



Name \_\_\_\_\_ Period \_\_\_\_\_ Date \_\_\_\_\_

**MAXIMIZING THE MAINFRAME**

List what lines, styles, and fabrics would be suitable to enhance your body parts listed, and then list what types of things you should avoid wearing.

BODY PART	SUITABLE SOLUTIONS	THINGS TO AVOID
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SHOULDERS

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BUST/CHEST

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WAIST

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HIPS

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HEIGHT

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WEIGHT

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What is your body contour?

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