will remember to try to find a solution where everyone wins.

Thank you! I love you!



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