LABOR AND DELIVERY CROSSWORD PUZZLE

Complete the crossword puzzle on the following page.

CLUES:

ACROSS
1. A small incision to prevent tearing.
6. The cervix dilates from about 1/4 inch to __________ inches.
7. The energy and effort used to move the baby out of the mother's body.
8. After the baby is born, contractions continue causing the placenta to separate from the ________.
9. The baby's head moves from the uterus and into the vagina.
10. Passage of the mucous __________ from the cervix is sometimes referred to as "the show."
11. Opening to the uterus.
12. Refers to the cervix stretching and expanding.
18. The bag of __________ may rupture, signaling the onset of labor.
19. __________ extraction—a type of suction applied to the baby's head to help pull it through the birth canal.
20. __________ section—an incision is made in the mother's abdomen and uterus, and the baby is removed through the opening.
21. Another name for the birth canal.

DOWN:
1. __________ stage—the stage of labor that begins when the baby's head is in the birth canal and ends when the baby is born.
2. Contractions are __________ muscle movements because they cannot be controlled by the mother.
3. A substance contained in the afterbirth.
4. Refers to the time when the baby's head is first seen.
5. Involuntary muscle movements.
6. Tongs that fit the shape of the baby's head, used to help control movement of the baby.
7. The baby dropping lower in the pelvis.
13. Consists of placenta, umbilical cord, amniotic sac, and lochia.
14. A fetal __________ records the strength and duration of contractions and the baby's heartbeat.
15. In most cases, the baby's face is looking __________ as the head emerges.
16. In the second stage of labor, the purpose of the contractions is to push the baby through the __________ and the birth canal.
17. Refers to a baby positioned with feet, buttocks, or shoulders first.
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WORDLIST:

AFTERBIRTH    BREECH    CERVIX
CESAREAN      CONTRACTIONS    CROWNING
DILATION      DOWNWARD    EPISIOTOMY
EXPULSION     FORCEPS    INVOLUNTARY
LABOR         LIGHTENING    LOCHIA
FOUR          MONITOR    PELVIS
PLUG          TRANSITION    UTERUS
VACUUM        VAGINA    WATERS