

Age-Appropriate Toys

American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™



Newborn to 1-year-old baby

- Choose brightly-colored, lightweight toys that appeal to your baby's sight, hearing and touch.
 - Cloth, plastic or board books with large pictures
 - Large blocks of wood or plastic
 - Pots and pans
 - Rattles
 - Soft, washable animals, dolls or balls
 - Bright, movable objects that are out of baby's reach
 - Busy boards
 - Floating bath toys
 - Squeeze toys



1- to 2-year-old toddler

- Toys for this age group should be safe and be able to withstand a toddler's curious nature.
 - Cloth, plastic or board books with large pictures
 - Sturdy dolls
 - Kiddy cars
 - Musical tops
 - Nesting blocks
 - Push and pull toys (remember - no long strings)
 - Stacking toys
 - Toy telephones (without cords)



2- to 5-year-old preschooler

- Toys for this age group can be creative or imitate the activity of parents and older children.
 - Books (short stories or action stories)
 - Blackboard and chalk
 - Building blocks
 - Crayons, nontoxic finger paints, clay
 - Hammer and bench
 - Housekeeping toys
 - Outdoor toys: sandbox (with a lid), slide, swing, playhouse
 - Transportation toys (tricycles, cars, wagons)
 - Tape or record player
 - Simple puzzles with large pieces
 - Dress-up clothes
 - Tea party utensils



5- to 9-year-old child

- Toys for this age group should help your child develop new skills and creativity.
 - Blunt scissors, sewing sets
 - Card games
 - Doctor and nurse kits
 - Hand puppets
 - Balls
 - Bicycles with helmets
 - Crafts
 - Electric trains
 - Paper dolls
 - Jump ropes
 - Roller skates with protective gear
 - Sports equipment
 - Table games



10- to 14-year-old child

- Hobbies and scientific activities are ideal for this age group.
- Computer games
- Sewing, knitting, needlework
- Microscopes/telescopes
- Table and board games
- Sports equipment
- Hobby collections



Assignment



- Search the internet for toys appropriate to each age level.
 - Copy and paste the picture into your Word document.
 - Describe the toy and why it is appropriate.
 - Make sure your name is on your paper.
 - Print and turn in to me.
- Age levels:
 - Newborn - 1 year
 - 1 year - 2 year
 - 2 - 5 years
 - 5 - 9 years
 - 10 - 14 years

