UNIT: AGES AND STAGES LESSON: Ages and Stages

## COMPETENCIES:

1. Briefly review the ages and stages of children ages 0-11.

2. Briefly review basic child development theories and their theorists: Erikson, Freud, Gesell, Kohlberg, Maslow, Piaget.

3. Identify appropriate learning materials for specific ages.

- a. Identify physical (large and small motor) materials for specific ages.
- b. Identify social materials and activities.
- c. Identify cognitive materials for specific ages.

## **OVERVIEW/SUMMARY:**

Understanding the developmental level of a child is critical in successful interactions with the child. Each age and stage a child goes through requires special treatment.

### MOTIVATOR:

Tell the class, "I want each of you to write how patriotism is defined in Russian. Please hurry, we don't have all day."

After students have protested, explain to them that we do this type of thing to children many, many times. They do not know what we want from them anymore than you know how to write Russian. If you were at a particular age and stage of your life where you had studied Russian, you could be expected to complete this assignment. However, you are not to that age and stage and think I'm silly to even ask you to complete this assignment. That is how a 2 year-old child feels when you expect him/her to act like a 5 year-old child. Each stage is important and you must know how to treat each age and stage if you wish to work successfully with children.

### LESSON OPTIONS/SUPPLIES:

TEACHER NOTE: Although all ages and stages should be reviewed, a special emphasis should be placed upon the age group with which your students will be working.

## OPTION 1--CDA VIII

AGES AND STAGES CHARTS: Using your text book, have students complete the ages and stages developmental charts, OR divide the class into small groups. Have each group research the characteristics of a specific age; then present it to the class in a creative manner, including a handout including a completed chart for the students to keep as a reference.

### OPTION 2--CDA VIII

DESCRIPTIONS: After students have reviewed the information on ages and stages, have each student write five descriptions of a child on index cards. They must include enough clues that the class can guess the age of the child, without actually revealing the age of the child. They should write the description on one side of the card and the age of the child on the back of the card. Use the cards as a class review, or have the students practice identifying the age of the child in small groups.

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## OPTION 3--CDA VIII

TEXTBOOK AND WORKSHEET: Have students read a chapter from "Caring for the Developing Child", and complete the worksheet. Any of the following chapters relate to child development: Chapter 11-"Theorists", Chapter 12--"Physical Development", Chapter 13--Social Development", Chapter 14--"Emotional Development", Chapter 15--"Intellectual Development, or Section IV--The Ages of Child Development, Chapters 17-21.

### OPTION 4

RESEARCH ASSIGNMENT: Have students select one developmental age and complete a research project on it. Use the guidesheet, "Growth and Development Research". You may wish to refer to "Ready, Set, Grow", an excellent resource. READY, SET, GROW! Atlantis Software Company, 4 Buckingham Court, Houston, TX 77024, (713) 973-7810, Macintosh Software, Cost: \$41.00

# **OPTION 5--CDA VIII**

AGES AND STAGES: Review the general characteristics of children as they grow.

# OPTION--6

THEORISTS: Review the information on the basic theorists and their theories with the class. You may wish to use your text, or the information included in this lesson.

#### OPTION 7--CDA VIII

INDIVIDUALIZED PACKET: Have students complete the packet, "Children's Intellectual Development".

# OPTION 8--CDA VIII

INDIVIDUALIZED PACKET: Have students complete the packet, "Children's Moral and Value Development."

## RESOURCES:

<u>Developmentally Appropriate Practice in Early Childhood Programs Serving Children</u> from Birth Through Age 8

READY, SET, GROW! Atlantis Software Company, 4 Buckingham Court, Houston, TX 77024, (713) 973-7810, Macintosh Software, Cost: \$41.00