

# M&F Chapter 10 - Family Life Cycle

## Summary

This is an indepth study of all stages of the family life cycle including the engagement, wedding, marital adjustments, middle and late marriage, aging and death.

## Main Core Tie

Adult Roles And Responsibilities

[Strand 4 Standard 4](#)

## Additional Core Ties

Adult Roles and Financial Literacy

[Strand 6 Standard 3](#)

Adult Roles And Responsibilities

[Strand 4 Standard 2](#)

## Time Frame

9 class periods of 90 minutes each

## Group Size

Large Groups

## Life Skills

Thinking & Reasoning, Communication, Social & Civic Responsibility

## Materials

PowerPoint presentation

Projector

VCR for video

All handouts from the FHS 2400 CD.

## Background for Teachers

Reading of text.

## Student Prior Knowledge

Reading of text.

## Intended Learning Outcomes

Students will gain insight into the different aspects of the family life cycle, including the parent/teen relationship. They will identify the purposes of the engagement period and the honeymoon; common marital adjustments and needs and expectations. They will gain empathy for the aging, critique care options, and understand the grieving process.

## Instructional Procedures

Print all lesson plans and handouts from the FHS 2400 CD.

Lesson #1 - Teens.

Lesson #2 - Family Life Cycle.

Lesson #3 - Engagement.  
Lesson #4 - Reception and Marriage.  
Lesson #5 - Video "Big Fat Greek Wedding".  
Lesson #6 - Honeymoon and Marital Adjustments.  
Lesson #7 - Middle and Late Marriage, Aging.  
Lesson #8 - Empathy Activity and Aspects of Aging.  
Lesson #9 - Death.

### Assessment Plan

Students will have completed the reading tests before coming to class. A final Exam will be given on the chapter.

Educators:

Contact [resources@uen.org](mailto:resources@uen.org) using your education email address if you would like copies of the test / exam for this lesson plan. Be sure to include the Lesson Plan title in your email request.

### Bibliography

The Marriage & Family Experience (8th Edition) by Strong.

### Authors

[WENDY CRAPO](#)