Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Period:\_\_\_\_\_\_\_\_

Bento Boxes

Theme:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

You must draw a rough draft of what your Bento Box meal will look like. You may work together as a group or do this individually. You box will be graded partially on how well your Bento Box matches what you planned.

You must have 2 fruit elements, 2 vegetable elements and one protein element. I will have the following items here at school so you don’t need to order them, but please circle the items you want to use:

Ham, Turkey, Yellow Cheese, White Cheese, Clementine Oranges, Apples, Green and Red Grapes, Carrots, Celery, Cucumber, Ranch Dressing, White & Wheat Bread.

Shopping List:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Bento Box Grading:

|  |  |  |  |
| --- | --- | --- | --- |
|  | Fabulous (10) | Met Expectations (5) | Didn’t see it (0) |
| Creativity of Theme: Easy to see when looking at the Bento Box |  |  |  |
| Drawing of Bento Box matches final product |  |  |  |
| Shopping list: used what was ordered |  |  |  |
| Eye appeal: Very appetizing when just looking at it. |  |  |  |
| 2 Fruit Elements showing knife skills, attractive addition to the meal |  |  |  |
| 2 Vegetable Elements showing knife skills, attractive addition to the meal |  |  |  |
| 1 Protein Element showing knife skills, attractive addition to the meal |  |  |  |
| Sanitation and Safety during food prep |  |  |  |
| Use of time |  |  |  |
| Food waste |  |  |  |
| TOTAL |  |  |  |