OPTION 5, page 5CHILD	CARE LABINTRODUCTION		STUDENT
Name		Hour	
Date of observation			
	EMOTIONAL DEVELOP	MENT	

Emotions may be positive or negative. During this observation, you will look for expressions of feelings. Feelings influence a child's behavior and are important to his/her personality development. Some feelings are pleasant, others are unpleasant. Children show how they feel emotions in different ways. If a child is angry, he/she may scream, kick, throw his/her body around, cry, pout, sulk, hit refuse to cooperate, etc. If he/she is afraid, he/she may cry, run away, cling to an adult, refuse to try, etc. He/she expresses affection and love by caressing, staying close by, protecting another, sharing, showing consideration, etc.

1. Describe six different ways you saw children expressing feelings by completing the chart below:

Name of child	What did he/she do?	Name the emotion	Why did he/she do it?
1.			
2.			
3.			
4.			
5.			
6.			

- 2. Identify which of the ten feelings you described above interfered with
  - a. the group as a whole
  - b. other children
  - c. the child's own well-being

Be specific in describing what you observe in each situation.

- 3. Give three examples of an adult helping a child control an emotional expression that interfered with the group's well-being.
  - a.
  - b.
  - C.