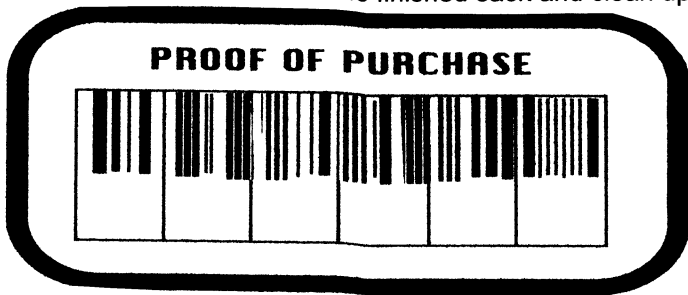


Name _____ Period _____ Date _____ Score _____

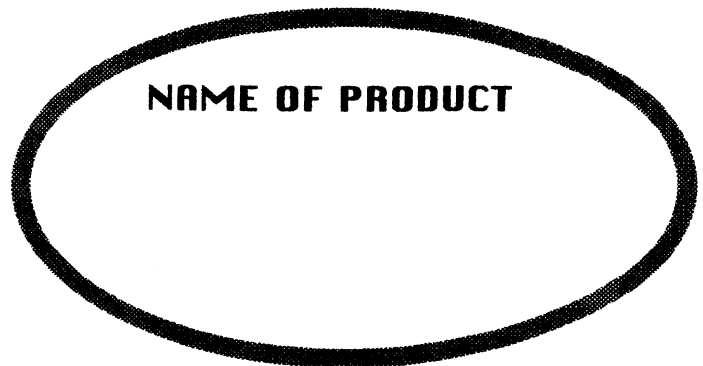
PERSONAL LABELING INFORMATION

Directions: If you could package yourself to sell, what labels would you use to attract a buyer (like a product in a store)? Below are blocks of information found on packages. Use these guides to label yourself. (You can't use information except for what's on the labels!)

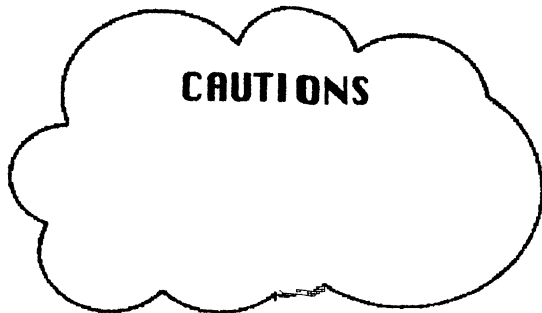
1. Fill in each label with information about yourself and glue them on your package (paper sack).
2. Each label must have at least four pieces of information on it, except the proof of purchase and the name of the product.
3. After the information is on the labels, you may decorate your labels and sack, if you want.
4. Turn in the finished sack and clean up where you have been working.



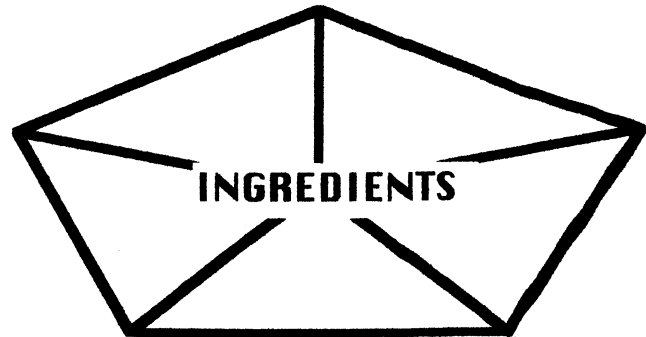
Proof of Purchase = Birthday.
Use two slots for the month,
two for the day, two for the year.
Example: June 28, 1984 = 06 28 84



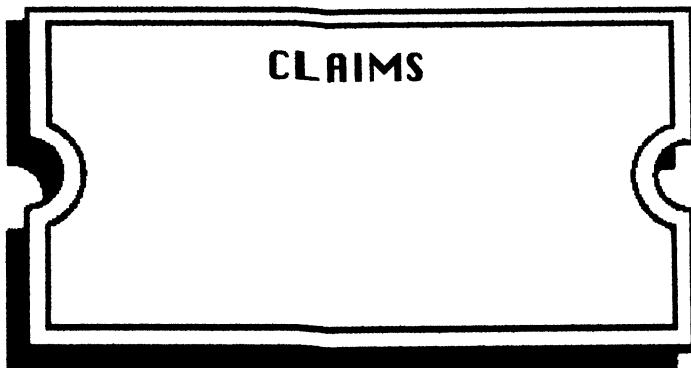
Name: Your name (nickname may also be added).



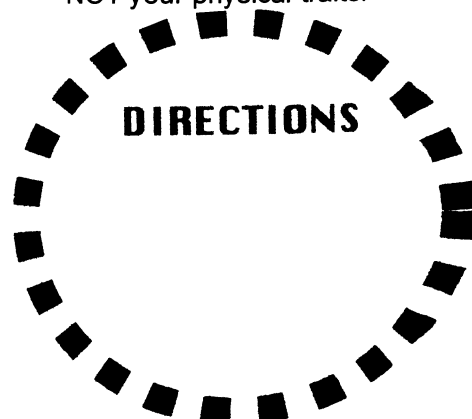
Cautions: Your dislikes, fears, or things that make you nervous or upset.



Ingredients: Your inner self/personality traits, NOT your physical traits.



Claims: Your talents, interests, hobbies, what you can do well.



Directions: How to handle or care for you; your specific needs.

TOPIC #2: Self-Concept

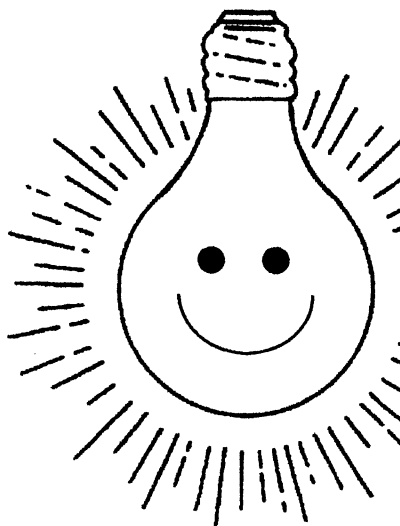
Student Activity Guide



Name _____ Period _____ Date _____ Score _____

THINK POSITIVE AND BRIGHTEN YOUR DAY

Directions: Concentrate and list 10 positive characteristics of yourself. After you have listed them, think about how you are feeling about yourself.



1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Directions: Now, choose someone you have a difficult time liking or getting along with. Do not tell anyone or write down their name. This person could be a family member. List at least five (5) positive characteristics of this person. (6-10 = extra credit!)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

