

NAME \_\_\_\_\_ HOUR \_\_\_\_\_

## DEVELOPMENT DURING THE FIRST YEAR OF LIFE

1. Healthy babies gain \_\_\_\_\_ pounds per month during the first six months and about \_\_\_\_\_ pounds the last half of the first year.
2. The average height by one year is about \_\_\_\_\_ inches.
3. Compared to adult proportions, a baby's head and abdomen are \_\_\_\_\_, the legs and arms are \_\_\_\_\_.
4. What are three signs to look for in an infant to determine if he/she has a hearing problem?
  - a.
  - b.
  - c.
5. What are two symptoms of teething?
  - a.
  - b.
6. Which teeth come in first?
7. Physical development proceeds from (please include an example of each):
  - a.
  - b.
  - c.
8. What are motor skills?
9. What type of motor skills are related to the large muscles of the body? Please give an example.

10. What are the skills related to the small muscles of hands and fingers called? Please give an example.
11. What is it called when a child has the ability to move from one place to another?
12. What term describes the ability to use hands and fingers to hold and grasp objects?
13. When handling a newborn, what is important to remember?
14. Why will a baby cry?
15. What are some ways to comfort a baby?
16. What is a newborn's eyes and vision like?
17. When does the sense of smell develop?
18. What is the danger of shaking a baby younger than two years old?
19. What is as important to the baby as food?
20. When should strained foods be added to the baby's diet?
21. What is the problem with propping a bottle for the baby to drink?

22. When do babies begin to eat with their fingers?
23. Which babies are more likely to be overfed: bottlefed babies or breastfed babies? Why?
24. Do infants need to worry about low-fat diets or cholesterol?
25. The best way to learn to walk is \_\_\_\_\_.
26. What does the term cruising mean?
27. Young babies should be placed on their \_\_\_\_\_ or \_\_\_\_\_ to sleep.
28. What is SIDS?