**SKILLS: Communication Video Links**

Google: ‘communication video clips’

Importance of Communication:

German Coast Guard trainee:

<http://youtu.be/yR0lWICH3rY>

Classic Sesame Street; Ernie and Bert can’t communicate

<http://youtu.be/kjF4rKCR81o> - good one

Levels of Communication Powerpoint Lesson (with video links)

<https://docs.google.com/a/nasdschools.org/presentation/d/1iwqQgCrJgd8M5SnA7QsK9Q7X3VyxNIEBJQYqG080h1U/edit#slide=id.p17>

Non-Verbal Communication, The Documentary 10:16 excellent!

[http:/](http://youtu.be/Kc2yRqat7q8)

[/youtu.be/Kc2yRqat7q8](http://youtu.be/Kc2yRqat7q8)

The Magic of Communication promo video: 6:43 looks like a school assembly

<http://youtu.be/lcJT5I22_I4> (This video is no longer there)

Validation: (16:24 min) very good, entertaining. giving compliments, people seeking validation; could be a great intro for compliments activity.

<http://youtu.be/Cbk980jV7Ao>

**High school level, not all previewed:**

History Channel, Secrets of Body Language 1:30:13 very interesting!

<http://youtu.be/dW9ztSUGY_Q>

Levels of Communication Powerpoint Lesson (with links)

<https://docs.google.com/a/nasdschools.org/presentation/d/1iwqQgCrJgd8M5SnA7QsK9Q7X3VyxNIEBJQYqG080h1U/edit#slide=id.p17>

Understanding Body Language: 25:46 previewed / ok

<http://youtu.be/aE4ldmczYm0>

# Embrace Life - always wear your seat belt:

Talk about silence speaking volumes............not a word is spoken and this is so powerful!

This is the new "wear your seat belt" ad the UK is doing - started by some dude not hired to do it, but because the cause is important to him, he came up with this idea, and now it's being hailed across the world as a "beautiful" commercial. ...And the video has gone "viral" - which means, has become so popular with the general public that people are forwarding it to friends/family on their own so quickly that it has spread all over the world in a very short time.

<http://youtu.be/h-8PBx7isoM>

As you prepare for independence,

do you know how to deal with emotions?

Stop to take another heart check-up.

Is there anything in there that will cause negative roots to grow?

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The Basics of Effective Communication

[History of Communication Video](http://www.youtube.com/watch?v=WfCUxeQ2VSE&feature=player_embedded)

When you have a disagreement or conflict with somone...

1. Try to think Win - Win

(How can everyone come out a "winner" at the end of the conflict?)

2. DON'T focus only on YOUR needs

3. What is best for everyone?

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["I" Messages](http://www.mybigcampus.com/groups/english-9-interpersonal-period-1-2---245858/group_pages/-i-messages---83825)

You and I message video

I message Outline

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Active & Passive Listening

[Effective communication notes](https://docs.google.com/a/scsd2.k12.in.us/document/d/1o1Yno6vCXs1gKxNOW3mOozbsqip4fieugR1E2fslUn4/edit)

[Teacher Version](https://docs.google.com/a/scsd2.k12.in.us/document/d/1o_ltNL2IIh-ZvRZPfdQNJkhcWXxaNlyIHvvNntNedA0/edit)

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Steps to Clear Speaking

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<http://corneroncharacter.blogspot.com/2011/10/dance-of-happiness.html>

[Empathy Sesame Street Video](http://corneroncharacter.blogspot.com/2011/10/dance-of-happiness.html)

[Social Skills Website](http://www.do2learn.com/SocialSkills/overview.htm)



# Amy Cuddy: Your body language shapes who you are

<http://youtu.be/Ks-_Mh1QhMc>, 21:04 min. For high school or adult. ‘Safe’ for middle school, but may be over their heads.

**Published on Oct 1, 2012**

Body language affects how others see us, but it may also change how we see ourselves. Social psychologist Amy Cuddy shows how "power posing" -- standing in a posture of confidence, even when we don't feel confident -- can affect testosterone and cortisol levels in the brain, and might even have an impact on our chances for success.

e worth preserving.