

BIRTH AND THE FIRST FOUR WEEKS

MINUTES

0-2	Introduction--this video will show three births--two vaginal
2-4	Prenatal information, one c-section
4-5	Labor
5-6	Physician with 10 day-old newborn
6-10	Epidural birth Anesthesiologist discussion on epidural
10-12	Actual birth
12	Stitching of episiotomy
12	Immediate examination of newborn
13-15	Completely natural childbirth
16-19	C-section childbirth
19	Clean-up of baby
20	Newborn--incubator
21	Bonding
21	Breast feeding
22-23	Formula fed babies
24	Crying
25-26	When to seek medical attention
26	Bathing
27	Care of umbilical cord and circumcision
28	Clearing nasal passages medication jaundice
29	Blood tests
30	Safety--preventing accidents
31-38	First newborn check
38	Family bonding--baby home with family
39-54	Two-week postnatal doctor visit
54-57	Postpartum visit Summary, ending