

*Everyone has the power
to resist,
but everyone does not
sincerely want to.*

REFUSAL TECHNIQUES

THE GOALS OF REFUSAL:

KEEP YOUR FRIENDS

HAVE FUN

STAY OUT OF TROUBLE

THE STEPS FOR REFUSAL:

1. ASK QUESTIONS

2. NAME THE TROUBLE

3. IDENTIFY THE CONSEQUENCES

4. SUGGEST AN ALTERNATIVE

5. MOVE IT, SELL IT, AND LEAVE THE DOOR OPEN

WHAT TO DO UNDER PRESSURE:

STAY CALM

CALL THE PERSON BY NAME; MAKE EYE CONTACT

SAY, "LISTEN TO ME..."

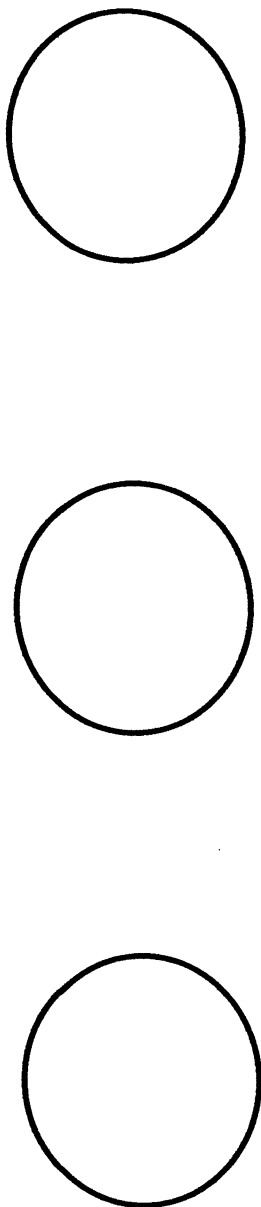
PAUSE AND THINK

REPEAT AS NECESSARY

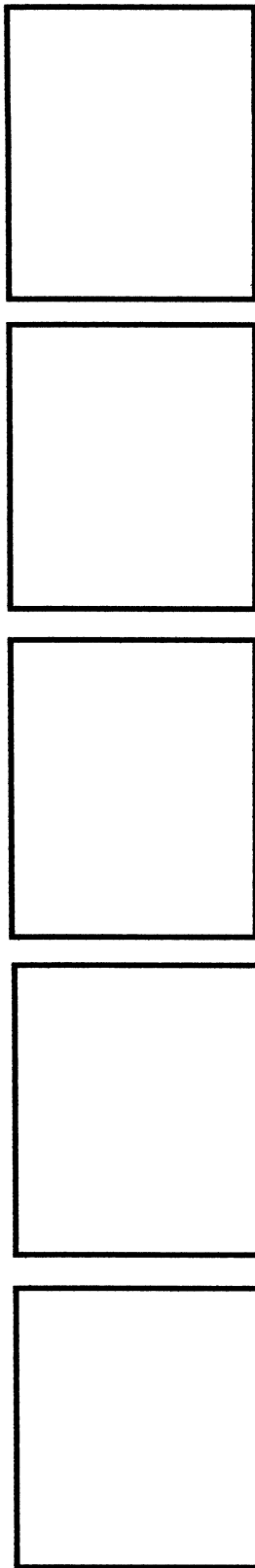
Name _____ Period _____ Date _____

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THE STEPS FOR REFUSAL:



WHAT TO DO UNDER PRESSURE:

