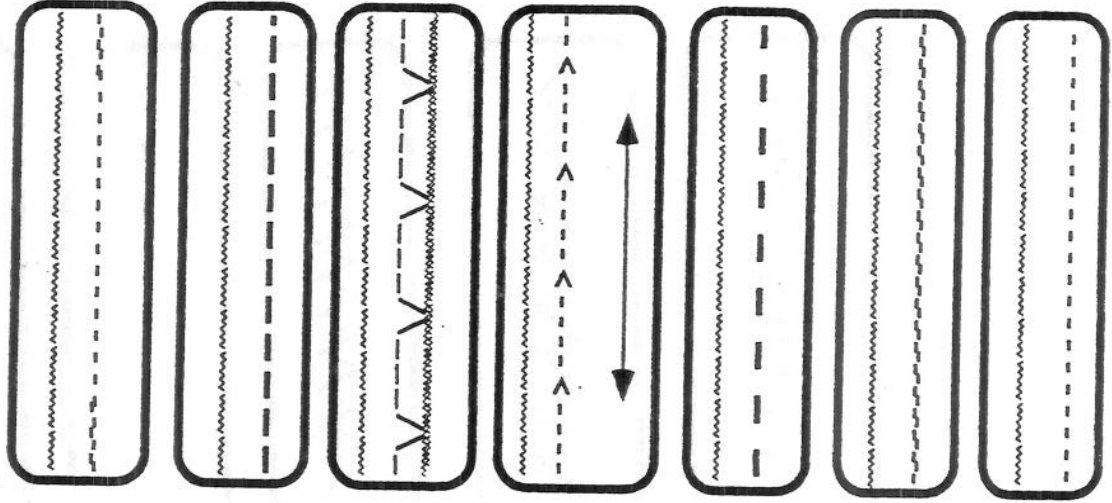




Name _____ Period _____ Date _____

KEEPING YOU IN STITCHES

MACHINE STITCHES:



Backstitch
Sewing in reverse at the beginning and end of a seam for three to four stitches. Keeps seams from pulling apart.

Baste stitch
A long straight stitch used to hold something together temporarily.

Blind stitch
A type of stitch used to hem a garment.

Directional stitching
Stitching seams in the same direction as the grain to prevent stretching.

Gathering stitch
A long straight stitch placed just inside the seam line to arrange the fabric for fit. Also known as an ease stitch.

Overstitch
Restitching an area already stitched for additional strength.

Regulation stitch
The normal straight stitch used to sew seams and hold them securely.



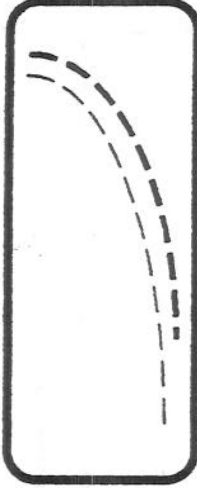
Name _____ Period _____ Date _____

KEEPING YOU IN STITCHES - PAGE 2

MACHINE STITCHES

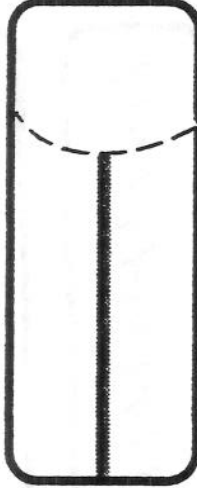
Staystitch

A stitch just inside the seamline on curved edges to prevent stretching.



Stitch in the ditch

Sewing a straight stitch inconspicuously in the seam well from the right side of the garment. Holds facings in place.



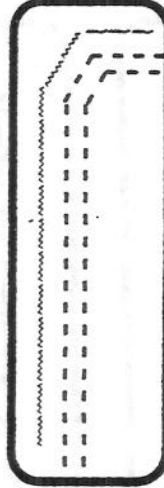
Tack stitch

Stitching in place to tack one piece of fabric to another.



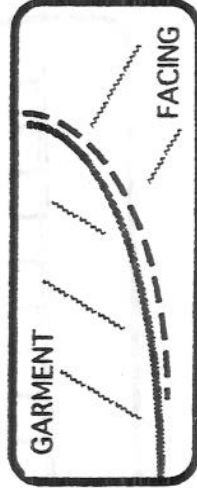
Topstitch

A final stitch on the outside of the fabric to give a professional look to the garment.



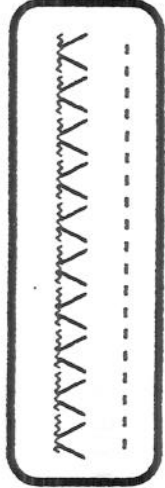
Understitch

Stitching the seam to the facing close to the seamline to keep the facing from rolling.



Zigzag stitch

Used along the edge of the fabric to keep it from raveling.





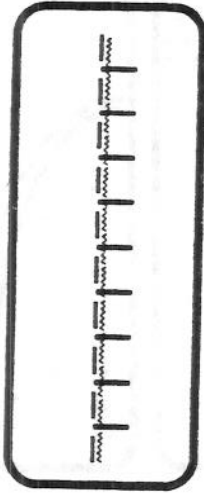
Name _____ Period _____ Date _____

KEEPING YOU IN STITCHES - PAGE 3

HAND STITCHES:

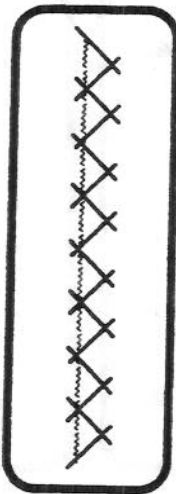
Blanket stitch

This is used to bind a raw edge to keep it from raveling or for decorative purposes. The stitches are very short to the edge of the binding. Also called the buttonhole stitch.



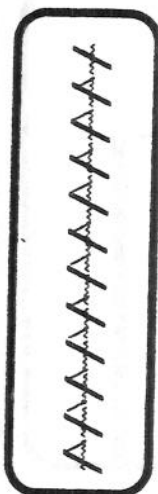
Catch stitch

This is used to sew a flat edge to another piece of fabric. Looks like a row of Xs.



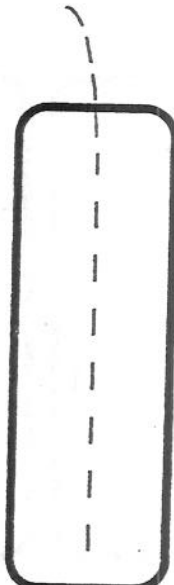
Slipstitch

This stitch is formed by sewing on an angle, going from the garment to the hem, and back.



Running stitch

Long, straight stitches for basting.



Hemming stitch

Used on a clean-finished edge; the needle and thread pass through the fold of the fabric between stitches.

