

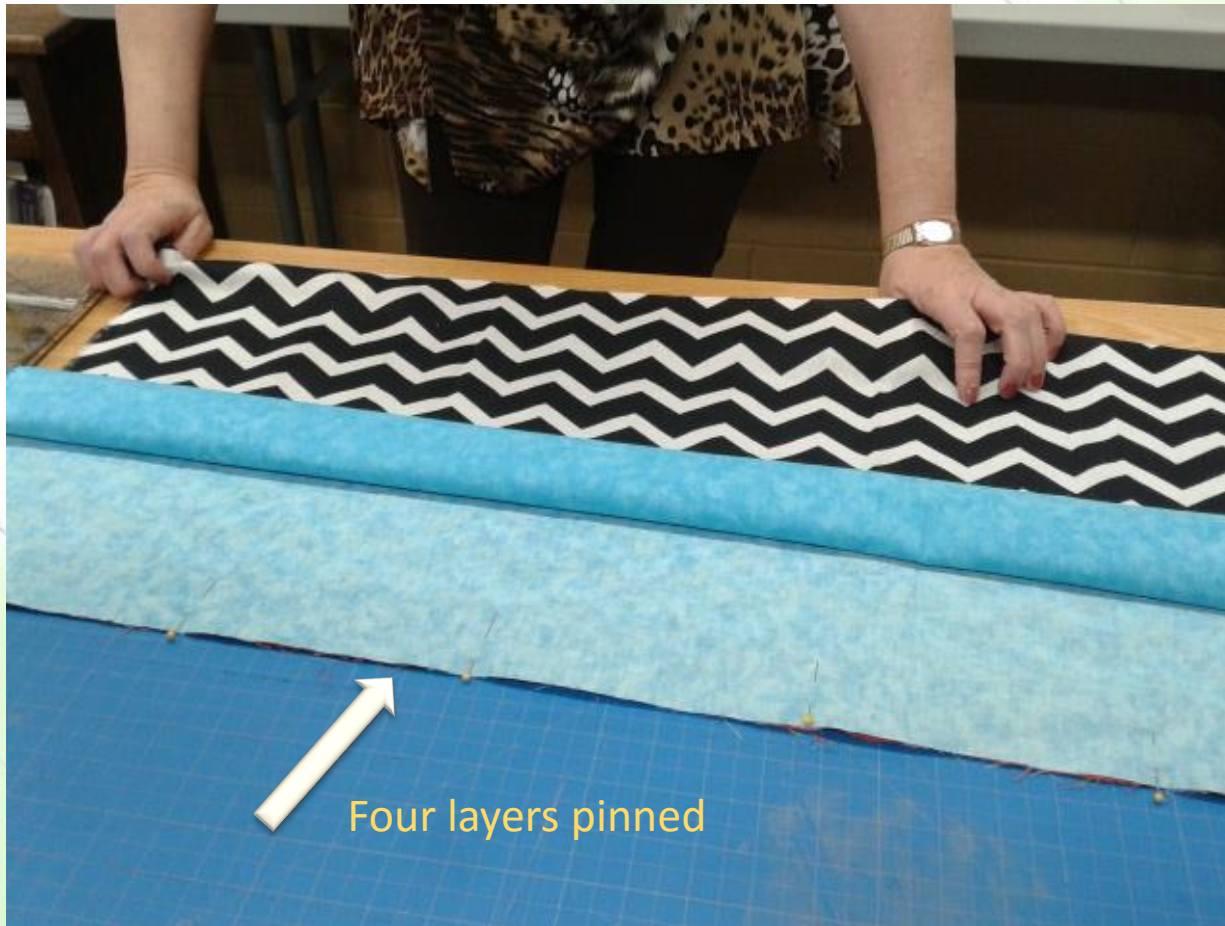


Rolled Pillowcase **by Elizabeth Evans**

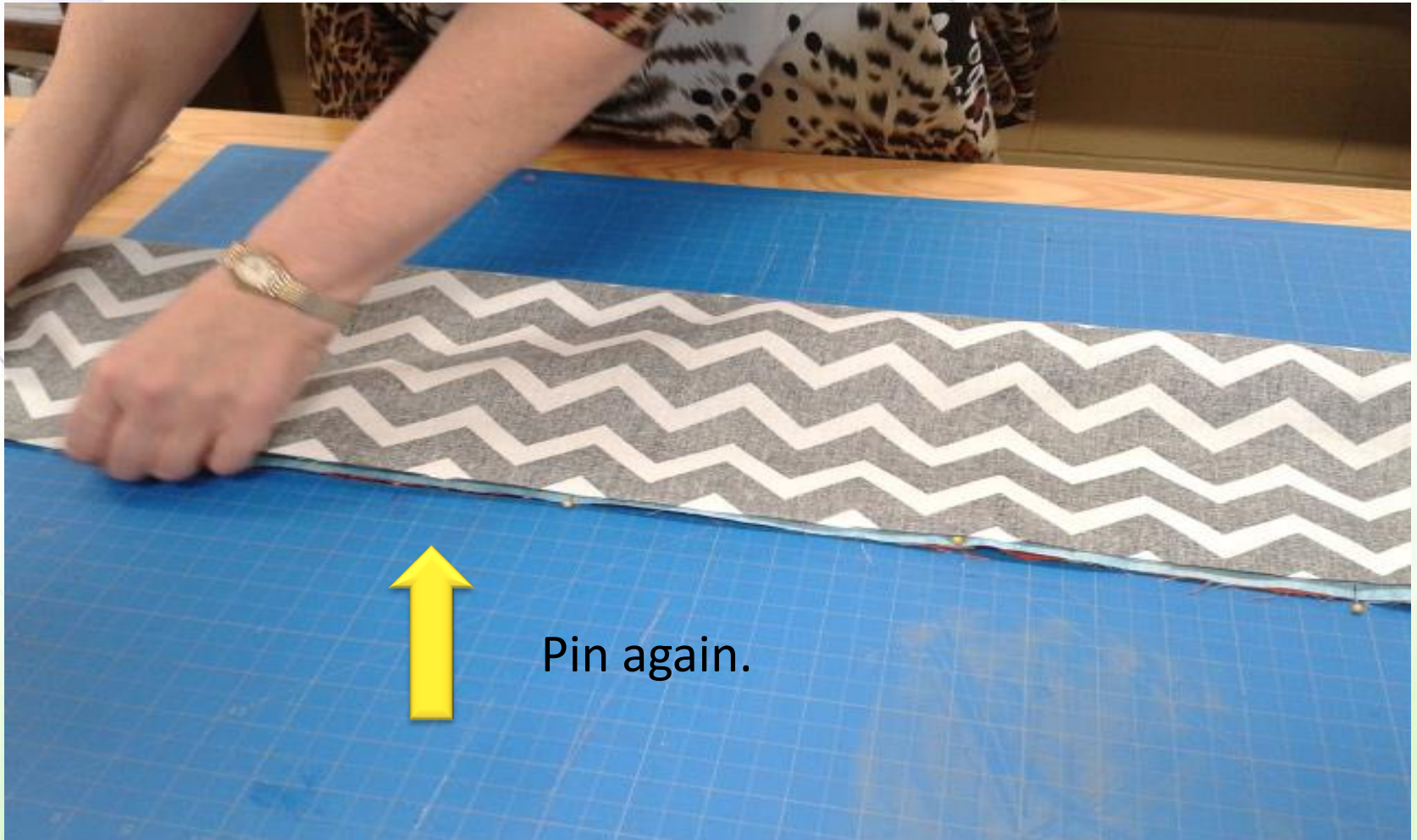
After pressing the small trim in half lay it on top of the medium trim piece with **raw** edges together. Pin. You should have 3 layers of fabric. Sew the pieces together with a $\frac{1}{4}$ inch seam. This is the edge of the presser foot.

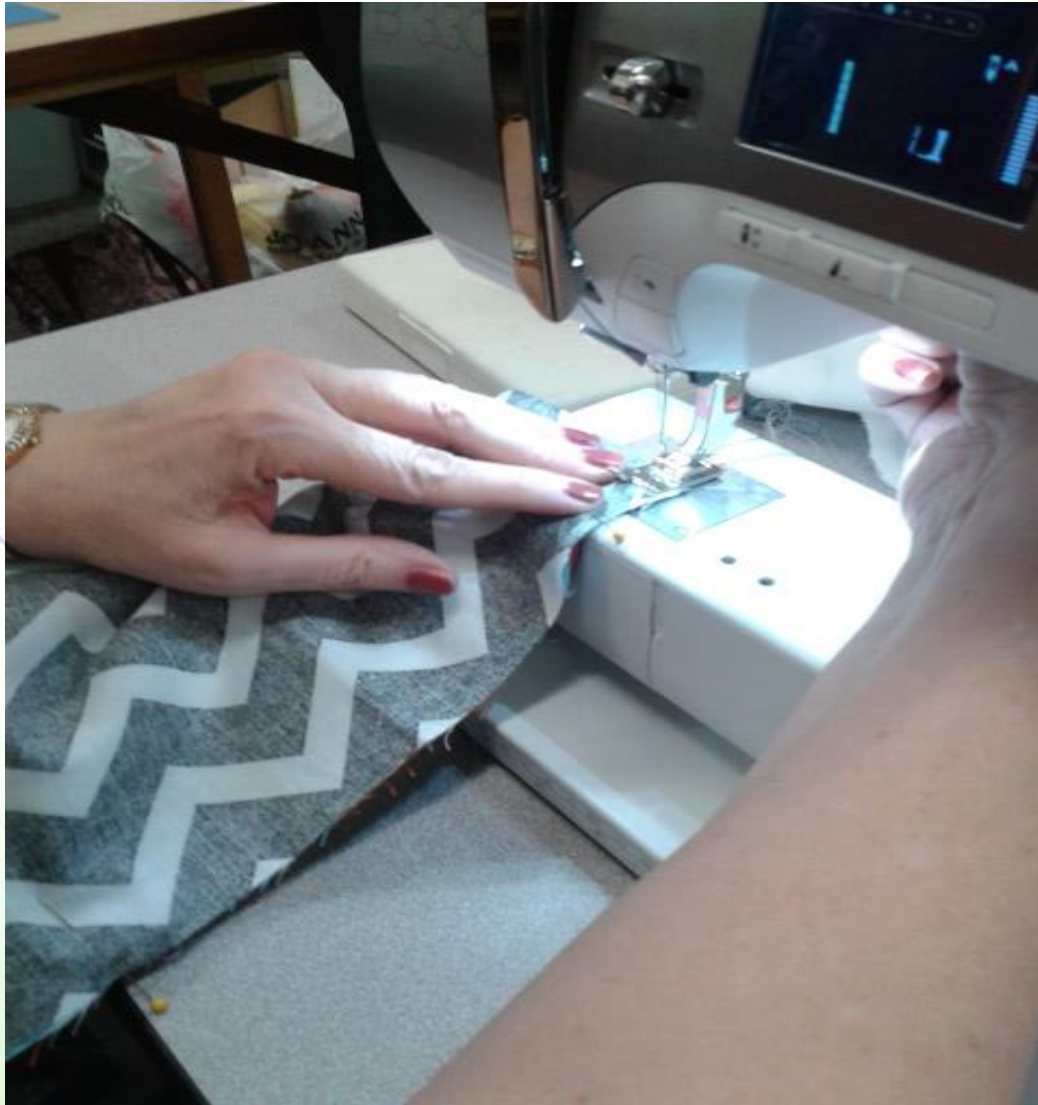


Now lay the large piece of fabric for your pillow case face down on the trim edge with all 4 layers of fabric. Pin Roll the pillowcase until it is halfway up the trim piece. Grab onto the unpinned side of your trim.



Fold the fabric over and continue pinning in between previous pins.
Remember there are 4 layers of fabric.





Sew all 4 layers together
with a 5/8 " seam.



Now comes the fun part. Reach in and start pulling a little at a time on the pillowcase portion. Not the trim. Keep pulling until the pillowcase is all the way out.



Open up the fabric and press the pillowcase flat with the small piece of trim pressed downward.

Fold the pillowcase in half **WRONG SIDES TOGETHER** making sure to match the seams on the trim. Put pins along the entire side of the pillowcase.





Sew with a $\frac{1}{4}$ inch seam
all the way
Down the length of the
pillowcase.

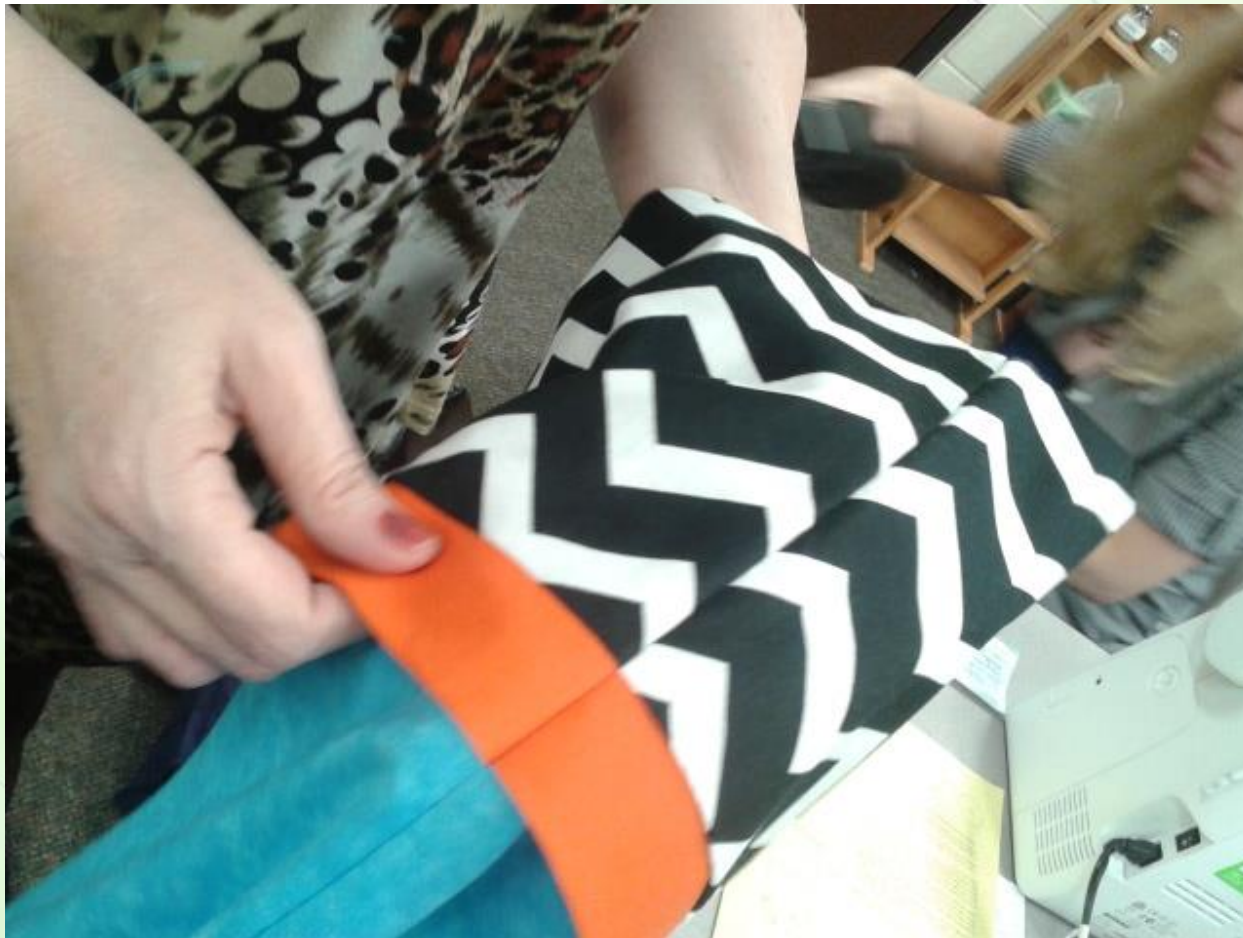
Turn the pillowcase wrong side out. Press the seam very well so you can see the edges. Now you are going to make a French seam by sewing the pillowcase side again at $\frac{3}{8}$ " inch. Now your raw edges will be invisible!

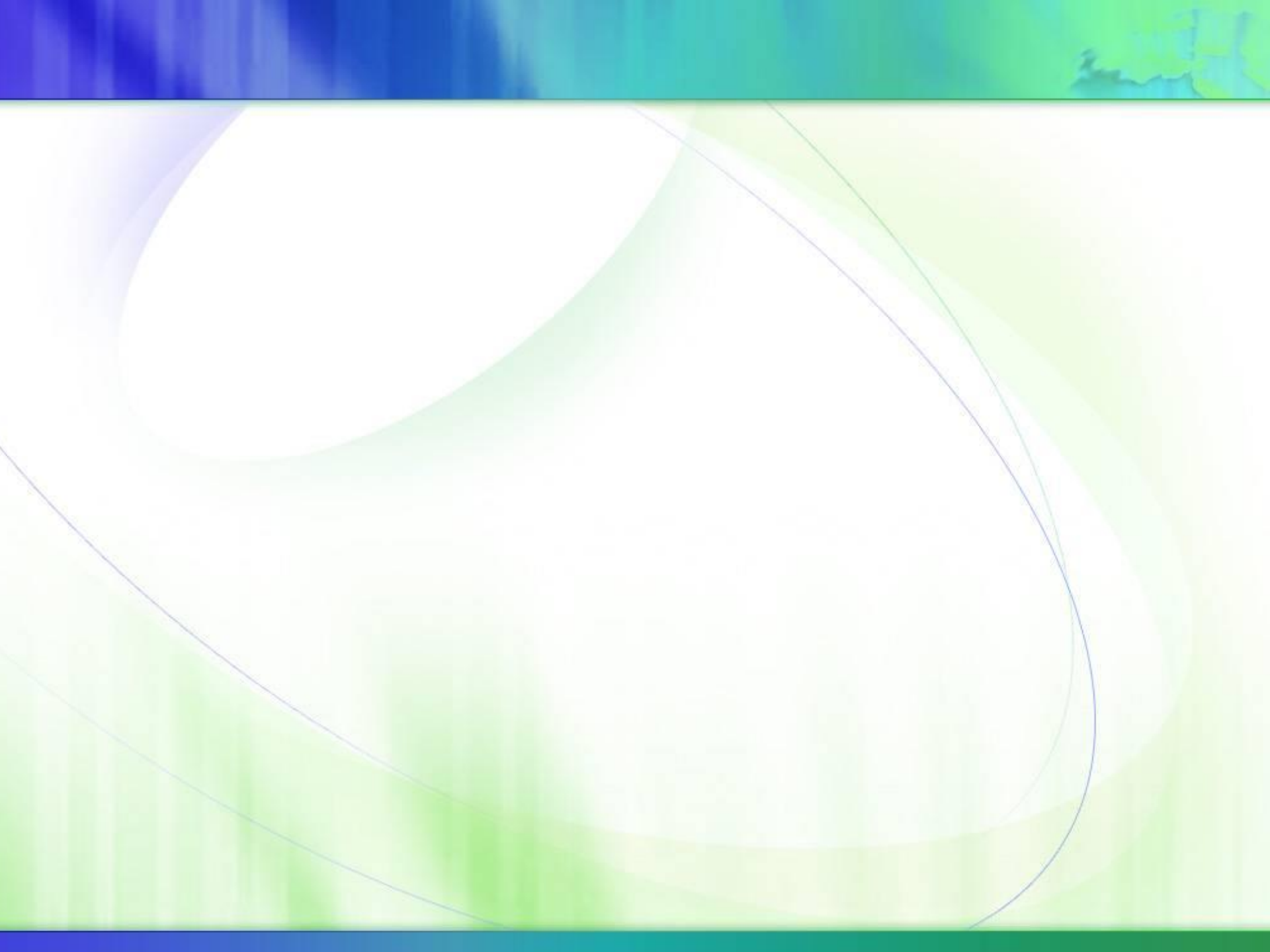


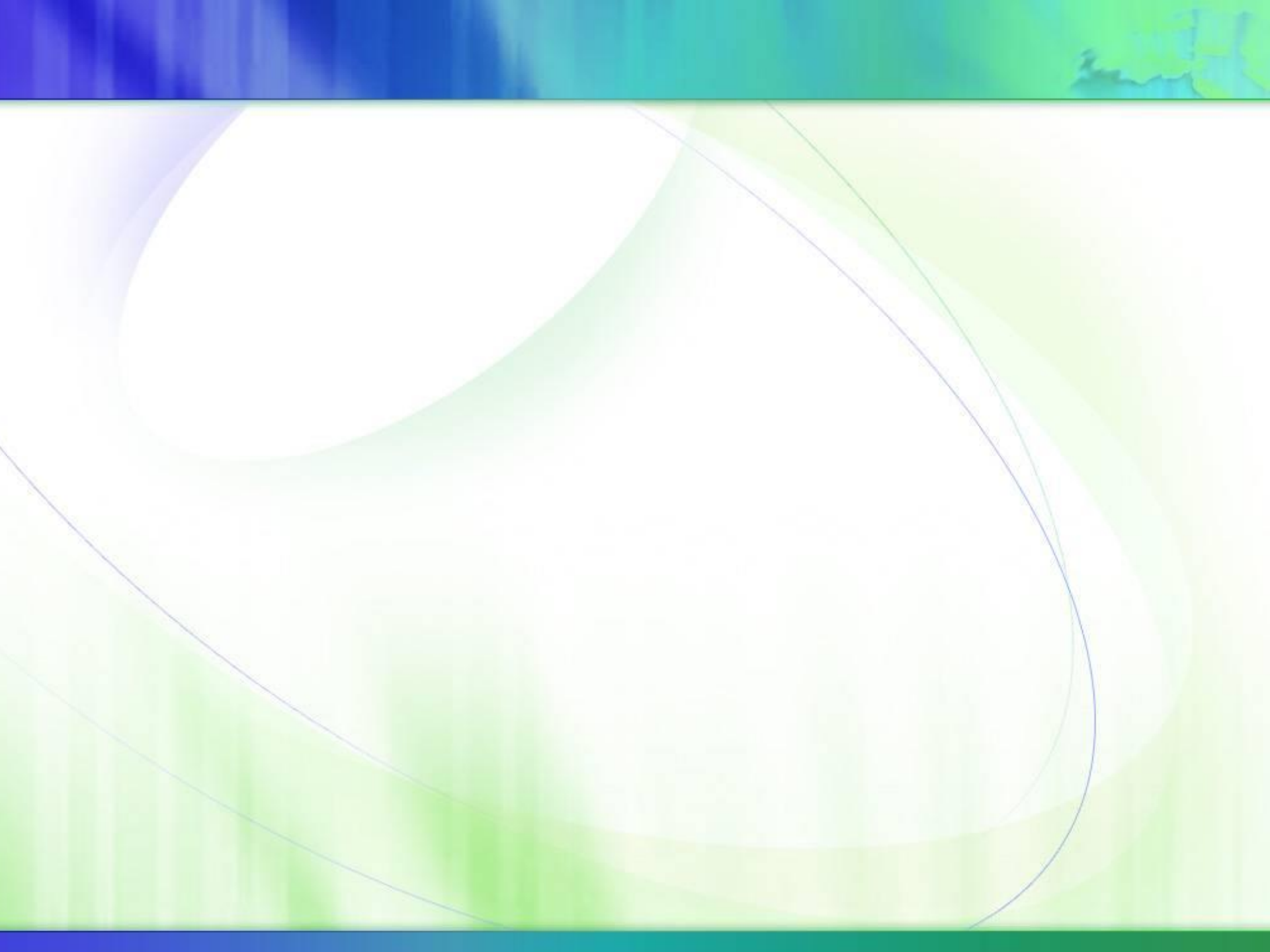
Do the same thing across the bottom.

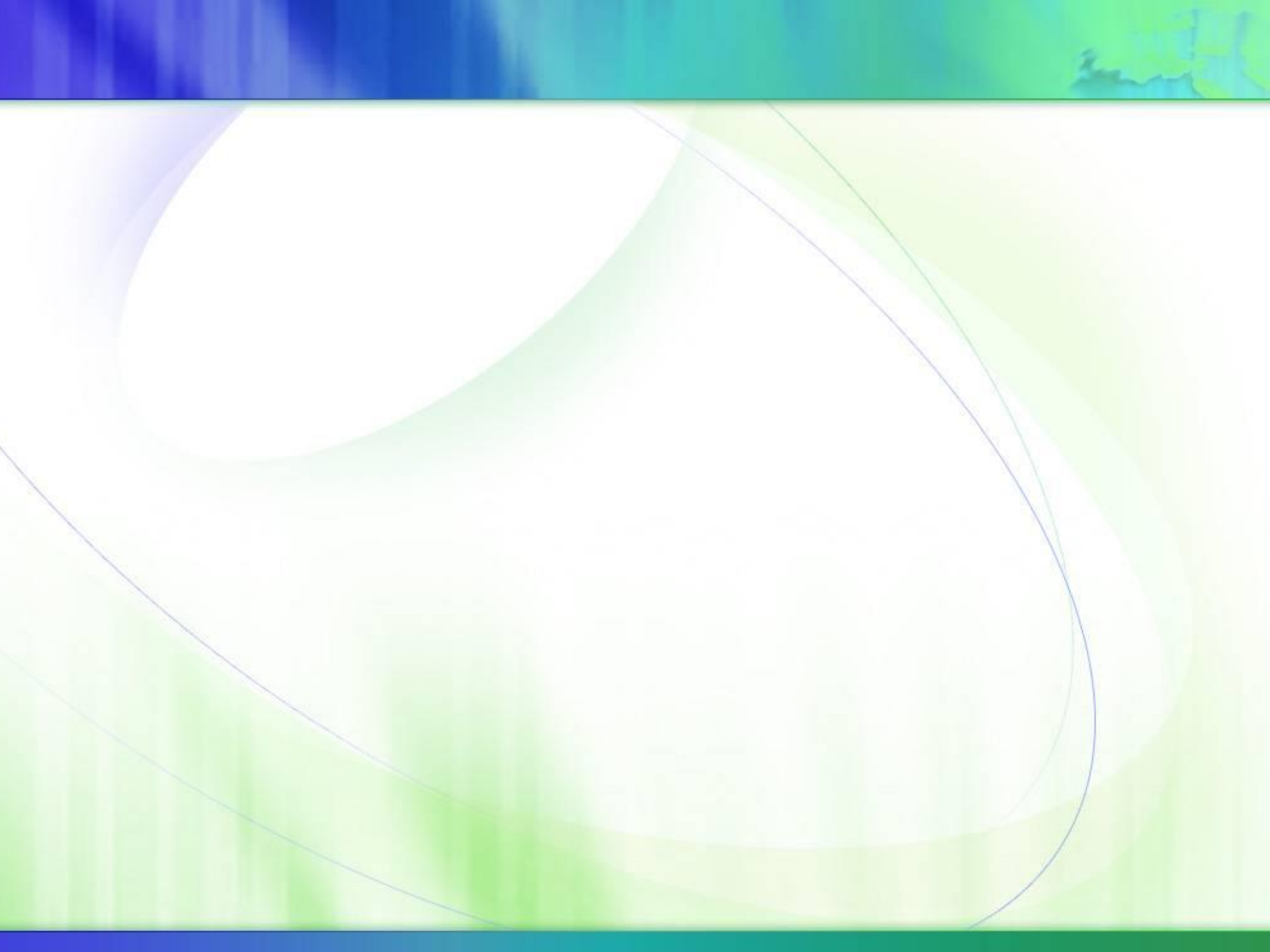


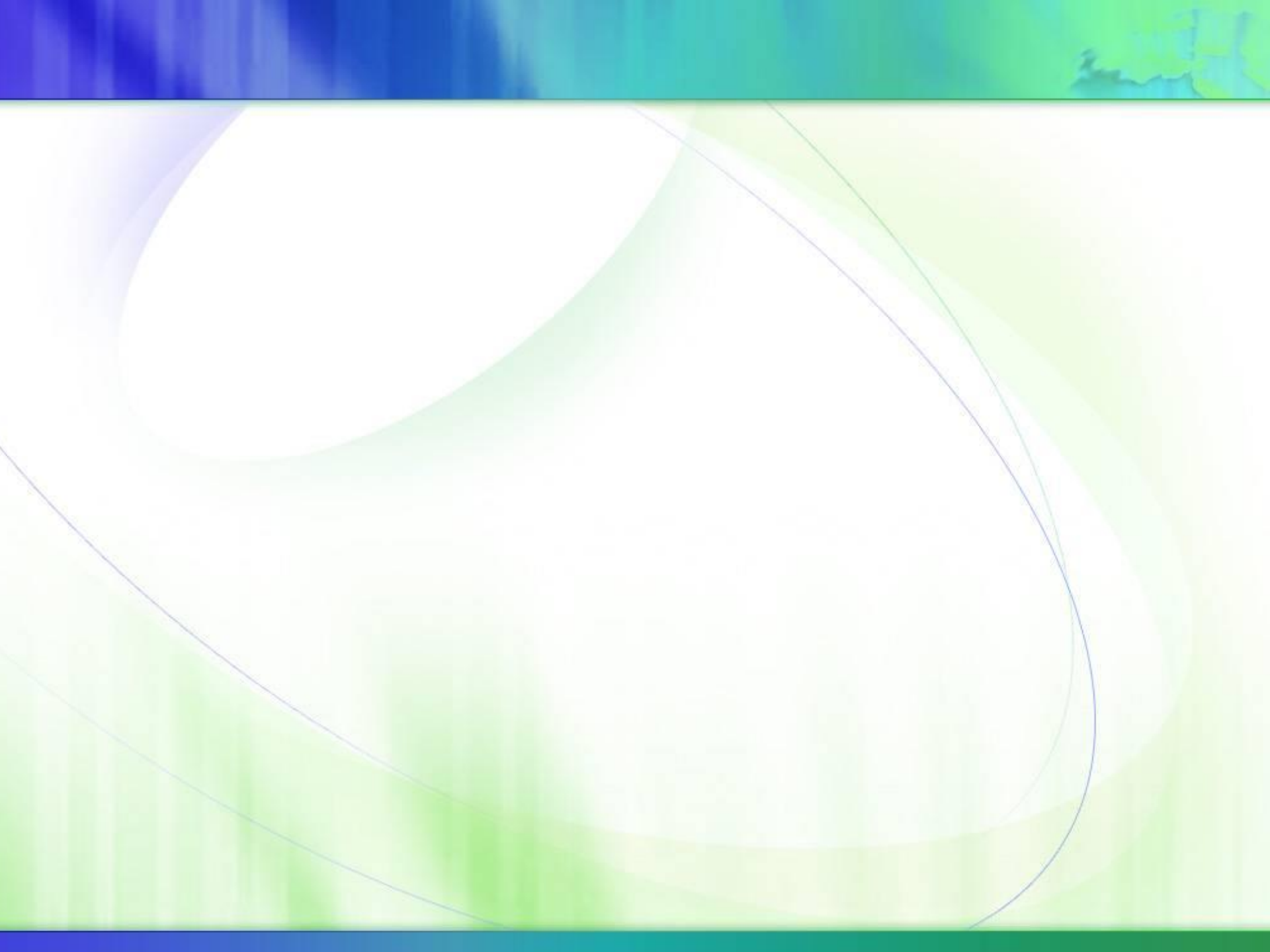
Turn your pillowcase right side out. Press it and pin a grade sheet to it. You did it!

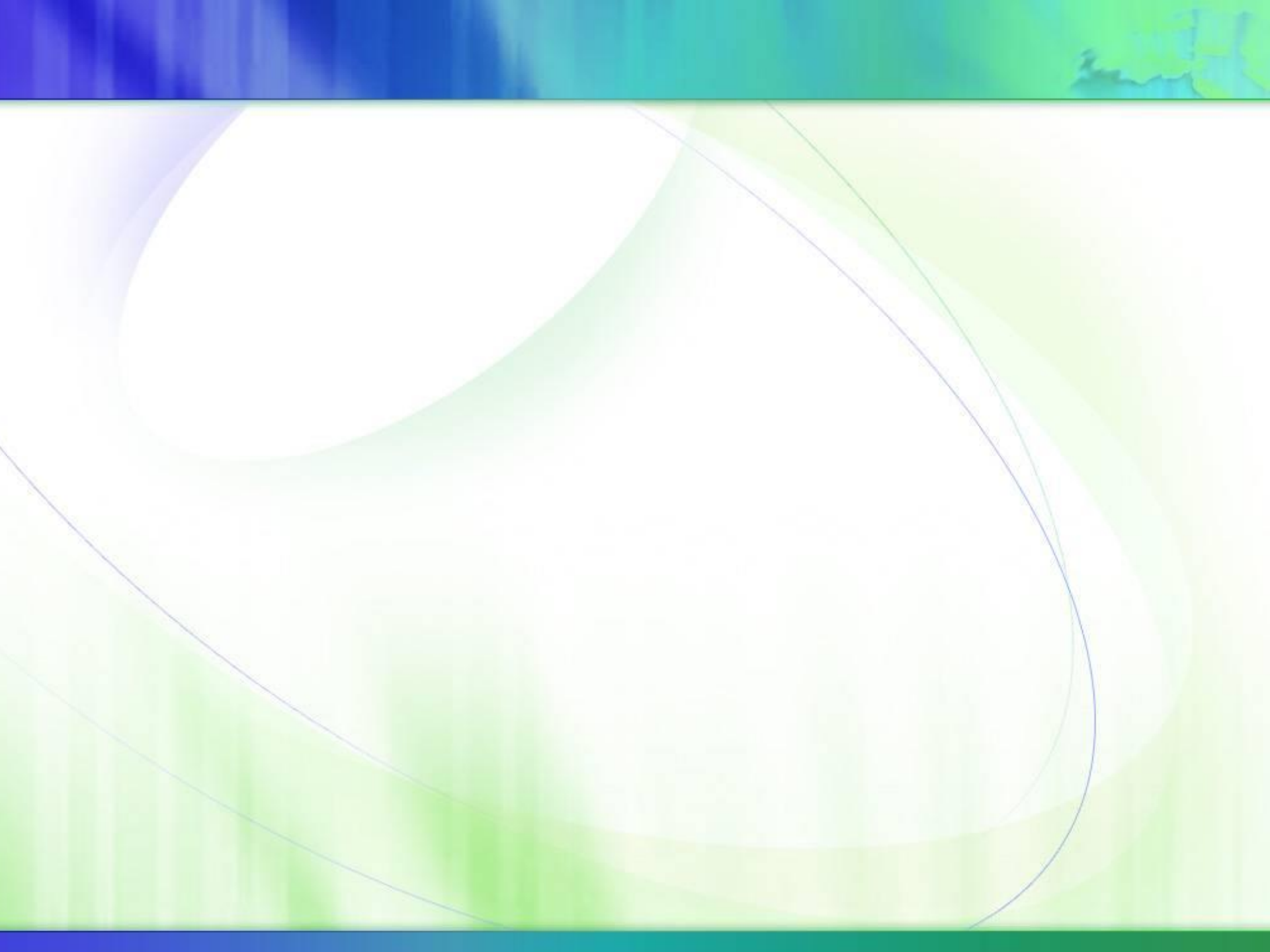


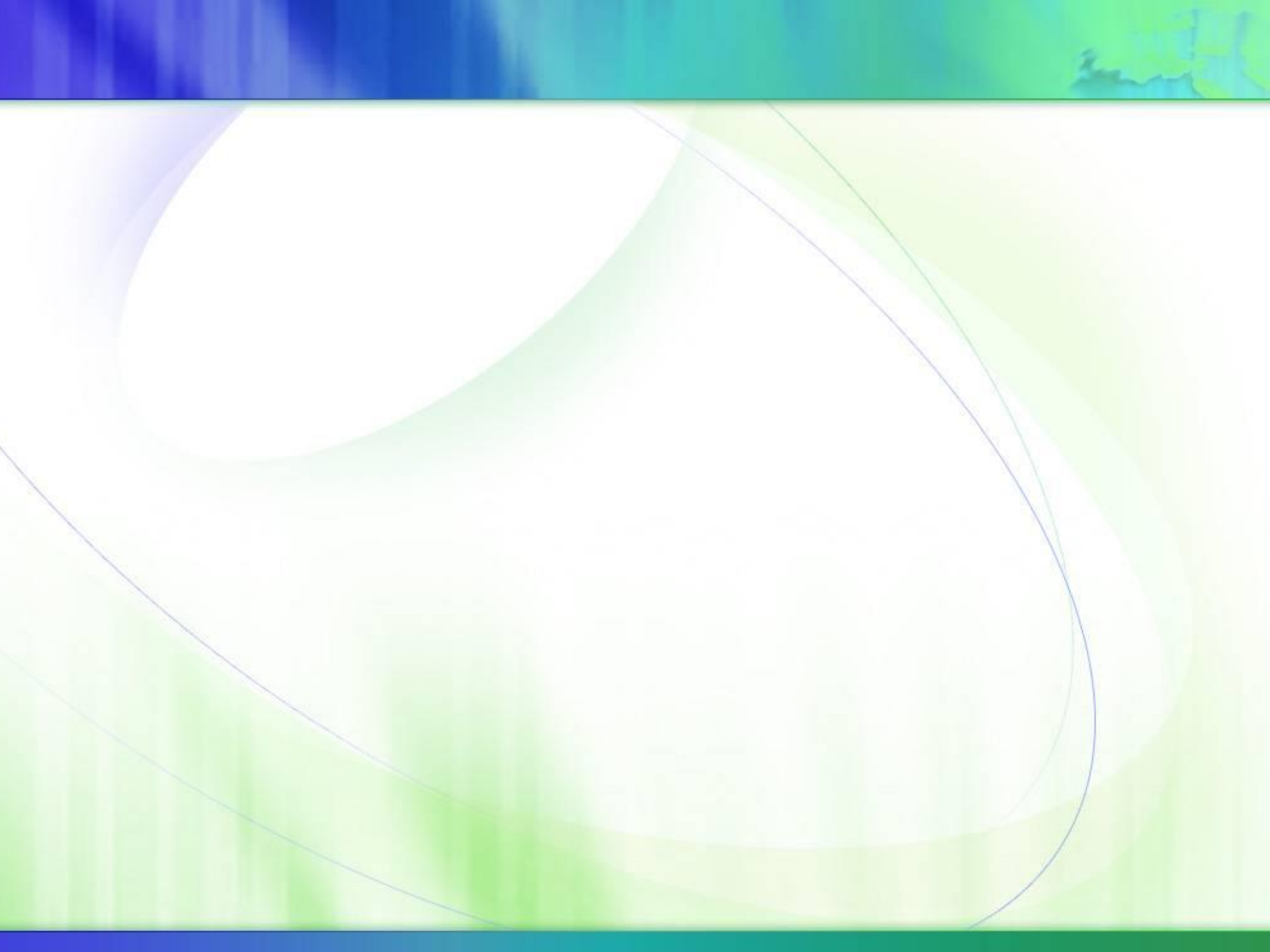


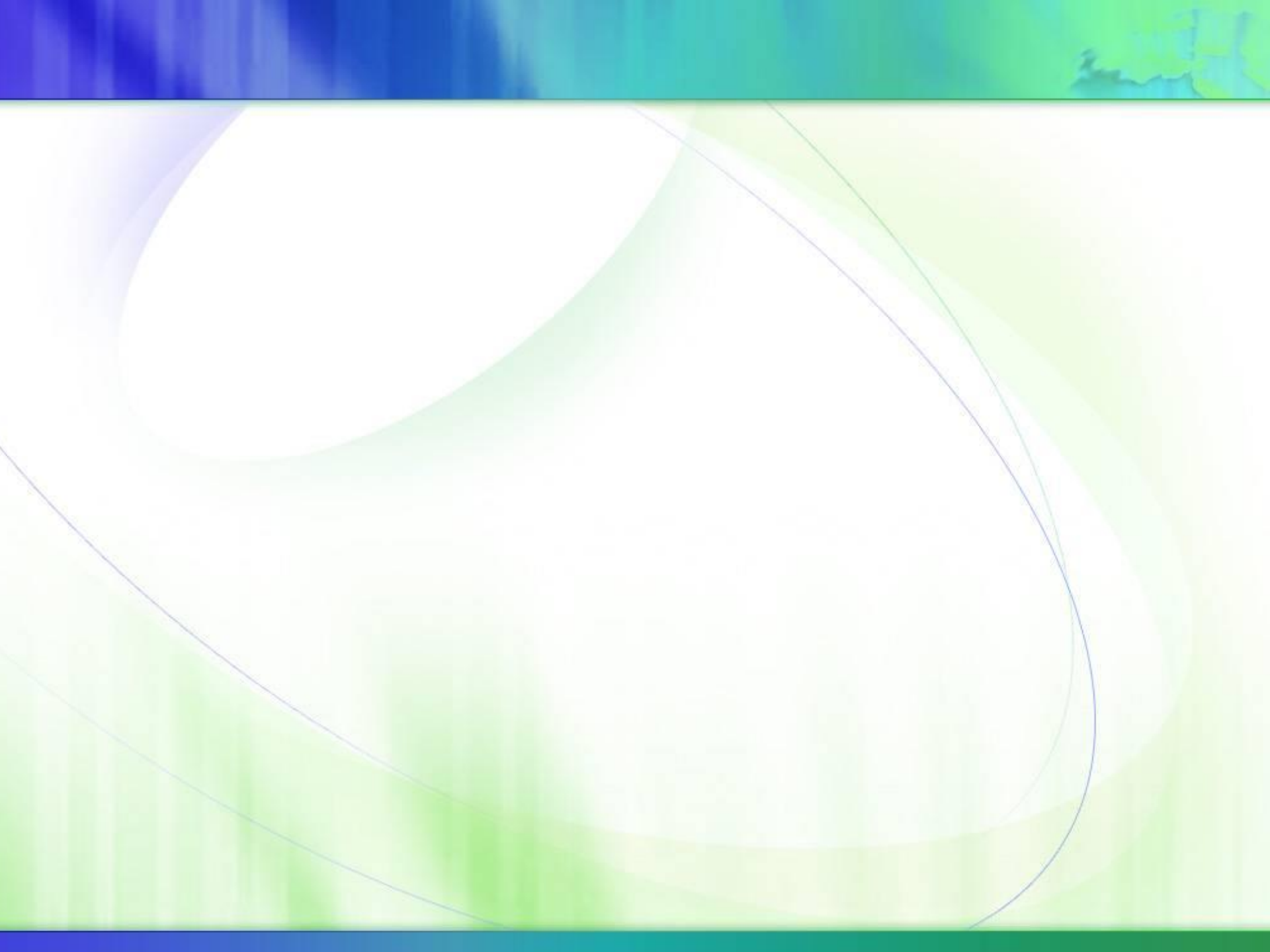


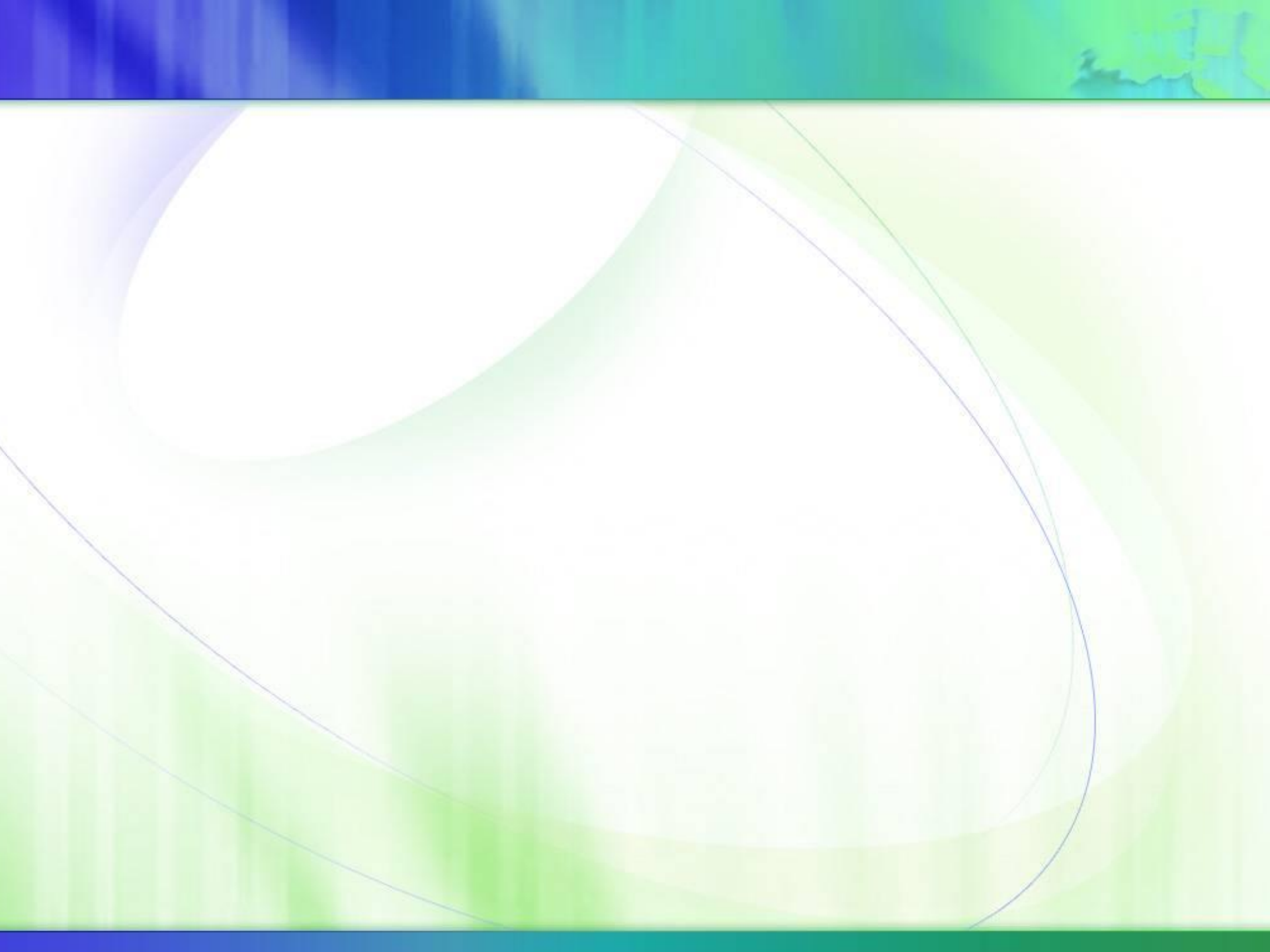


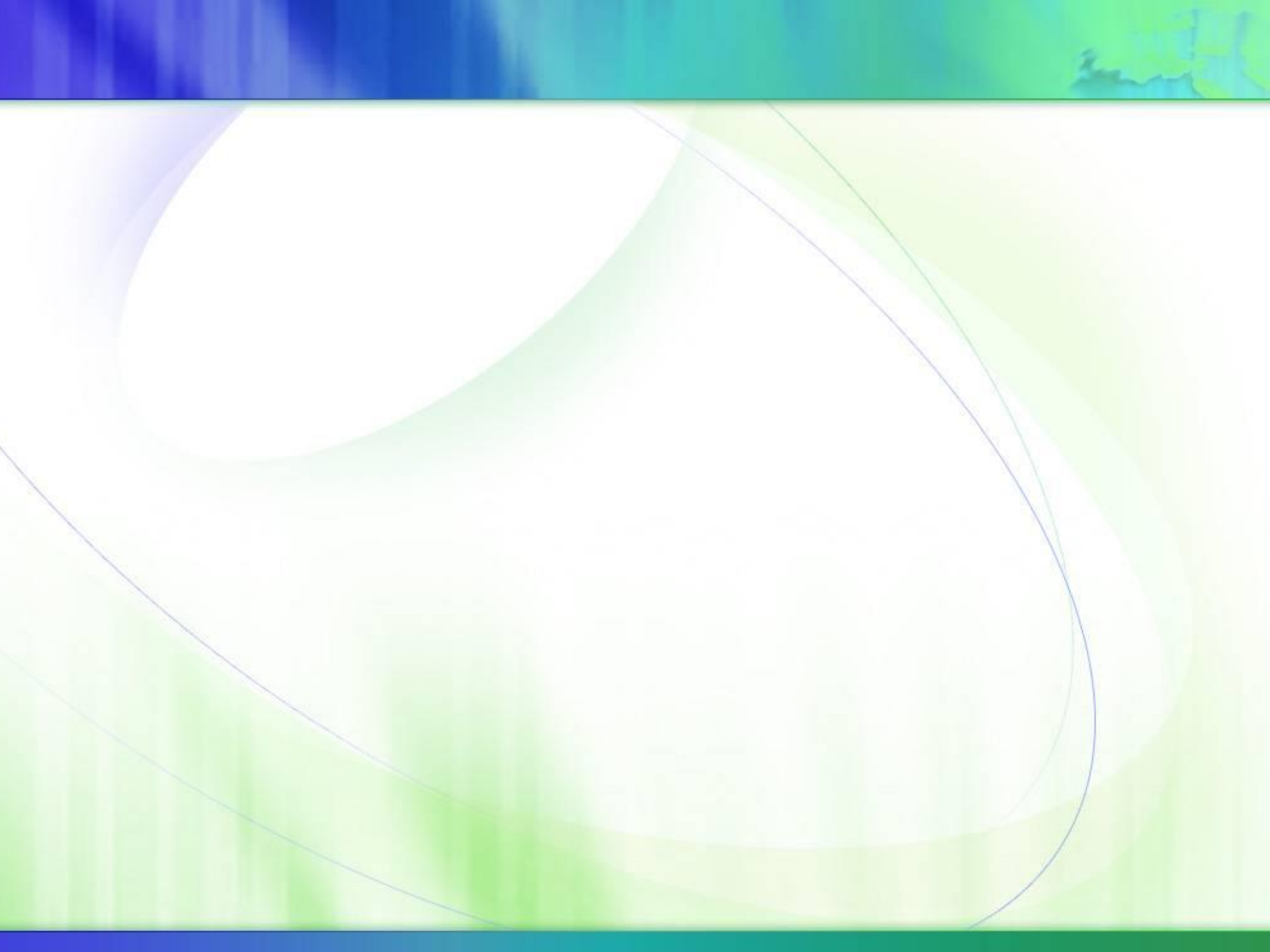


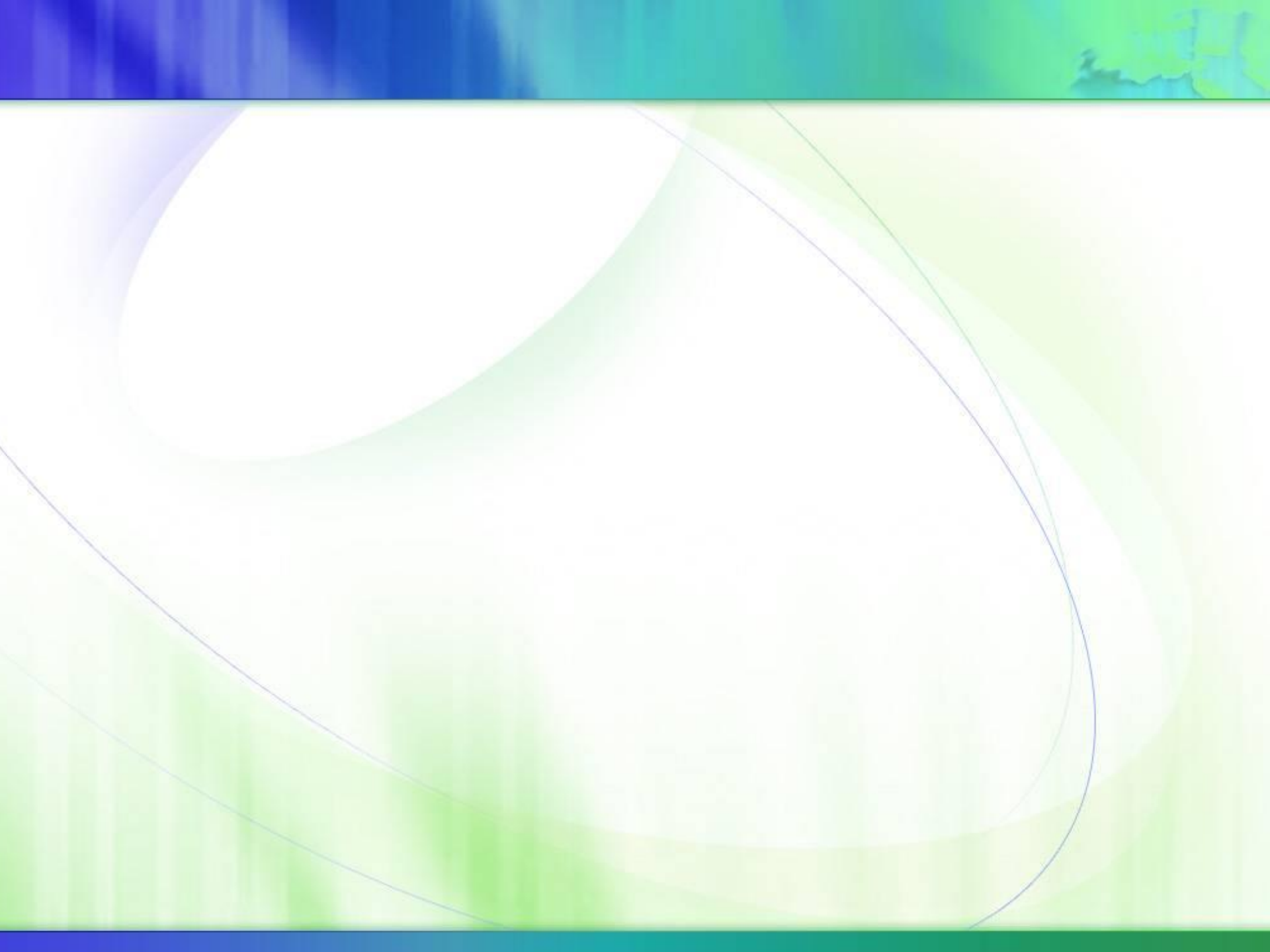














How to Make a **Pillowcase**

with French Seams
Using the Burrito Method
seasonedhomemaker.com



Credits to Leslie at leslie@seasonedhomemaker.com

If you can sew a straight seam then you can make a pillowcase with a French seam. I'm going to teach you something I call the Burrito Method to assemble your pillowcase and remove any fear you may have regarding French seams. Let's get started!



Supplies:

Main Fabric: $\frac{3}{4}$ yard

Cuff Fabric: $\frac{1}{4}$ yard

Trim Fabric: 3 – 4 inches. Note: This is totally optional. (required for students)

Thread

Scissors

Size 90/14 or 100/16 Heavy Duty Needles

Step 1: Find the Grain – Watch the teacher demonstration on how to find the straight of grain of your fabrics. It is important for your fabric to be squarely on the grain or you will have a twisted pillowcase.

Step 2: Understanding the process. It is important to understand what each piece is called.

The *Main Fabric* is the Pillowcase Body.

The Coordinating Fabric is the *Cuff* and will wrap around the pillowcase body.

The *Trim* will be in between the Pillowcase Body and the Cuff.



Step 3: Assembling the Pieces

Lay the Cuff out flat with the right side facing up.

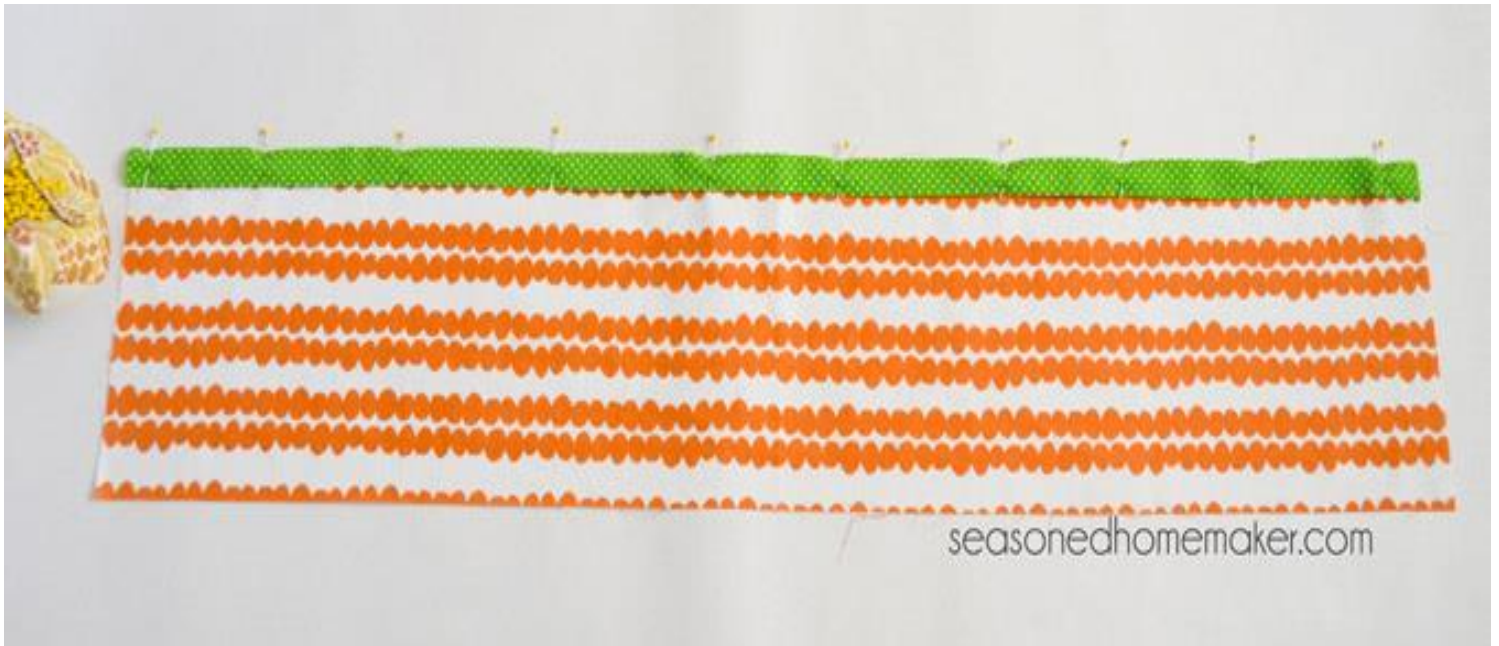
Fun Idea: Embroider or applique a name on the cuff before assembling the pillowcase.



With wrong sides together, fold the trim piece in half lengthwise and press.



4. Match the **raw** edges of the Trim along the top edge of the Cuff and pin to hold. I have students sew this on at $\frac{1}{4}$ inch.



5. Place the Pillowcase Body on top of the Cuff/Trim with right sides together and pin. I have the students sew here **again** at $\frac{1}{4}$ inch.



Step 6: Why it's called a Burrito

Starting at the bottom of the Pillowcase Body, begin rolling the fabric towards the top edge. Continue to roll up the Pillowcase Body until it is a few inches from the top edge.



7. Take the bottom edge of the Cuff fabric and wrap it over the rolled up Pillowcase Fabric. See how the Cuff wraps over the Pillowcase Body, like a burrito. Pin through all layers of fabric.

**** Tip**** I have the students use clothespins to clip the body of the pillowcase down away from the sewing edge. You can also take a yardstick and push the body of the fabric down away from top edge.



8. Sew through all layers of fabric with a 3/8 inch seam this time.



9. Pull out the pillowcase.



10. Press the Cuff and Trim on both sides. Press the trim down toward the body of the case.



Step 11: Side and Bottom Seams

The next step uses a French seam. Ours will be a bit altered from the true size. (A true French seam only uses 5/8 inch of fabric.)

Fold the Pillowcase in half wrong sides together, matching up the Cuff and Trim fabrics on the seam line.



Pin around the raw edges on the side and bottom of the Pillowcase.



Step 12. Stitch together down the side and across the bottom using a 1/4" seam allowance. Be sure that the Cuff/Trim seam is evenly matched front and back. Trim this to 1/8 inch if you can.



Step 13. Clip the corner where the side and bottom seam meet. This will help with the bulk when you turn the pillowcase.



Step 14. Turn the Pillowcase wrong side out and press the seams down. Using something like a knitting needle or chopstick to push out the corners.

Now, the Pillowcase is facing right sides together.

Step 15. Pin the side and bottom seams. Stitch the side and bottom seams using a 1/2" seam allowance.



Step 16: Finishing the Pillowcase. Turn the Pillowcase right side out and press the seams flat.



You now have enclosed French seams and the Pillowcase has no loose threads on the inside!



Voila! Finished size 30" x 19".

