

**PREASSESSMENT  
FAMILY HEALTH TREE**

Directions: Discover what you can about your health. Knowledge of your heritage will help you understand more fully about what you may expect concerning your own health in the future.

Research as carefully as you can, the health problems, deficiency diseases, or any inherited concerns you can e.g. how did your grandparents die or what caused their deaths, were there any serious health problems such as heart problems, cancer, diabetes, etc. in your family?

Record your research in the appropriate spaces. Determine any inherited health problems you may need to be aware of.

<b>MY HEALTH HERITAGE</b>	
<b>Father:</b>	<b>Mother:</b>
<b>Grandfather:</b>	<b>Grandmother:</b>
<b>Great grandfather:</b>	<b>Great grandmother:</b>
<b>ME (Student name):</b>	

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