
UNIT I: Teenage Transitions**TOPIC C : Relationships and Communication**

CONCEPT: Communication occurs when two or more people understand a message in about the same way. Students communicate with others on a regular basis, but many times the outcome is not positive.

OBJECTIVE: Students will recognize and utilize more effective communication skills.

COMPETENCIES:

1. Describe the differences between childish and mature styles of communication. (1-1, 1-2, 1-3)
2. Identify effects of childish vs mature styles of communication. (2-1, 2-2)
3. Review communications terms, including constructive communication, destructive communication, and non-verbal communication. (3-1, 3-2, 3-3, 3-4, 3-5, 3-6, 3-7, 3-8)
4. Apply constructive communication skills in developing positive relationships with peers, family members and persons with authority. (4-1, 4-2, 4-3, 4-4, 4-5)
5. Identify positive and negative methods of conflict resolution with peers, including use of inappropriate language and behaviors. (5-1, 5-2, 5-3, 5-4)
6. Identify how effective listening skills enhance human relationships and apply the skills in everyday situations. (6-1, 6-2, 6-3, 6-4, 6-5, 6-6, 6-7)
7. Identify and recognize personal communication styles. (7-1, 7-2, 7-3, 7-4)

"Eating words has never given me indigestion."

- Winston Churchill

ACTIVITIES:**SUPPLIES:**

Introduction to Topic: The Cookie Crumbles	None
1-1 Child-Parent-Adult Communication Styles: Introduction	Copies of student activity guide (I-C-21)
1-2 Child-Parent-Adult Communication Styles: Role Play	None
1-3 <u>Level With Me</u>	Video and materials from Learning Seed
2-1 My Communication Log	Copies of student activity guide (I-C-22)
2-2 Preschool Children Observation	Preschool children Copies of student activity guide (I-C-23)
3-1 "There's a Hole in the Bucket, Dear Henry"	Copies of pages I-C-24 and I-C-25
3-2 Review of T-L-C Materials	None
3-3 Constructive, Destructive, Nonverbal Communication Techniques	Technique strips from pages I-C-28 and I-C-29 Overhead transparency I-C-30 or Large hammer with labels Optional: Copies of student activity guide (I-C-31)
3-4 T-O-R-T-U-R-E Story	None
3-5 Nonverbal Communication Clues	None
3-6 Nonverbal Pictures and Messages	Magazines, glue, markers Construction or cardstock paper Bulletin board title
3-7 Charades Game	None
3-8 Soap Opera Tape	Video tape from a soap opera Video player
4-1 Introductory Activity: Student Drawing	Blank paper, pencils or markers
4-2 Intra-/Inter-Personal Communication	Copies of student activity guide (I-C-35) Overhead transparencies (I-C-37 and I-C-38)
4-3 Turning Destructive Comments into Constructive Comments	None
4-4 My Personal Constructive Communication Experience	Copies of student activity guide (I-C-39)
4-5 Boys Town School Social Skills	Copies of pages I-C-40 and I-C-41

ACTIVITIES:	SUPPLIES:	CONT'D
5-1 Conflict Resolution	Copies of student activity guide (I-C-45)	Copies of pages I-C-47 through I-C-50 Glue
5-2 Conflict Resolution Role Play	None	
5-3 Conflict Resolution Scenarios	None	
5-4 Confessions of a Teenage Gossip	Classroom set of student reading (I-C-51 through I-C-54)	Copies of student activity guide (I-C-55)
6-1 Story of Anne	None	
6-2 Steps for Better Listening	Overhead transparency (I-C-57)	Copies of student activity guide (I-C-57)
6-3 Listen and Draw	Blank paper	Overhead transparency (I-C-59)
6-4 Role Play of Negative Listening Techniques	None	
6-5 The Swing	Overhead transparency (I-C-60)	
6-6 Is Your Listening Better Than This?	Overhead transparency (I-C-61)	
6-7 Listen with Your Heart Illustration	Enlarged pieces and titles (I-C-63 through I-C-66)	
7-1 Passive, Assertive, Aggressive Communication	Copies of student activity guide (I-C-68) Visuals from page I-C-69	
7-2 My Positive Communication Habits	Copies of student activity guide (I-C-70)	
7-3 The "Crusher"	Enlarged copy of The Crusher (I-C-72) "Kill the Crusher Kits" made up of: - small zip-lock bags - cotton balls - Q-tips - masking tape - popsicle sticks - Skittles candy	
7-4 Introduction: Every Creature Communicates Bulletin Board	Copies of animal characters and title pages (I-C-73 through I-C-80)	