
UNIT: Responsibilities Related to the Child

LESSON: Nurturing/Bonding

TIME: 1 day

COMPETENCIES:

1. Define the term nurture. (Options 2, 3, and 6)
 2. Discuss the importance of nurturing. (Options 2, 3, 4, and 5)
 3. Identify ways to nurture. (Options 2, 3, 4, 5, 6)
 4. Identify the potential consequences that come from lack of nurturing. (Options 2, 3, 4, and 5)
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OVERVIEW/SUMMARY:

Nurturing or bonding is a vital process in the development of healthy individuals. It is important that this process take place early in life, but it is also important that the process be continued throughout life.

MOTIVATOR:

Think of two specific ways someone made you feel loved when you were very young. For example: Dad read me stories, Mom sang me songs, etc. List the ideas on the board and explain that these acts of love and kindness were part of the nurturing and bonding process. There are numerous ways to show love and affection for other people.

LESSON OPTIONS/SUPPLIES:

OPTION 1

BOOK: Will You Still Love Me, I Love You As Much, The Giving Tree, Daddies (ISBN 22259-6) or Good as New (ISBN #0-688-08739-6)

JOURNAL ENTRY: Memories I have of nurturing activities we shared in our home (singing, hugs, etc.).

OPTION 2--Competencies 1, 2, 3, and 4--CDA III, 8 SELF

NURTURING/BONDING INTRODUCTION: Discuss nurturing and bonding and how vital it is for an infant to form a bond (see teacher notes). Have students complete the **NURTURING AND BONDING STUDY GUIDE**. Discuss the concept of failure to thrive and how it is related to bonding.

OPTION 3--Competencies 1, 2, 3, and 4--CDA III, 8 SELF

STUDY ON NURTURING: Discuss the information with the students and have students complete the "Nurturing Activity."

OPTION 4--Competencies 2, 3, and 4--CDA III, 8 SELF

INTERACTION: Have the students review the Rene Spitz and Terry Harlow studies concerning the affects of interaction.

OPTION 5--Competencies 2, 3, and 4--CDA III, 8 SELF

VIDEO: After discussing Options 3 and 4, show the video **NATURE AND NURTURE**. Have students complete the listening guide "Nature and Nurture." (You may wish to use this video in the lesson on genetics.)

OPTION 6--Competencies 1 and 3

Have the students look up the definition of bonding and prepare a short presentation on bonding with newborns. It should include ideas of how parents can bond with their babies. This could be done in small groups or individually.

RESOURCES:

"Nature and Nurture," #ST 1135
Films for the Humanities and Sciences
P.O. Box 2053, Princeton, NJ 08543-2053
800-257-5126 OR 609-275-1400
FAX 609-275-3767
52 minutes, \$89.95

Nurturing Book for Babies and Children, ISBN 0-934309-19-1

Nurturing Program. Parent Handbook, ISBN 0-934309-11-6

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