TEST-Parenting Roles and Responsibilities **KEY**

1. Which are a benefits of studying children?

 a. You learn a lot about why you are the way you are

 b. You understand better why they behave the way they do

 c. To assess if they are developing appropriately

 d. To learn what you can do to be a better parent

 **e. All of the above are benefits**

2. A good reason to become a parent would be:

 a. You want someone to love you.

 **b. You want to influence future generations.**

 c. You want attention.

 d. You think children are cute.

3. Bonding is:

 a. Something only created between a mother and a child.

 b. Something you will teach your children about life.

 **c. The formation of close emotional ties between a child and an adult.**

 d. The idea that all children will be happy at birth.

6. Bonding occurs best when:

 a. A baby is allowed to cry him/her self to sleep.

 b. The baby is one year old.

 c. People say the baby is cute.

 **d. The baby is touched, held and interacted with**

7. Nurturing:

 a. Is only the mother’s role

 **b. Is how you treat or raise a child**

 c. Stops after the child becomes an adult and leaves home

 d. does not have anything to do with the way a child performs academically

8. In a parent-child relationship:

 a. The parent is legally responsible to provide for a child's wants

 b. How a child is taught, treated, etc. will not affect how a child acts

 **c. The parent does the giving and the child does the receiving**

 d. There are no benefits or rewards at all

9. Infants who are deprived of loving contact may be at risk for:

 a. A negative self-concept

 b. A slower cognitive development

 c. Failure to thrive/attachment disorder

 **d. All of the above**

10. Which of the following statements is true?

 a. A person with a bad childhood cannot be a good parent

 b. Good parenting will guarantee successful children

 **c. Childhood experiences continue to have impact on adults**

 d. There are no connections between childhood experiences and adult behavior

11. Which is **NOT** an important factor to consider when becoming a parent?

 a. If you are emotionally mature enough to put child's needs before your own

 b. If you are physically mature and healthy

 **c. How the mother's body will look after you have the baby**

 d. If you are financially ready for the costs of caring for a child

12. ALL of the following will help enhance a child's Self Concept, EXCEPT:

 a. Playing, interacting, and spending time with a child

 b. Supporting them as they try new things

 c. Praising children when their behavior is appropriate

 **d. Doing things for them that they can do by themselves**

13. TRUE or FALSE: Children have the right to secure and loving human relationships

 **a. True**

 b. False

14. TRUE or FALSE: Parenting is a lifetime commitment

 **a. True**

 b. False

15. TRUE or FALSE: Being a parent will not cure loneliness

 **a. True**

 b. False

16. TRUE or FALSE: Nursery Rhymes enhance a child's cognitive skills

 **a. True**

 b. False

17. TRUE or FALSE: The optimum age for childbearing is 20-35

 **a. True**

 b. False

18. TRUE or FALSE: Children should be read to at least 15 minutes a day

 a. True

 **b. False**

Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Class:\_\_\_\_\_\_\_\_

19. How can you interact with a child as you read them a book? List two specific ways for full points.

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20. Fill in the self-concept cycle below:

 As I see **MYSELF**

Which

influences

Affects

 How others **REACT** to me My **ACTIONS**

Which

influences

Which influences

 How **OTHERS** see me