Grits

Boil 4 cups of water with ¼ tsp salt. Slowly stir grits into boiling water. Reduce heat to medium-low, cover. Cook5-7 minutes until thickened. Stir occasionally.

Cracked Wheat

Boil 3 cups of water and ½ tsp salt. Add cracked wheat and turn down heat. Cover and cook 15-20 minutes stirring occasionally.

10 Grain Cereal

Combine cereal, 3 cups of water and ¼ teaspoon salt in a pot. Bring to a boil. Reduce heat to lowest setting and stir well. Cover and cook, stirring occasionally for 8 minutes.

Steel Cut Oats

Boil 3 cups of water and ¼ teaspoon of salt. Add oats. Reduce heat to a low simmer. Cover and cook 15-20 minutes. Stir every few minutes. Let stand 2 minutes before serving.

Cream of Wheat or Farina

Boil 4 cups of water and ½ teaspoon salt. Gradually add cream of wheat, stirring constantly with wire whisk until well blended. Return to a boil. Reduce heat to low; simmer uncovered 2 ½ minutes or until thickened, stirring frequently. Cool slightly.

Cracked

Wheat

Farina

Creamed Wheat

10 Grain

Cereal

Steel Cut Oats

Grits