

REASONS FOR TEACHING SEXUALITY

1. Obtain correct facts of anatomy and physiology. If this information is incorrect, serious mistakes can be made.
2. Improve self-esteem. If you know about your body and that you are just like everyone else, many worries are taken from you.
3. Clarify values and morals. The topic of sexuality is closely tied to values and morals. Values and morals will not be taught in school and should be taught by parents. Otherwise, morals will be taught by peers and the media.
4. Improve communication. If children can talk to their parents about sexual matters, the relationship rarely goes awry.
5. Recognize destructive elements in relationships. If children are unaware of the components of sexuality, they could be abused by someone without realizing what was occurring. Children should also understand that sex is a part of marriage that results from love, not as a bargaining tool.
6. Understand marriage fertility. As children grow up, they need to be aware that there may be problems with body functions. If or when they become aware of a difference in their body, they should seek advice from a knowing adult.
7. Avoid STDs. STDs are spreading rapidly. Children need to be made aware of the danger of STDs and how they are spread.
8. Avoid rape. Children need to know the definition of rape and how it occurs. They should be told how to deal with such a situation if it should ever occur.
9. Acceptance of sexuality. Sexuality can be frightening for the uninformed child. Explaining sexuality and bodily functions to children while they are young will help them adapt to the changes that will occur later in their lives.