

## TEACHER INFORMATION

### UNIT: Dating

### LESSON: Sexually Transmitted Diseases

#### DAY 1: STDs

##### Introduction:

Before students come in to the room and before the bell rings, arrange with a student to **not** participate in the opening activity. After the bell tell students we are going mingle and take sometime to get to know everyone in the room. Have students introduce themselves and shake hands with at least 3 other people (other than their friends sitting next to them). Be sure they get up and move around. Have them meet at least person from each side of the room. As you are explaining this demonstrate by shaking hands with a couple of students. When everyone is seated and done meeting each other, announce to the class that you just found out you have an (STD) disease that is spread through shaking hands with others. Have the students that you shook hands with in the beginning to stand up. Then have all those that shook hands with them to stand up. Next Have all students that shook their hands stand up. Continue with activity until all students are standing except the one that did not participate.

This is the same way that STDs are spread. Even though they did not shake hands with you personally they did shake hands with someone that come in contact with another person that come in contact with another person that come in contact with you. Remember when you have sex you are not only exposed to them but with everyone they have had sex with. You have to worry about every person that has come in contact with that person and so forth. Ask the student you spoke to before class if they have been “infected” Why not? (Abstinence is the only certain way to avoid contacting and STD. Inform students that an STD is transmitted to a teenager every 10 seconds.

##### Activity:

As students read the statements “Myths of STDs” have students tell whether the statements are True or False.

##### Lecture:

Share with students information on different types of STDs and how they are acquired, treated and prevented. Have students take notes on the STDs Student worksheet/Lecture Guide

##### Closing:

Divide the class into four teams. Give each team five facts about STDs. In turn, each team will present a statement to the class. They may present the fact listed on their sheet, or they may turn the fact into fiction, the other teams must then determine if the statement is fact or fiction. One point is given for the correct answer, two points are awarded for giving the correct reason for their answer. The team with the most points wins.

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#### DAY 2: HIV/AIDS

#### **Materials:**

Hugs and kisses  
Almond kisses  
Bags  
Index cards

#### **Introduction:**

HIV game (attached document. Instruction for activity and discussion are found in the HIV game document. This game takes about 30 minutes including discussion questions below.

#### **Discussion Questions:**

1. Did anyone notice anyone who did not stand up? Introduce the "abstinent" participant and the "monogamous" partners. Ask them how they felt not playing. How did the others feel when these people refused to exchange candy with them?
2. Why is it difficult not to participate when everyone else is participating?
3. How did the person with the *Almond Kisses* (HIV infection) feel?
4. The one person whose bag had a star did not know he/she was "infected" with HIV. How could we have known ahead of time?

#### **Lecture:**

Share HIV/AIDS information on how it is transmitted and how to prevent HIV infection. For teacher information go to the attached document.