

Name _____

Hour _____

PRESCHOOLER PHYSICAL DEVELOPMENT STUDY GUIDE

1. Children ages four and five are often called _____.
2. Children of this age are known for their _____.
3. This is a time of practicing and refining _____ skills.
4. The average yearly increase in height is _____ inches. A general rule to remember is that children _____ their birth length in five years.
5. Most children gain about _____ pounds per year during this period.
6. Children tend to be taller and heavier than their _____, because we have better health care, diet, and health habits.
7. About the age of _____, children begin to lose their primary teeth. Their six-year molars are the first of the secondary teeth to appear.
8. Most _____ motor skills become well developed, and there is significant improvement in their _____ motor skills. The skilled use of both of their hands has improved. However, most children cannot tie their shoes until about age five.
9. Most children by age five consistently use either their right or left hand. Preference for the right or left hand begins before a child's _____. It is not a good idea to try to change a child's hand preference.
10. Children need _____ in maintaining cleanliness habits. Poor habits that are acquired can continue into adulthood.

Average motor skills:

FOUR YEARS	FIVE YEARS	SIX YEARS