## **Unit One**

Suggested time for unit: five 50 minute class periods.

LIFE ESSENTIAL:

Values and goals

**SUB PROBLEM 1:** 

How will my values and goals affect choices I make when I live on

my own?

**VALUE ASSUMPTION:** Values and goals give direction for successful independent living.

**OBJECTIVE:** 

Examine how values and goals affect choices.

**LESSONS:** 

A. Identify values.

B. Explain the meaning of values

C. Analyze what influences values.

D. Compare situations that create conflicting choices.

E. Explain how values influence goals.

F. Test Bank