#### Clothing 2 Skills List

- 1. Pressing 2. Notions
- 3. Pattern adjustment
- 4. Layout
- 5. interfacing
- 6. facings
- 7. collars
- 8. stay-stitching
- 9. trimming,
- 10. grading,
- 11. clipping or notching,
- 12. under-stitching.
- 13. Darts
- 14. Tucks
- 15. pleats
- 16. gathers
- 17. sleeve
- 18. zipper
- 19. hook and eye
- 20. snaps
- 21. pant/skirt hook
- 22. trims
- 23. Ruffles
- 24. Lace
- 25. Piping
- 26. decorative stitching
- 27. gripper snaps
- 28. machine embroidery
- 29. appliqués
- 30. hand stitched hems
- 31. double fold hem
- 32. machine blind hem
- 33. rolled hem
- 34. other hemming technique.
- 35. Button
- 36. buttonhole



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### INSTRUCTION/RUBRIC for HANGING TOWEL

Name	:	Date: Period:
		Self Evaluate in the S.E. column. Score yourself between 0-5 points with 5 t. Leave the T.E. column available for the Teacher Evaluation.
S.E.	T.E.	Technique
		Student will select a hand towel and cut it in ½ (hamburger). Student will use only ½ of the towel for this project.
		Student will trim the hanging flap pattern using paper scissors and cut 2 out of decorator fabric and cut 1 out of interfacing.
		Student will iron the interfacing glue side down on the WRONG side of one of the cut pieces of decorator fabric.
		Student will take the other piece of cut decorator fabric and press the straight edge towards the wrong side making an accurate 5/8" fold.
		Student will sew 2 rows of basting stitch (set the machine on the longest stitch length) along the cut edge of the towel. The first row should be on ½" seam allowance and the second row on 4/8" (½") seam allowance. DO NOT BACK STITCH. LEAVE THREAD TAILS ABOUT 4" LONG.
		Gently separate the thread tails and pull the bobbin thread from both edges of the fabric and along both stitching lines. Slide and adjust the fullness of the gathers you will create. Be careful not to break the thread or you will have to resew the basting. Adjust until this gathered section so it will fit along the straight edge of the interfaced hanging flap, leaving the 5/8" seam allowance on each side. Place the gathered towel edge right sides together on the interfaced hanging flap.
		Adjust gathers to fit. Pin frequently and sew a 5/8" seam connecting the two pieces. Make sure the gathers are spaced evenly in small puckers rather than folds.
		Student will lay the other hanging flap piece right sides together on the interfaced flap and pin. The 5/8" section you pressed previously should remain folder up. that the pressed part remains folded. Student will sew around the flap, but not across the straight edge where the towel is connected. Sew on the 5/8" seam allowance. Pivot at the point and sew a smooth seam in the curved areas. You may find it helpful to mark the 5/8' sewing line on your hanging flap before sewing.
		Grade the seams by trimming the flap that is not interfaced to 1/8" and the interfaced piece to 1/4". Trim across the corners to within 1/8". Take pie shaped wedges within 1/8" of the seam on the

convex (outside) curves and straight clips to within 1/8" of the seam along the concave (inside) curves.	g
Turn the flap right side out and press it so that the seam is on the edge but does not show from the right side (the interfaced side). Use a blunt chop stick to push out the point. Use moisture on you fingers and rub and roll the seam to the edge.	ţ
Trim the gathered edge of the towel slightly. Tuck the seam that connects the towel to the hanging flap into the opening. Pin it so that the folded section of the flap covers this seam. Hand sew the folded edge to enclose the seam, using a blind stitch.	
Mark the buttonhole on the right side of the pointed edge of the towel flap It should be in the vertical position and be 5/8" from the point. The lengt of the buttonhole should be the width of your button plus 1/8", or more if the button is thicker than 1/8" thick.	h
Stitch and slit the buttonhole. Note: Try a sample buttonhole on scrap fabric first.	
Hand sew the button in place about 5/8" up from the seam where the towel connects to the flap. Create a thread shank if the button has holes in it, rather than a metal shank.	
Questions are answered correctly in compete sentences. (15 points)	
Total Score: 80 for construction (5 points per step) and 15 points for questions (2 points each) for 100 total possible points.	
Answer these questions using complete sentences:	
Why do you trim the points to 1/8"?	
Draw a picture of the hanging flap and label the convex curve and the concave curve.	
What is the purpose of clipping the fabric of a convex curve?	
What is the purpose of cutting wedges in a seam of a concave curve?	
What is the purpose of a thread or metal shank on a button?	

Name:			eriod:		
	Describe in detail how you completed each of the State Skills listed below.  Clothing II:				
# Sk	cill Do	escription of Completion	Students Initials	Teacher Initials	
1.	Using the owner's manual, do basic sewing machine maintenance				
2.	Operate and care for the serger				
3.	Utilize correct pressing techniques throughout the project construction.				
4.	Select appropriate fabric, yardage, and notions for the project.				
5.	Make fitting adjustments, demonstrate length and width adjustments.				
6.	Demonstrate correct pattern layout techniques, including one-way directional, napped or plaid fabrics.				
7.	Select and apply appropriate interfacing.				
8.	Apply facings or collars using staystitching, trimming, grading, clipping or notching and understitching.				
9.	Mark and construct one or more of the following: darts, tucks, pleats, or gathers.				
10.	Mark and sew in one or more correct sleeve application.				
11.	Demonstrate one or more correct zipper application.				

12.	Demonstrate one or more: inserting trims, ruffles, lace, piping, decorative stitching, gripper snaps, machine embroidery or appliqué.	
13.	Complete 2 hemming techniques: hand stitched, double fold, machine blind hem, rolled hem.	
14.	Use commercially prepared directions and guide sheets	
15.	Complete a button and buttonhole on the same project	
16.	Complete the Step One FCCLA module	

List below future projects you plan on sewing to complete additional skills:

# Pattern Envelope and Guide sheet Review

Name_	Period
Find th	e following info on a pattern envelops and guide sheet. Fill in the blanks with complete ees.
1.	Pattern company
2.	Pattern number
3.	Sizes included in the pattern
4.	How many different views are included?
	one size for the following questions. What size did you pick?
6.	What are the measurements for bust and waist?
7.	How much material do you need?
8.	What notions do you need?
9.	What type of materials would work best for this pattern?
10.	What are the finished garment measurements?
11.	What are your measurements for your Waist
	Hip
	Bust
12.	What size would you be using this pattern?

Name: Period:

### **Pattern Symbol Starter**

Directions: Write the name of the pattern symbol in the space provided

1	<del></del>
2	<u> </u>
3	
4	
5	
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7	11.11
8	
9	₩ + • • •
10	<u> </u>
11	· · • ■

•	Selvedge Edge Crosswise Grain Lengthwise Grain Bias Fold Line		
Now p	out pattern pieces on this piece of fabric Pattern piece on the fold (draw symbo Pattern piece following grain line (dra	ols)	

The box below represents a piece of fabric. Label the following:

#### Date:

Draw your sewing machine and label the following parts:

Needle, Stitch Plate, Presser Foot, Feed Dogs, Hand wheel, Stitch Length, Stitch Width, Pattern Selection, Bobbin Winder, Spool Pin, Bobbin/Bobbin Case, Thread Take-up Lever, Backstitch/Reverse, Power Switch, Upper Tension.

### **Sleeves**

Nam	e:	Period:
1.	What is the most common type of sleeve to sew?	
2.	Why is a Set-in sleeve the most difficult to sew?	
3.	What are the two methods of sewing a sleeve?	
4.	Explain the open-sleeve method?	
5.	Explain the closed-sleeve method	
6.	What is the purpose of interfacing?	
7.	What are the two main types of interfacing?	
8.	How do you know what weight of interfacing to buy?	
9.	Explain the process of sew-in interfacing.	
10	D. Explain the process of fusible interfacing.	

## Draw and define each main type of sleeve

Sleeve (Illustration)	Definition
Set-in Sleeve	
Raglan Sleeve	
Kimono Sleeve	

### Clothing II Recycle Redesign OR Fashion Construction Project

- Projects will be presented in class on \_\_\_\_\_\_. CANNOT be turned in late! If you are going out of town before Christmas Break it must be turned in before you leave.
- You will do a 2-5 minute presentation.
- You need show your item you made as well as explain some of the skills that you learned throughout the project.
- The project has to be something that you made during this semester.
- You need to check off at least 6 skills that you met (on following page). The project is worth 150 pts. for the article of clothing and skills
- 25 pts. Planning Process (See attached paper)
- 25 pts. For the written paper
  - You need to type a 1-2 page paper explaining the skills you met, what you liked most about the project, what you like least about the project, frustrations, improvement and what you did well.
- 25 pts. For the oral presentation
  - You will basically explain what you put in your typed paper
- 25 points Fabric Profile
  - The fabric profile will contain a fabric swatch or swatches of each fabric used in the project. It will include fiber content and fabric type, construction, finishes properties, performance and care.
- 25 points Cost itemization
  - The cost itemization will show a list of all supplies/notions used to make the product with quantities, unit costs, and total costs.
- 25 points Time Log
  - A log of time invested in designing and making the garment/accessory should be prepared. Total time should also be shown. Be specific in the time spent and exactly what was accomplished. You may want to use your participation card to help with this.
- Total project is worth 300 pts.

#### If you want extra credit points you can:

- Photo storybook (25 points)
- Putting together a board (25 points)

Remember you can take this project and compete through FCCLA. You may want to talk to me about any additional requirements or refer to the FCCLA grading rubric. You must be a paid member to compete.

## **Fashion Construction Project**

Fashion Construction
You must complete at least 8 of these requirements and mark them off
Frech, flat-felled, lapped or slot seam
Seam Finish-serge, zig-zag, or pinked
Blind-stitched (machine or hand) or a rolled hem
Darts, ducks, or pleats
Graded, trimmed or clipped
Zipper
Shaped seams (princess or eased)
Gathering
Set in, raglan, or kimono sleeves
Buttons
Buttonholes
Collar
Waistband or sleeve band
Pockets
Facing-neckline, armhole, or hemline (not the same thing as
interfacing)
Napped fabric or one way print
Hand stitching other than hemming

## **Recycle Redesign**

Recycle and Redesign
You must complete at least 8 of these requirements and mark them off
Good choice of item for recycling
More than one recyclable item in one product
Innovative use of recyclables
Conservation theme or slogan
Design of an energy saving product
Design of a product that promotes environmentalism
Name of Product
Sketch of accessory design
Shaped seams, edges, and or corners
Pockets
Gathers or ruffles
Strap, tie, or band
Lining, facing, and or interfacing
Application of trims
Use of embellishments
Embroidery, hand or machine
Napped fabric or one way print
Basic Marketing Plan
Sanding, Painting, or Staining