

TABLE OF CONTENTS

UNITS OF INSTRUCTION

- I. PSYCHOLOGY OF CLOTHING AND APPEARANCE***
 - A. Role of Clothing and Clothing Choices**
 - B. Personal Grooming *(Optional)**

- II. DESIGN PRINCIPLES***
 - A. Line and Design**
 - B. Color**

- III. CONSTRUCTION PREPARATION***
 - A. Patterns, Fabrics, and Notions**
 - B. Sewing Tools and Equipment**
 - C. Construction Preliminaries**

- IV. CONSTRUCTION PROJECTS***
 - A. Construction and Projects**
 - B. Evaluation of Projects**

- V. CLOTHING CARE AND MAINTENANCE***
 - A. Laundry**
 - B. Dry Cleaning, Pressing, Repairs**

- VI. CLOTHING CONSUMERISM***
 - A. Effective Consumer Skills**