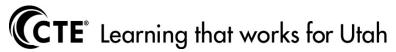
# STRANDS AND STANDARDS MEDICAL ANATOMY & PHYSIOLOGY



# **Course Description**

This full-year course provides students with an in-depth study of healthcare careers including actual clinical experience in a variety of areas. Instruction includes intermediate anatomy & physiology, medical terminology, diseases and disorders, medical ethics and first aid. The class is designed to prepare students for the Advanced Health Science course and/or for a variety of health technology programs.

Intended Grade Level	10-12
Units of Credit	1.0
Core Code	36.01.00.00.110
Concurrent Enrollment Core Code	36.01.00.13.110
Prerequisite	None
Skill Certification Test Number	702
Test Weight	1.0
License Type	CTE and/or Secondary Education 6-12or
	Elementary Education
Required Endorsement(s)	
Endorsement 1	Medical Anatomy & Physiology
Endorsement 2	N/A
Endorsement 3	N/A



Body Plan and Organization-Students will explore and describe the body plan, organization, and homeostasis.

#### Standard 1

Contrast the sciences of anatomy and physiology.

## Standard 2

Describe the six levels of structural organization of the human body and give an example of each level.

- Chemical
- Cellular
- Tissue
- Organ
- System
- Organism

## Standard 3

Describe the following:

- Metabolism
  - Anabolic process
  - Catabolic process

#### Standard 4

Apply directional terms used in human anatomy.

- Posterior/Anterior
- Medial/Lateral
- Proximal/Distal
- Superficial/Deep
- Superior/Inferior

#### Standard 5

Apply commonly used planes to divide the body.

- Sagittal
- Midsagittal
- Transverse (horizontal)
- Frontal (coronal)

#### Standard 6

Identify the body cavities and locate the following organs within each cavity.

Dorsal Cavity

- Vertebral-spinal cord
- Cranial-brain
- Ventral Cavity
  - Thoracic-heart, lungs
    - Mediastinum-heart, bronchi, esophagus, thymus.
    - Pericardial-heart
    - Pleural-lungs
- Abdominopelvic Cavity-liver, spleen, intestines, kidneys, stomach
  - Abdominal-liver, spleen, intestines, kidneys, stomach
  - Pelvic-intestines, urinary bladder, sex organs

#### Standard 7

Identify the major organ(s) in each abdominal quadrant.

- RUQ-right upper quadrant-liver, gallbladder, right kidney
- RLQ-right lower quadrant-cecum, appendix, right ovary
- LUQ-left upper quadrant-spleen, stomach, left kidney
- LLQ-lower left quadrant-left ovary

## Standard 8

Examine the relationship between homeostasis and stress.

#### Standard 9

Differentiate between negative and positive feedback mechanisms. Give examples of each.

- Be able to describe the following:
  - Childbirth
  - Breast feeding
  - Blood clotting

#### STRAND 2

Basic Principles of Body Chemistry-Students will explain basic principles of body chemistry.

## Standard 1

Review the following terms and concepts.

- States of Matter
- Elements
- Basic components of the atom
  - Nucleus
  - Electrons
  - Protons
  - Neutrons
- Ion
  - Electrolyte

Identify the four major elements in the body.

- Carbon
- Hydrogen
- Oxygen
- Nitrogen

## Standard 3

Differentiate between:

- Compound
- Molecule

#### Standard 4

Differentiate between:

- Cation
- Anion

## Standard 5

Describe the characteristics of bonds. (no longer place any emphasis on which is the strongest type).

- Ionic
- Covalent
- Hydrogen

## Standard 6

Define pH.

#### Standard 7

Categorize the following based on the pH of a solution:

- Acidic
- Basic
- Neutral

#### Standard 8

Distinguish between "neutral" pH and the "average" pH range of the blood.

- Neutral pH=7.0
- Average pH of blood=7.35 to 7.45

## Standard 9

Describe the properties of water and how it is utilized in the human body.

- Universal solvent
- Transport
- Lubricant
- Heat capacity
- Chemical reactions

Distinguish between:

- Inorganic compounds-do not contain carbon, small molecules, usually form ionic bonds
- Organic compounds-usually contain carbon, large molecules, form covalent bonds, flammable

## Standard 11

Describe the structures and functions of the following and give an example of each:

- Carbohydrates
- Proteins
- Lipids
- Nucleic acids
  - RNA
  - DNA
- Amino acids

## Standard 12

Describe how the body produces energy during cellular respiration.

• ATP ↔ ADP + P + ENERGY

## STRAND 3

Cells-Students will describe basic concepts of structures and functions of cells.

## Standard 1

Identify the four principle parts of a generalized animal cell and their functions.

- Nucleus
- Cytosol
- Organelles
- Cell membrane

#### Standard 2

Describe the structure and function of the cell membrane.

#### Standard 3

Describe a selectively permeable membrane and factors which influence permeability.

#### Standard 4

Contrast intracellular and extracellular fluid in terms of location and composition.

#### Standard 5

Describe each of the following cellular transport processes and classify them as active or passive.

- Passive processes
  - Diffusion

- Osmosis
- Facilitated diffusion
- Dialysis
- Filtration
- Active processes
  - Phagocytosis
  - Exocytosis
  - Active transport

#### Standard 6

Review the osmotic effects that occur when a cell is placed in the following:

- Isotonic solution
- Hypotonic solution
- Hypertonic solution

#### Standard 7

Describe the function of the following structures within the cell.

- Nucleolus
- DNA
- RNA
- Gene
- Chromatin
- Chromosome
- Ribosomes
- Rough endoplasmic reticulum
- Smooth endoplasmic reticulum
- Golgi complex
- Vesicle (vacuole)
- Lysosomes
- Peroxisomes
- Mitochondria
- Cytoskeleton
  - Microfilaments
  - Intermediate filaments
  - Microtubules
- Centrosomes
- Centrioles
- Cellular surface variants
  - Microvilli (absorption)
  - Cilia (transports products along the surface of the cell, "crowd surfers")
  - Flagella (transports the cell)

Compare and contrast:

- Mitosis
- Meiosis

## STRAND 4

Histology & Integumentary System-Students will describe basic concepts of structures and functions of histology, and the integumentary system.

#### Standard 1

Identify the general characteristics and functions of each of the four principle types of tissues.

- Epithelial-strategies for tissue identification (arrangement & cell shape)
- Connective-adipose, cartilage, dense fibrous, blood, bone
- Muscular-skeletal, smooth, cardiac
- Nervous

#### Standard 2

Contrast the following:

- Exocrine glands
- Endocrine glands

#### Standard 3

Differentiate between the four basic types of membranes.

- Mucous
- Serous
- Synovial
- Cutaneous

## Standard 4

Describe the structures and functions of the integumentary system components.

- Skin
- Glands
- Hair
- Nails

## Standard 5

Describe the major layers of skin.

- Epidermis
- Dermis
- Subcutaneous (hypodermis)

Describe the functions of the following:

- Sudoriferous (sweat) glands
- Sebaceous (oil) glands

#### Standard 7

Identify the following diseases and disorders of the integumentary system.

- Skin cancers
  - Basal cell carcinoma
  - Squamous cell carcinoma
  - Malignant melanoma
- Decubitus ulcers
- Eczema
- Lesion
- Burns
  - 1st degree
  - 2nd degree
  - 3rd degree

## **Performance Skills**

- Students will explore careers in healthcare. Students will participate in a minimum of three career exploration experiences to investigate a variety of health care careers related to therapeutic services, diagnostic services, health informatics, support services, and biomedical research and development pathways. NOTE: Electronically delivered career exploration experiences are permissible.
- Students will provide an oral and/or written report for each career exploration.

#### STRAND 5

Skeletal System-Students will describe the structures and functions of the skeletal system and its components.

## Standard 1

Identify the general functions of the skeletal system.

## Standard 2

Identify the roles of the following in bone growth and ossification:

- Osteoblasts
- Osteocytes
- Osteoclasts

## Standard 3

Describe the features of a long bone.

- Periosteum
- Diaphysis

- Epiphysis
- Medullary cavity
- Red marrow
- Yellow marrow
- Articular cartilage
- Endosteum
- Compact bone
- Spongy bone

## Standard 4

Identify the four shapes of bones with characteristics and examples of each.

- Long
- Short
- Flat
- Irregular

## Standard 5

Describe and locate the following bone markings.

- Foramen
- Meatus
- Sinus
- Fossa
- Condyle
- Tuberosity
- Trochanter
- Tubercle
- Process

## Standard 6

Describe and differentiate between the following terms:

- Suture
- Fontanel

## Standard 7

Contrast the axial and appendicular skeletons.

#### Standard 8

Locate the following bones.

- Mandible
- Maxilla
- Zygomatic
- Frontal
- Parietal
- Occipital

- Sphenoid
- Ethmoid
- Hyoid
- Temporal
- Clavicle
- Scapula
- Sternum
- Ribs
- Pubic bone
  - Ilium
  - Ischium
  - Pubis
- Femur
- Patella
- Tibia
- Fibula
- Tarsals
- Metatarsals
- Phalanges
- Humerus
- Ulna
- Radius
- Carpals
- Metacarpals
- Vertebrae

## Standard 9

Contrast the average number, location, and function of each of the five groups of vertebrae.

- Cervical
- Thoracic
- Lumbar
- Sacral
- Coccygeal

## Standard 10

Explain the structural and functional classifications of articulations.

- Fibrous
- Synovial
- Cartilaginous
- Amphiarthrotic
- Diarthrotic
- Synarthrotic

Differentiate between ligaments and tendons.

#### Standard 12

Identify the following diseases and disorders of the skeletal system.

- Herniated disk
- Osteoarthritis
- Osteoporosis
- Scoliosis
- Kyphosis
- Lordosis
- Spina bifida
- RA (Rheumatoid arthritis)

## STRAND 6

Muscular System-Students will describe the structures and functions of the muscular system and its components.

#### Standard 1

Identify the general functions of the muscular system.

#### Standard 2

Describe the four characteristics of muscle tissue.

- Elasticity
- Excitability (irritability)
- Extensibility
- Contractility

## Standard 3

Contrast the general location, microscopic appearance, control, and functions of the three specific types of muscle tissue.

- Skeletal
- Smooth
- Cardiac

#### Standard 4

Contrast thick and thin myofilaments.

- Actin
- Myosin

## Standard 5

Describe the sliding-filament theory of muscle contraction.

#### Standard 6

Describe what occurs at the neuromuscular junction.

Define the following terms:

- Origin
- Insertion

#### Standard 8

Explain the role of the following:

- Prime movers (agonists)
- Antagonists
- Synergist
- Fixators

## Standard 9

Describe the locations and functions of the following skeletal muscles:

- Biceps brachii
- Triceps brachii
- Brachialis
- Flexors
- Extensors
- Pronator
- Supinator
- Rotator cuff
  - Supraspinatus
  - Infraspinatus
  - Teres minor
  - Subscapularis
- Sternocleidomastoid
- Trapezius
- Deltoid
- Diaphragm
- Rectus abdominis
- Pectoralis major
- Latissimus dorsi
- External oblique
- Gastrocnemius
- Tibialis anterior
- Soleus
- Hamstrings
  - Semimembranosus
  - Semitendinosus
  - Biceps femoris
- Quadriceps
  - Rectus femoris

- Vastus lateralis
- Vastus medialis
- Vastus intermedius
- Gluteus maximus
- Gluteus medius
- Sartorius
- Gracilis
- Masseter

#### Standard 10

Identify the following diseases and disorders of the muscular system.

- Fibromyalgia
- Muscular dystrophy
- Medial tibial stress syndrome
- Compare and contrast the following, describe the three degrees of injury:
  - Sprain
  - Strain

## STRAND 7

Nervous System/Special Senses-Students will describe the structures and functions of the nervous system and special senses.

## Standard 1

Restate the three broad functions of the nervous system.

- Sensory
- Integration
- Motor

## Standard 2

Describe the general organization of the nervous system.

- Central Nervous System (CNS)
  - Brain
  - Spinal Cord
- Peripheral Nervous System (PNS)
  - Spinal nerves
    - 31 pairs
  - Cranial nerves
    - I-XII
  - Subdivisions
    - Autonomic Division
      - Sympathetic
      - Parasympathetic
    - Somatic Division

List the functions and structures of neurons and neuroglial cells.

- Neuron
- Astrocytes
- Microglia
- Oligodendrocytes
- Ependymal cells
- Schwann cells
- Satellite cells

#### Standard 4

Contrast white and gray matter of nervous tissue.

## Standard 5

Describe the location and function of CSF.

- Ventricles
  - Choroid Plexus
- Subarachnoid space

## Standard 6

Identify the structures responsible for the maintenance and protection of the central nervous system.

- Meninges
  - Dura mater
  - Arachnoid mater
  - Pia mate

## Standard 7

Identify the four principle parts of the brain.

- Cerebrum
- Cerebellum
- Brain stem
- Diencephalon

## Standard 8

Describe the functions of the three structures of the brain stem.

- Medulla oblongata
- Pons
- Midbrain

## Standard 9

Describe the structures and functions of the diencephalon.

- Thalamus
- Hypothalamus

Describe the locations and functions of the four lobes of the cerebrum.

- Frontal
- Parietal
- Temporal
- Occipital

## Standard 11

Explain the major functions of the cerebellum.

#### Standard 12

Sequence the major events when the nerve impulse (action potential) is initiated and transmitted through a neuron.

• All or None Principle

## Standard 13

Explain the role of each of the components of a reflex arc.

- Reflex
- Reflex arc
- Receptor
- Sensory neuron
- Association (interneuron) neuron
- Motor neuron
- Effector

## Standard 14

Identify the following diseases and disorders of the nervous system.

- ALS
- Alzheimer's
- Bacterial meningitis
- Cerebral palsy
- Epilepsy
- Multiple sclerosis
- Guillain-Barre syndrome
- Parkinson's
- Cerebrovascular Accident (CVA)-stroke

## Standard 15

Describe the principle anatomical structures of the eye.

- Accessory structures
  - Eyelid
  - Conjunctiva
  - Lacrimal apparatus
  - Extrinsic muscles

- Layers of the eyeball
  - Fibrous tunic
    - Sclera
    - Cornea
  - Vascular tunic
    - Choroid
    - Ciliary body
    - Iris
    - Lens
    - Pupil
  - Nervous tunic
    - Retina

#### Standard 16

Describe the principle anatomical structures of the ear.

- Outer ear
  - Auricle
  - Auditory Canal
- Middle ear
  - Tympanic cavity
  - Tympanic membrane
  - Auditory (Eustachian) tube
  - Auditory ossicles
    - Malleus
    - Incus
    - Stapes
  - Inner ear
    - Bony labyrinth
    - Membranous labyrinth
    - Semicircular canals
    - Vestibule
    - Cochlea
    - Organ of Corti

## Standard 17

Identify the following diseases and disorders associated with special senses.

- Ametropia-abnormal refracted light
  - Myopia
  - Hyperopia
  - Presbyopia
  - Cataracts
  - Conjunctivitis
  - Strabismus

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- Glaucoma
- Macular degeneration
- Vertigo
- Tinnitus
- Middle ear infection (Otitis Media)
- Deafness
  - Conductive
  - Sensorineural

ENDOCRINE SYSTEM-Students will describe the structures and functions associated with the endocrine system.

#### Standard 1

Identify the general functions of the endocrine system.

## Standard 2

Describe a "hormone" and how it functions in the body.

#### Standard 3

Describe a "hormone" and how it functions in the body.

- Hypothalamus
  - Growth Hormone Releasing Hormone (GHRH)-targets anterior pituitary
  - Thyrotropin Releasing Hormone (TRH)-targets anterior pituitary
  - Corticotropic Releasing Hormone (CRH)-target anterior pituitary
  - Antidiuretic Hormone (ADH)
    - Produced in hypothalamus
    - Stored in posterior pituitary
  - Oxytocin Hormone (Oxt)
    - Produced in hypothalamus
    - Stored in posterior pituitary
- Pituitary Gland-found in the hypophyseal fossa "Sella Turcica"
  - Anterior Pituitary (adenohypophysis)
    - Human Growth Hormone (HGH)
      - Targets cells stimulating growth
    - Thyroid Stimulating Hormone (TSH)
      - Targets thyroid gland
    - Adrenocorticotropic Hormone (ACTH)
      - Targets adrenal cortex
  - Posterior Pituitary (neurohypophysis)
    - Antidiuretic Hormone (ADH)
      - Neural stimulus releases ADH to target kidneys for water retention

- Oxytocin Hormone (Oxt)
  - Neural stimulus releases Oxt to target uterus for child birthing
  - Neural stimulus releases Oxt to target breast tissue for milk letdown
- Thyroid Gland-found inferior to the Larynx
  - Thyroxine (T4)
    - Targets cells increasing metabolism
  - Triiodothyronine (T3)
    - Targets cells increasing metabolism
- Adrenal Gland-found atop the kidneys
  - Adrenal Cortex
    - Adrenocorticotropic Hormone (ACTH)
      - Stimulates the release of cortisol
    - Cortisol
      - Anti-inflammatory by suppressing white blood cells
  - Adrenal Medulla-sympathetic stimulus for sustained "Fight or Flight"
    - Epinephrine-adrenaline increasing cell metabolism
    - Norepinephrine-noradrenaline increasing cell metabolism
- Pancreas Gland-Exocrine/Endocrine gland in LUQ posterior to the stomach
  - Insulin
    - Released from Beta cells to target cells to decrease blood sugar
  - Glucagon
    - Released from Alpha cells to break down glycogen to increase blood sugar

## Standard 4

Identify the following diseases and disorders of the endocrine system.

- Dwarfism
- Gigantism
- Acromegaly
- Hypothyroidism
  - Myxedema
  - Cretinism-congenital hypothyroidism
- Hyperthyroidism (Graves' disease)
  - Goiter
  - Exophthalamos
- Diabetes mellitus
  - Type I
  - Type II
- Diabetes insipidus
- Cushing's syndrome

Blood-Students will describe the components and functions associated with blood.

#### Standard 1

Identify the components of blood and their functions.

- Erythrocytes
- Leukocytes
- Thrombocytes
- Plasma

## Standard 2

Describe erythrocytes, including the structure of hemoglobin.

## Standard 3

Define leukocyte and list the two major groups with their cell types and their function.

- Granulocytes
  - Neutrophils
  - Basophils
  - Eosinophils
- Agranulocytes
  - Monocytes
  - Lymphocytes

## Standard 4

Describe the process of hemostasis.

- Vascular spasm
- Platelet plug formation
- Coagulation

## Standard 5

Contrast a thrombus and an embolus.

#### Standard 6

Identify the antigens found on the erythrocytes and the antibodies that determine the ABO blood types and the Rh factor.

#### Standard 7

Identify the following diseases and disorders associated with the blood.

- Anemias
  - Nutritional
  - Pernicious
  - Hemorrhagic
  - Hemolytic
  - Sickle cell

- Aplastic
- Hemolytic disease of the newborn
- Hemophilia
- Leukemia
- Mononucleosis
- Polycythemia

Lymphatic System-Students will describe the structures and functions of the lymphatic system.

## Standard 1

Identify the components of the lymphatic system.

- Tonsils
- Spleen
- Thymus
- Lymph nodes
- Bone marrow
- Lymph vessels

## Standard 2

Describe how lymph is moved through the body.

## Standard 3

Contrast antigens and antibodies.

#### Standard 4

Describe the general roles of T-cells and B-cells in the immune response.

#### Standard 5

Distinguish between active and passive immunity and natural vs. artificial acquisition of immunity.

## Standard 6

Identify the following diseases and disorders associated with the lymphatic system.

- AIDS
- Measles
- Mumps
- Rubella
- Tetanus

## **Performance Skills**

 Students will select a topic and defend their position on a current medical ethics dilemma.

Cardiovascular System-Students will describe the structures and functions of the cardiovascular system.

#### Standard 1

List the general functions of the cardiovascular system.

#### Standard 2

Describe the layers of the heart.

- Epicardium
- Myocardium
- Endocardium

## Standard 3

Identify the chambers of the heart.

- Atria
- Ventricles

#### Standard 4

Locate the great blood vessels of the heart.

- Superior vena cava
- Inferior vena cava
- Pulmonary trunk
- Pulmonary arteries
- Pulmonary veins
- Aorta
- Branches of the aorta

#### Standard 5

Identify the valves of the heart.

- Tricuspid
- Pulmonary semilunar
- Bicuspid (mitral)
- Aortic semilunar

#### Standard 6

Trace blood flow through the heart.

## Standard 7

Identify the components of the conduction system of the heart and trace the pathway.

- SA node
- AV node
- AV bundle
- Bundle branches

• Purkinje fibers

#### Standard 8

Sequence the principle events of the cardiac cycle in terms of systole and diastole.

## Standard 9

Define cardiac output and identify factors that influence it.

- Heart rate
- Stroke volume

#### Standard 10

Contrast the structures and functions of arteries, capillaries, and veins.

#### Standard 11

Define pulse and identify the general location of arteries where pulse may be felt.

#### Standard 12

Describe blood pressure and how to measure it.

#### Standard 13

Contrast pulmonary and systemic circulation.

## Standard 14

Identify the following diseases and disorders of the cardiovascular system.

- Aneurysm
- Arteriosclerosis
- Atherosclerosis
- Cerebrovascular accident/stroke
- Coronary artery disease
- Hypertension
- Murmur
- Myocardial infarction

## STRAND 12

Respiratory System-Students will describe the structures and functions associated with the respiratory system.

#### Standard 1

Identify the general functions of the respiratory system.

#### Standard 2

Sequence the organs of the respiratory system in the order which air will pass through them from the exterior.

- Nose/mouth
- Pharynx

- Larynx
- Trachea
- Bronchi
- Bronchioles
- Alveolar duct
- Alveoli

#### Standard 3

Identify the three regions of the pharynx.

- Nasopharynx
- Oropharynx
- Laryngopharynx

#### Standard 4

Identify the following anatomical features of the larynx.

- Epiglottis
- Glottis
- Hyoid bone
- Thyroid cartilage
- Cricoid cartilage
- True vocal cords
- False vocal cords

## Standard 5

Identify the coverings of the lungs and the gross anatomical features of the lungs.

- Apex
- Base
- Lobes
- Visceral pleura
- Parietal pleura
- Pleural cavity

## Standard 6

Identify the site at which gas exchange occurs in the lungs (alveoli).

## Standard 7

Identify the volumes and capacities of air exchanged during ventilation.

- Tidal volume
- Vital capacity

#### Standard 8

Differentiate between the following.

- Ventilation
- External respiration

• Internal respiration

#### Standard 9

Describe the effects of carbon dioxide on ventilation.

#### Standard 10

Identify the following diseases and disorders of the respiratory system.

- Chronic Obstructive Pulmonary Disorder
  - Emphysema
- Influenza
- Lung cancer
- Pneumonia
- SIDS
- Tuberculosis
- Cystic Fibrosis
- Respiratory Syncytial Virus (RSV)
- Respiratory distress

## STRAND 13

Digestive System-Students will describe the structures and functions associated with the digestive system.

## Standard 1

Identify the general functions of the digestive system.

## Standard 2

Contrast chemical and mechanical digestion.

#### Standard 3

Differentiate between the following.

- Alimentary canal structures
  - Mouth
  - Pharynx
  - Esophagus
  - Stomach
  - Small intestines
  - Large intestines
  - Rectum
  - Anus
- Accessory structures
  - Salivary glands (parotid)
  - Pancreas
  - Gallbladder
  - Liver

Describe the functions of saliva and salivary amylase in digestion.

## Standard 5

Identify the following parts of a typical tooth.

- Crown
- Neck
- Root
- Gingiva
- Periodontal ligament
- Enamel
- Dentin
- Pulp
- Root canal

## Standard 6

Define the following.

- Deglutition
- Mastication
- Maceration
- Segmentation
- Peristalsis
- Haustral churning

## Standard 7

Identify the anatomical features of the stomach.

- Fundus
- Body
- Pylorus
- Rugae
- Cardiac sphincter
- Pyloric sphincter

## Standard 8

Identify the basic components and functions of gastric juice.

- Chief cells
  - Pepsinogen
- Parietal cells
  - Hydrochloric acid
- Goblet cells
  - Mucus

## Standard 9

Identify the location and digestive functions of the pancreas.

- Pancreatic Islets
- Acini Cells

Describe the function of bile (emulsification).

#### Standard 11

Identify the three sections of the small intestine and describe the functions.

- Duodenum
- Jejunum
- Ileum

#### Standard 12

Identify the structures and sections of the large intestine and describe the functions.

- Cecum
- Colon
  - Ascending
  - Transverse
  - Descending
  - Sigmoid
- Rectum
- Anal canal

#### Standard 13

Identify the following diseases and disorders of the digestive system.

- Appendicitis
- Cirrhosis
- Colorectal cancer
- Gallstones
- Hepatitis
- Obesity
- Ulcers
- Celiac disease
- Crohn's disease
- Irritable Bowel Syndrome (IBS)

## STRAND 14

Urinary System-Students will describe the structures and functions associated with the urinary system.

## Standard 1

Identify the general functions of the urinary system.

Identify the four major organs of the urinary system.

- Kidneys
- Ureters
- Bladder
- Urethra

## Standard 3

Identify the gross anatomy of the kidney

- Renal cortex
- Renal medulla
- Renal pyramids
- Renal pelvis
- Renal capsule
- Calyces

## Standard 4

Identify the microscopic structures of the nephron.

- Renal corpuscle
- Glomerulus
- Glomerular (Bowman's) capsule
- Afferent arteriole
- Efferent arteriole
- Renal tubule
  - Proximal convoluted tubule
  - Descending limb
  - Nephron loop
  - Ascending limb
  - Distal convoluted tubule
  - Collecting duct
- Peritubular capillaries

#### Standard 5

Describe the three basic physiological processes and the structures involved in urine formation.

- Filtration
- Reabsorption
- Secretion

## Standard 6

Identify abnormal constituents of urine and possible causes of each.

- Glucose
- Ketones
- Erythrocytes

- Leukocytes
- Bilirubin
- Microbes
- Albumin

## Standard 7

Describe the methods of fluid intake and output.

- Intake
  - Oral
    - Liquid
    - Solid
  - Intravenous
  - Metabolic
- Output
  - Micturition
  - Voiding
  - Sweat
  - Feces
  - Exhaled vapor

## Standard 8

Identify the following diseases and disorders associated with the urinary system.

- Cystitis
- Glomerulonephritis
- Incontinence
- Kidney stones
- Polyuria
- Renal failure
- Urinary tract infections (UTI)

## STRAND 15

Reproductive System-Students will describe the structures and functions associated with the reproductive system.

#### Standard 1

Identify the general functions of the reproductive system.

## Standard 2

Describe the anatomy of the male genitalia.

- External
  - Penis
  - Scrotum
  - Testes

- Internal
  - Epididymis
  - Ductus deferens
  - Ejaculatory duct
  - Urethra
- Accessory
  - Seminal vesicles
  - Prostate
  - Bulbourethral gland

## Standard 3

Identify the function of the testes.

#### Standard 4

Identify the functions of testosterone in the male.

#### Standard 5

Describe the anatomy of the female reproductive structures.

- External
  - Vulva
  - Labia majora
  - Clitoris
  - Labia minora
  - Mons pubis
  - Vestibule
- Internal
  - Ovaries
  - Uterus
  - Uterine tubes
  - Vagina
- Accessory
  - Mammary glands
  - Perineum

## Standard 6

Identify the functions of the ovaries.

## Standard 7

Identify the structures and functions of the uterine tubes, including fimbriae and infundibulum.

#### Standard 8

Describe the structures and function of the uterus.

- Perimetrium
- Myometrium

- Endometrium
  - Stratum functionalis
  - Stratum basalis
- Fundus
- Cervix

Define the menstrual cycle including the ovarian and uterine cycles and changes that occur during menopause.

#### Standard 10

Describe the physiological effects of estrogens, progesterone, and relaxin.

## Standard 11

Contrast the general outcomes of spermatogenesis vs. oogenesis

## Standard 12

Define the following sequence of events that occur during human development.

- Fertilization
- Zygote
- Implantation
- Embryo
- Fetus

#### Standard 13

Identify the principle events associated with the three stages of labor.

- Stage 1-dilation and effacement
- Stage 2-delivery and birth
- Stage 3-placental expulsion

## Standard 14

Identify the following diseases and disorders of the reproductive system.

- Reproductive cancers
  - Breast
  - Testicular
  - Cervical
  - Ovarian
  - Prostate
  - Uterine
- Endometriosis
- Impotence
- Polycystic Ovarian Syndrome
- Sexually Transmitted Infections (STI)
  - Gonorrhea

- Syphilis
- Genital herpes
- Chlamydia
- Trichimoniasis
- Genital warts
- Human Papilloma Virus (HPV)

## **Performance Skills**

Explore three careers in health care (Job shadow, speaker, Work based learning, etc.)

## **Performance Skills**

Give an oral and/or written report for each Career Exploration experience.

## **Performance Skills**

Select a topic and defend your position on a CURRENT Medical Dilemma. (Essay, Debate, Etc.)

## Skill Certificate Test Points by Strand

		Number of Test Points by Standard															Total	Total
Test Name	Test #	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Points	Questions
Medical Anatomy & Physiology	702	11	3	3	8	9	10	10	5	7	3	5	7	7	8	8	104	71