

Name	Period	

Standards and Objectives covered:

STANDARD 3 Students will review and demonstrate pre-construction techniques at the intermediate level.

Objective 1: Identify necessary pattern information and alterations.

- a. Determine pattern size based on body measurements and finished garment measurements (wearing ease).
- b. Use pattern envelope to determine correct type and amount of fabric.
- c. Make pattern alterations (demonstrate length and width adjustments).
- d. Select appropriate fabric, yardage, and notions for the project.
- e. Demonstrate correct pattern layout techniques including one-way directional, napped, straight of grain, or plaid fabrics as stated on guidesheet.

Objective 2: Apply appropriate fabric and pattern preparation techniques.

- a. Pre-shrink fabric as appropriate.
- b. Review pattern symbols (pleat, dart).
- c. Review pattern placement and layout.
- d. Discuss one-way directional/nap layout.
- e. Review fabric terms.
- **Objective 3**: Practice correct cutting techniques.
- **Objective 4**: Demonstrate correct marking techniques.

STANDARD 4 Students will use correct construction techniques at the intermediate level.

Objective 1: Practice intermediate stitching techniques.

- a. Select appropriate thread and needle for project.
- b. Identify and demonstrate stitching techniques (dart, ease stitching, gathering, pleat, tuck, understitching, stitch in the ditch, stay stitching) and their applications).

Objective 2: Use appropriate techniques for enclosed seams (clipping, notching, layering/grading, trimming).

Objective 3: Practice correct application techniques for applying interfacing and attaching facings or collars.

- a. Select and apply appropriate interfacing (fusible, non-fusible).
- b. Demonstrate techniques associated with attaching facings or collars.

Objective 5: Identify each of the following sleeves and construct one or more: kimono, raglan, set in (closed seam, open/flat).

Objective 9: Identify types and complete correct application of hems.

- a. Identify steps of hem preparation (appropriate length and width, reduce bulk, ease, pressing)
- b. Complete one or more of the following hemming techniques: hand stitched hems, double fold hem, machine blind hem, rolled hem.
- c. Apply correct edge finishes: clean finished, zigzag, serged, stitched and pinked

Objective 10: Construct buttonhole and attach button.

- a. Determine correct size of buttonhole (length of button hole = depth of button + button diameter) Note: This is a correct mathematical equation.
- b. Mark placement and construct a buttonhole.
- c. Mark placement and attach a button using a thread shank.

Objective 11: Demonstrate the ability to follow directions/guidesheet throughout the project construction.

Performance Objectives covered:

- **#3** Pressing techniques
- #4 Select appropriate fabric, yardage, and notions for the project
- #6 Pattern layout techniques
- **#7** Select & apply appropriate interfacing
- **#8** Apply facings or collars
- #10 Sleeve application
- **#14** Hemming techniques
- #15 Construct button & buttonhole closures
- **#16** Use commercially prepared directions/guide sheets.

Name	Period
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Body Measurements & Pattern Review

- 1. With a PARTNER and using page 443 of the textbook as a guide take your BODY MEASUREMENTS
- 2. On your own now, find which pattern size would be best for you if making a shirt or dress and put the **PATTERN MEASUREMENTS** for **that** size down. If you would need a different size for pants or a skirt do the second half of the chart

		Shirt/Dress PATTERN	Pants/Skirt PATTERN
		Measurements	Measurements
	BODY	Pattern Size	Pattern size
Name	Measurements		
Chest/Bust			XXXXXX
Waist			
Hips			
Back waist (female)			XXXXXX
Neck (male)			XXXXXX
Sleeve		XXXXXX	XXXXXX
Outseam pants		XXXXXX	

. What is the difference between <u>Body Measurements</u> and <u>Garment Measurements</u> ?						

PATTERN ENVELOPE REVIEW

Using the pattern envelope guide for pattern M3432, find out what the sample students need to complete their sewing project and then determine your own.

	Students							
Shopping Information	Julie (sample)		Anne	(sample)	Yourself			
Body measurements	Bust Hips	35" 41½"	Bust Hips	32 ½" 36 ½"				
View to be made	Α	Pants	D	Shorts	Shirt view	Pants view		
Pattern Size								
What will the finished garment measurement?								
Width of fabric	6	0"		45"	45"	45"		
How much fabric must the student buy?								
How much interfacing will the student need?								
What notions will the student need? (Thread, Buttons, Elastic?)								

15 PIECES

60" **

JUNIOR'S PAJAMA TOP, NIGHTGOWN, CAMISOLE AND PULL-ON PANTS OR SHORTS: Top A or B has front pocket, front button closure, collar and long or short sleeves; top A has ribbon trim; nightgown C or camisole D has facing, straps and optional applique; pants or

shorts have elasticized waist and faux tie at front.					t front.	iique, p	ants of		
SUGGESTED FABR Cotton or Cotton Ble	RICS: C	otton •	Cotton					Jersey	Knits •
BODY MEASUREM SIZES Bust Waist Hip Back waist length	ENTS 3/4 28 22 31 13½	5/6 29 23 32 14	7/8 30½ 24 33½ 14½	9/10 32 25 35 15	11/12 33½ 26 36½ 15%	13/14 35 27 38 15¾	15/16 36½ 28 39½ 16%	17/18 38½ 29½ 41½ 16%	Ins.
Combinations: JA(3	3/4 - 5/6	- 7/8 -	9/10), J	ID(11/12	- 13/14	- 15/16 -	17/18)		
VIEW A, B, C, D - In									
VIEW A - Top 45" *** 60" ***	2¼ 1¾	23/8 13/4	23/8 17/8	2½	2½ 1%	2¾ 1%	2¾ 2	2% 2	Yds.
VIEW B - Top 45" *** 60" ***	1	2 1%	2 1%	21/8 13/4	21/8 11/8	2% 1%	23% 1%	23/8 2	Yds.
VIEW C - Nightgowr 45" *** 60" ***	1 7/8 1 1/8	1 1/8 1 1/8	2 11/4	2 1¼	23/8 11/4	2½ 1¼	2½ 1¾	2% 1%	Yds.
VIEW D - Camisole 45" *** 60" *** Heart Applique - Rei Fusible Webbing - R	% % mnant, temnan	% % 3½" x 4 t, 3½" x	5/6 5/8	3/4 3/4	11/4 3/4	1 1/4 3/4	11/4 3/4	13/6 3/4	Yds. Yd.
Pants 45" *** 60" ***	21/8 11/4	2½ 1¼	2½ 1½	2½ 1%	2½ 2½	2% 2¼	2% 2¼	25% 23%	Yds.
Shorts 45" *** 60" *	11/8	11/8	11/8	11/8	11/8	1 1/8 7/8	1 1/s 7/s	11/8	Yds.

*With Nap **Without Nap ***With or Without Nap - Use With Nap Yardages and layouts for pile or one-way design fabrics. Additional Fabric may be needed to match stripes or plaids.

3/4

3/4

3/4

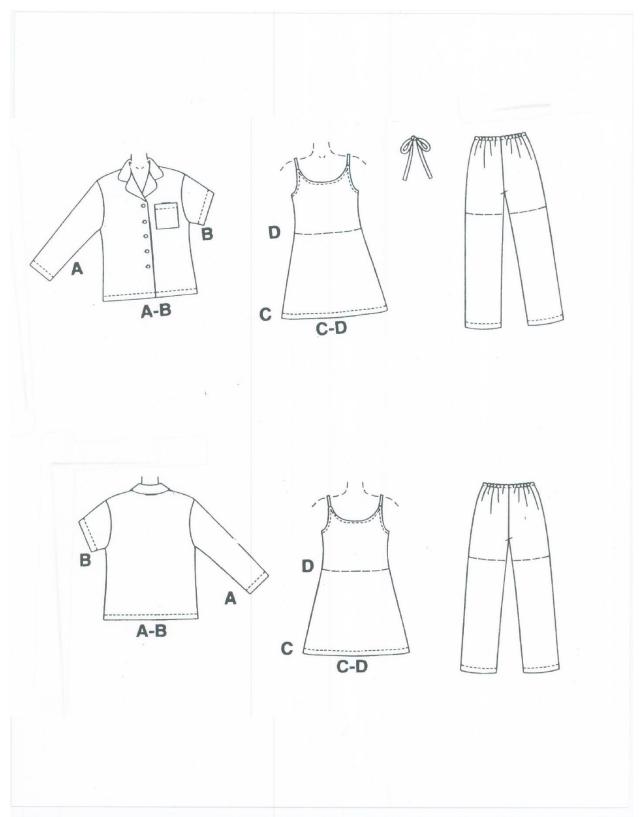
1/8

Yd.

NOTIONS: Thread, Top A - Five %" Buttons, 1% Yds. of %" Wide Ribbon (Opt.); Top B - Five %" Buttons; Nightgown C or Camisole D - One Applique (Opt.); Pants or Shorts - 1 Yd. of ½" Wide Elastic.

FINISHED GARME Measurement at b	NT MEA	SURE	MENTS						
Top A or B	371/2	381/2	40	411/2	43	441/2	461/2	481/2	Ins.
Nightgown C or Camisole D	321/2	331/2	35	361/2	20	001/	4447		
Measurement at		3372	33	30/2	38	391/2	411/2	431/2	- "
Top A or B	391/2	401/2	42	431/2	45	461/2	481/2	501/2	
Nightgown C	38	39	401/2	42	431/2	45	47	49	44
Pants or Shorts	341/2	351/2	37	381/2	40	411/2	431/2	451/2	**
Back length from			line						
Top A or B	25	25¾	261/2	271/4	27%	281/2	291/8	29%	н
Back length from			tline						
Nightgown C	19	191/2	20	203/4	211/2	221/4	23	233/4	н
Side length from									
Pants Width, each leg	37½	381/4	39	40	41	42	43	44	н
Pants	16½	17	171/2	18	181/2	19	19½	20	н

M3432



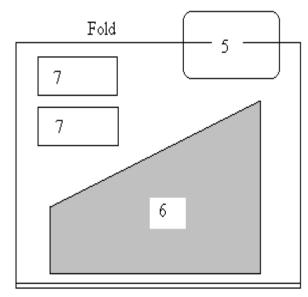
Name

Period _____

FABRIC/PATTERN LAYOUT

Pages 492 - 494

- 1. What does it mean to do when the layout shows a pattern piece halfway off the fabric?
- 2. What does it mean to do when the layout shows pattern pieces that are shaded or have diagonal lines?



Selvages

3. When the layout shows two pattern pieces of the same number what does it mean to do?

ONE-WAY/DIRECTIONAL FABRICS

- 4. Name three kinds of directional fabrics: ______
- 5. They are also described on the pattern envelope as ______ fabrics.
- 6. Name two kinds of plaids
 - a. _____ which is _____
 - b. _____ which is _____

CUTTING AND MARKING FABRIC

Pages 495-497

7.	Some pattern symbols can be marked by the way you cut the fabric, others need to be marked with a marking pen, pencil, chalk etc. When does this type of marking need to be done?							
8.	A quick professional way of marking notches and many other pattern symbols is							
9.	Should notches ever be cut to the inside of the cutting line?							
10.	Indicate which pattern symbols can be marked with the scissors when cutting (C) out the fabric and which							
	symbols need to be marked with a marking tool (M) before removing the pattern?							
	Dots, triangles, and squares							
	Notches							
	Pockets							
	Center front & back							
	Buttonholes							
	Fold lines							

- 11. Cross out any of the following that would be NOT be ok for marking fabric.
 - a. Chalk
 - b. Fabric pencilc. Ball point pend. Pins

 - e. Pencil

Name	Period

FACING and INTERFACING

Pages 553-534 and 524-525

1.	What is interfacing and why is it used?
2.	Name 4 types of Interfacing and describe each. •
	•
3.	Some of the common places that interfacing is used are: and
4.	Fusible interfacing uses a combination of
5.	, & to apply it. Should interfacing be applied to the right or wrong side of the fabric?
6.	What is a facing?
7.	Name 2 ways the outside edge of a facing could be finished. or

Fill in the blanks below using the following terms:

Grading/layering Understitching Notching Clipping

8.	inside curved seam to make the seam lay		
9.	curved seam to reduce bulk.	is done on an outside	
10.	on an inside (or enclosed) seam.	is done to the layers of	the seam to reduce bulk
11.	front (or right side) of the garment.	is done to prevent the f	acing from rolling to the

7

Period

SLEEVES

pages 559 - 561

Three sleeve types are:		, _	·
Set-in sleeves has two	methods of sewing		
The O or f	lat sleeve method is the easie	est way of insertin	ig a sleeve.
A. The sleeve is first stit	ched to the	.	
	and	se	eams are sewn in one
_	_ sleeve method is for sleeve	es with fullness th	rough the cap of the
A. Do a row of easestito	ching between the notches 5/8	3" and 1/4" from t	he cut edge.
B. Sew the	seam of the shirt	t and the	seam
•	•		of the shirt
Stitch the shoulder seam Sew the	or dart if there is one to the		
Kimono sleeves			
	Set-in sleeves has two The O or f A. The sleeve is first stite B. Then the continuous motion. The C sleeve. A. Do a row of easestite B. Sew the of the sleeve seperate C. Sew the sleeve into the Stitch the shoulder seam Sew the sew the _ continuous seam. Kimono sleeves	Set-in sleeves has two methods of sewing The O or flat sleeve method is the easied. A. The sleeve is first stitched to the B. Then the and continuous motion. The C sleeve method is for sleeved sleeve. A. Do a row of easestitching between the notches 5/8. B. Sew the seam of the shirt of the sleeve seperately. C. Sew the sleeve into the Ragian sleeves use the following steps. Stitch the shoulder seam or dart if there is one. Sew the to the seam of the sleeved continuous seam.	The O or flat sleeve method is the easiest way of inserting A. The sleeve is first stitched to the B. Then the and secontinuous motion. The C sleeve method is for sleeves with fullness the sleeve. A. Do a row of easestitching between the notches 5/8" and 1/4" from the sleeve seperately. B. Sew the seam of the shirt and the of the sleeve seperately. C. Sew the sleeve into the seam of the sleeve and the _

BUTTONS AND BUTTONHOLES

1.	How	do you d	determine, how long to make the buttonholes?
2.	How	should a	a test buttonhole be made?
3.	Wher	n should	the position of buttons be marked?
4.		·	HEMS Page 537-540 s to make an edge finish for a hem
5.			reads are usually used in stitching a hand blind hem?
6.	How	many th	reads are usually used in stitching a hook & eye?
7.	True	False	Double needle machine hems are frequently used on knit fabrics.
8.	True	False	A machine blind hem is a combination of a straight stitch and a zigzag stitch with only the zigzag stitch catching the top layer of fabric.
9.	True	False	Eased hems are recommended when the width at the bottom is wider than the finished length
10	.True	False	Heavy or stiff fabrics should use a hemming method where the edge is turned under first.
11	. What	hem is	generally found on the edge of scarves, napkins, or a tablecloths?
12	.For a	Curved	or Flared hem you need to do what?

SEWING CONSTRUCTION TERMS

Define the following terms:

- 1. Ease stitching
- 2. Understitching
- 3. Clipping
- 4. Notching
- 5. Grading/layering
- 6. Facing
- 7. Interfacing
- 8. Staystitching
- 9. Trimming



Name _____ Period _____

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Name	Period
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Body Measurements & Pattern Review

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- 2. On your own now, find which pattern size would be best for you if making a shirt or dress and put the **PATTERN MEASUREMENTS** for **that** size down. If you would need a different size for pants or a skirt do the second half of the chart

		Shirt/Dress	Pants/Skirt
		PATTERN	PATTERN
		Measurements	Measurements
	BODY	Pattern Size	Pattern size
Name	Measurements		
Chest/Bust			XXXXXX
Waist			
Hips			
Back waist (female)			XXXXXX
Neck (male)			XXXXXX
Sleeve		XXXXXX	XXXXXX
Outseam pants		XXXXXX	

3.	What is the difference between <u>Body Measurements</u> and <u>Garment Measurements</u> ?

PATTERN ENVELOPE REVIEW

Using the yellow pattern envelope guide for pattern #3432, find out what the sample students need to complete their sewing project and then determine your own.

Shopping Information	Students						
Snopping information	Julie (sample)	Anne (sample)		Y	ourself	
Body measurements	Bust Hips	35" 41½"	Bust Hips	32 ½" 36 ½"	Bust _ Hips _		
View to be made	Α	Pants	D	Shorts	Shirt view		
Pattern Size							
What will the finished garment measurement?							
Width of fabric	60"		45"		45"	45"	
How much fabric must the student buy?							
How much interfacing will the student need?							
What notions will the student need? (Thread, Buttons, Elastic?)							

M3432

15 PIECES

JUNIOR'S PAJAMA TOP, NIGHTGOWN, CAMISOLE AND PULL-ON PANTS OR SHORTS: Top A or B has front pocket, front button closure, collar and long or short sleeves; top A has ribbon trim; nightgown C or camisole D has facing, straps and optional applique; pants or shorts have elasticized waist and faux tie at front.

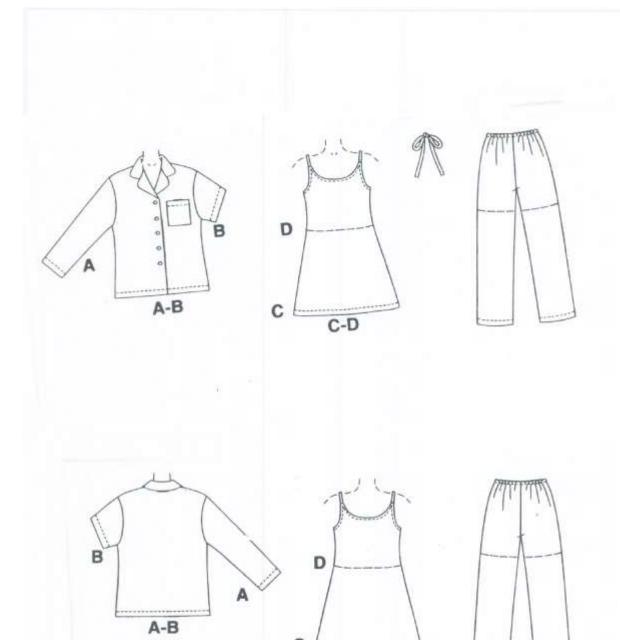
SUGGESTED FABRICS: Cotton - Cotton Blend Cotton or Cotton Blend Interlock Knits.	· Cotton	Flannel •	Cotton	Jersey	Knits	
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CONTON OF CONTON DI	elin ilita	HOCK IN	HILS.						
BODY MEASUREM SIZES Bust Waist Hip Back waist length	MENTS 3/4 28 22 31 131/2	5/6 29 23 32 14	7/8 30½ 24 33½ 14½	9/10 32 25 35 15	11/12 33½ 26 36½ 15¾	13/14 35 27 38 15¾	15/16 36½ 28 39½ 16%	17/18 38½ 29½ 41½ 16¾	Ins.
Combinations: JA(3/4 - 5/6	- 7/8 -	9/10).	ID(11/12	- 13/14	- 15/16	- 17/18)		
VIEW A, B, C, D - I						10/10	111107		
VIEW A - Top 45" ***	2¼ 1¾	2% 1%	2% 1%	21/2	2½ 1%	2% 1%	2¾	2%	Yds.
VIEW B - Top 45" *** 60" ***	1 % 1 %	2	2 1%	2% 1%	2%	2% 1%	2% 1%	2%	Yds.
VIEW C - Nightgow 45" *** 60" ***	n 1% 1%	1 % 1 %	2 11/4	2	2% 1%	2½ 1¼	21/2	2% 1%	Yds.
VIEW D - Camisole 45" *** 60" *** Heart Applique - Re Fusible Webbing - I	% % emnant, : Remnan	% % 3½" x 4 1, 3½" x	% %	34 34	11/4	11/4	1 ¼ 34	136 34	Yds. Yd.
Pants 45" *** 60" ***	2% 1%	21/6 11/4	2½ 1½	2½ 1%	21/2	2% 2%	2% 2%	2% 2%	Yds.
Shorts 45" *** 60" *	1 1/6 3/4 3/4	11/6 34 34	1 1/6 3/4 3/4	1 1/6 3/4 3/4	1 1/6 3/4 3/4	1 1/9 3/6 3/4	1 1/6 7/6 3/4	13% 13% 3%	Yds.

*With Nap **Without Nap ***With or Without Nap - Use With Nap Yardages and layouts for pile or one-way design fabrics. Additional Fabric may be needed to match stripes or plaids.

NOTIONS: Thread, Top A - Five %" Buttons, 1% Yds. of %" Wide Ribbon (Opt.); Top B - Five %" Buttons; Nightgown C or Camisole D - One Applique (Opt.); Pants or Shorts - 1 Yd. of ½" Wide Elastic.

	The second secon								
FINISHED GARM Measurement at	ENT ME	ASURE	MENTS						
Top A or B Nightgown C or	371/2	381/2	40	411/2	43	441/2	461/2	481/2	Ins.
Camisole D Measurement a	32½ t hipline	331/2	35	361/2	38	391/2	411/2	431/2	
Top A or B	391/2	401/2	42	431/2	45	461/2	481/2	501/2	
Nightgown C	38	39	401/2	42	431/2	45	47	49	
Pants or Shorts Back length from	34½ m norma	35½ I neck	37 Ilne	381/2	40	411/2	431/2	451/2	
Top A or B Back length from	25 m natura	25% I wals	26½	271/4	27%	281/2	291/6	29%	*
Nightgown C Side length from	19	191/2	20	20%	211/2	221/4	23	23%	
Pants Width, each leg	371/2	3814	39	40	41	42	43	44	
Pants	161/2	17	171/2	18	181/2	19	191/2	20	



C-D

Name			
Name			

Period _____

FABRIC/PATTERN LAYOUT

Pages 492 - 494

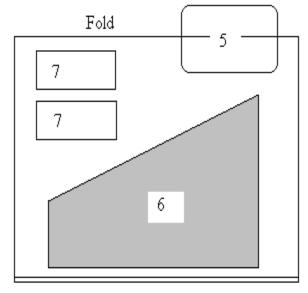
1. What does it mean to do when the layout shows a pattern piece halfway off the fabric?

2. What does it mean to do when the layout

have diagonal lines?

shows pattern pieces that are shaded or

3. When the layout shows two pattern pieces of the same number what does it mean to do?



Selvages

ONE-WAY/DIRECTIONAL FABRICS

- 4. Name three kinds of directional fabrics: ______
- 5. They are also described on the pattern envelope as ______ fabrics.
- 6. Name two kinds of plaids

a. _____ which is _____

b. _____ which is _____

CUTTING AND MARKING FABRIC

Pages 495-497

7.	Some pattern symbols can be marked by th be marked with a marking pen, pencil, chalk need to be done?		
8.	. A quick professional way of marking notches	s and many other pa	ttern symbols is
9.	. Should notches ever be cut to the inside of t	he cutting line?	
10	O. Indicate which pattern symbols can be mark the fabric and which symbols need to be ma removing the pattern? Dots, triangles, and squares Notches Pockets	rked with a marking	tool (M) before er front & back
11	1. Cross out any of the following that would be a. Chalk b. Fabric pencil c. Ball point pen d. Pins e. Pencil	NOT be ok for mark	ing fabric.

Name	Period
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FACING and INTERFACING

hat is interfacing and why is it used? ame 4 types of Interfacing and describe each.	
ame 4 types of Interfacing and describe each. • • • •	
• • •	
• •	
•	
•	
and of the common places that interfering is used and	
ome of the common places that interfacing is used are:	
and	
sible interfacing uses a combination of	,
, &	to apply it.
nould interfacing be applied to the right or wrong side of the fa	abric?
hat is a facing?	

7.	Name 2 ways the outside edge of a facing	g could be finished.
	Or	r
	Fill in the blanks below using the following	g terms:
	Grading/layering Understitching Notching Clipping	
8.	inside curved seam to make the seam lay	
9.	curved seam to reduce bulk.	is done on an outside
10	reduce bulk on an inside (or enclosed) se	is done to the layers of the seam to eam.
11.	to the front (or right side) of the garment.	is done to prevent the facing from rolling

Name			
INALLIC			

Period		
Period		

SLEEVES

pages 559 - 561

1.	Three sleeve types are:,,,	
2.	Set-in sleeves has two methods of sewing	
	 The O or flat sleeve method is the easiest way of inserting a sleeve. 	
	A. The sleeve is first stitched to the	
	B. Then the and seams are se	ewn in
	one continuous motion.	
	• The C sleeve method is for sleeves with fullness through the c	ap of
	the sleeve.	
	A. Do a row of easestitching between the notches 5/8" and 1/4" from the cut edge) .
	B. Sew theseam of the shirt and the	
	seam of the sleeve seperately.	
	C. Sew the sleeve into the of the s	shirt.
3.	Raglan sleeves use the following steps.	
	A. Stitch the shoulder seam or dart if there is one.	
	B. Sew the to the and	of
	the shirt.	
	C. Sew the seam of the sleeve and the	seam
	in one continuous seam.	
4.	Kimono sleeves	
5.	Name the type of sleeve in each of the pictures below	

Name			
INALLIC			

Period		
Period		

SLEEVES

pages 559 - 561

1.	Three sleeve types are:,		
2.	Set-in sleeves has two methods of sewing		
	The O or flat sleeve method is the easiest way of inserting a sleevel.	e.	
	A. The sleeve is first stitched to the		
	B. Then the and seams are	sewn in	
	one continuous motion.		
	• The C sleeve method is for sleeves with fullness through the	cap of	
	the sleeve.		
	A. Do a row of easestitching between the notches 5/8" and 1/4" from the cut ed	ge.	
	B. Sew theseam of the shirt and the		
	seam of the sleeve seperately.		
	C. Sew the sleeve into the of the	e shirt.	
3.	Raglan sleeves use the following steps.		
	A. Stitch the shoulder seam or dart if there is one.		
	B. Sew the to the and	of	
	the shirt.		
	C. Sew the seam of the sleeve and the	seam	
	in one continuous seam.		
4.	Kimono sleeves		
5.	Name the type of sleeve in each of the pictures below		
		P	

Name	Period
	BUTTONS AND BUTTONHOLES
1.	How do you determine, how long to make the buttonholes?
2.	How should a test buttonhole be made?
3.	When should the position of buttons be marked?
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4.	Name 4 ways to make an edge finish for a hem
5.	How many threads are usually used in stitching a hand blind hem?
6.	How many threads are usually used in stitching a hook & eye?
7.	True False Double needle machine hems are frequently used on knit fabrics.
8.	True False A machine blind hem is a combination of a straight stitch and a zigzag stitch with only the zigzag stitch catching the top layer of fabric.
9.	True False Eased hems are recommended when the width at the bottom is wider than the finished length
10.	True False Heavy or stiff fabrics should use a hemming method where the edge is turned under first.
11.	What hem is generally found on the edge of scarves, napkins, or a tablecloths?

12. For a Curved or Flared hem you need to do what?

SEWING CONSTRUCTION TERMS

Define the following terms:

- 1. Ease stitching
- 2. Understitching
- 3. Clipping
- 4. Notching
- 5. Grading/layering
- 6. Facing
- 7. Interfacing
- 8. Staystitching
- 9. Trimming