

## BODY AWARENESS

You will need to arrange for several infants to be in the class for this activity.

Using one of the infants, demonstrate for the students the following:

1. Repeat the rhyme "This Little Piggy" while gently making accompanying body movements (wiggling the infant's toes.)
2. Repeat the rhyme "Pat-a-Cake" while gently making accompanying body movements (clapping the infant's hands together).
3. Repeat the song "Row Your Boat" while gently making accompanying body movements (moving the infant's legs back and forth while he/she is lying on his/her back).

If you can arrange for enough infants, split the students into small groups and have them do the activity on their own after you have demonstrated the procedure. If you can only arrange for a few infants to be in class, arrange for them to be several different ages, 3-12 months old. Repeat the demonstration on each child and have the students compare the different responses.

After observing the infant's reactions, discuss with the class:

1. How does this relate to the sensorimotor stage, specifically the discovery and repetition of primary objects, or the infant's own body?
2. How do these activities and interactions enhance a child's language development?