

FEARS AND ANXIETIES

TYPES OF FEARS

People and their actions

Embarrassment

The Future

EXAMPLES

Family quarrels

Divorce or parent
leaving

Abuse

Unfriendly
classmates

Unfair teachers

Personal

handicaps

School failure

Not being chosen
for a team or
play, or other
event

Making mistakes

Changing clothes
in front of others

New situations

The world--war,
economics,
pollution