

M&F Chapter 9 - Parenting Readiness

Summary

Reasons for choosing to be a parent.
Experiencing pregnancy and parental roles.
Theories of child socialization and discipline.
Evaluation of personal readiness for parenting roles and responsibilities.
Weighing costs and benefits of becoming a parent.
How job demands and financial readiness affect personal readiness.
Children have an impact on the marital relationship.
Identify parenting roles of fathers and mothers.
Emphasize the differences between and the importance of motherhood and fatherhood.

Main Core Tie

Adult Roles And Responsibilities

[Strand 5 Standard 5](#)

Additional Core Ties

Adult Roles And Responsibilities

[Strand 1 Standard 1](#)

Adult Roles And Responsibilities

[Strand 5 Standard 1](#)

Adult Roles And Responsibilities

[Strand 5 Standard 2](#)

Adult Roles And Responsibilities

[Strand 5 Standard 3](#)

Time Frame

10 class periods of 90 minutes each

Group Size

Large Groups

Life Skills

Thinking & Reasoning, Communication, Social & Civic Responsibility, Employability

Materials

A PowerPoint Projector
VCR for videos
All handouts from FHS 2400 CD.

Background for Teachers

Reading chapter in text.

Student Prior Knowledge

Reading chapter in text.

Intended Learning Outcomes

Students will identify the various skills and responsibilities of parenting. They will evaluate personal readiness for parenting roles and responsibilities. The human reproductive process, infertility, pregnancy, and steps that lead to a healthy life style will be explained. They will explain the birth process and the needs of a new infant. Students will identify parenting styles, including positive guidance techniques that help children develop positive self-concepts, self-management, and responsibility. Students will explain how self-concept is built and preserved and how it relates to the perception of individual strengths and weaknesses. They will identify the causes and symptoms of stress, and describe positive forms of stress management.

Instructional Procedures

Print lesson plans and handouts for all lessons in this chapter from the FHS 2400 CD.

- Lesson #1 - Parenting Readiness.
- Lesson #2 - The cost of Pregnancy.
- Lesson #3 - Fatherhood.
- Lesson #4 - Pregnancy.
- Lesson #5 - Empathy Belly.
- Lesson #6 - Problems in Pregnancy Reports.
- Lesson #7 - Labor and Delivery.
- Lesson #8 - Birth Movie and Bonding.
- Lesson #9 - Theories(Erikson & Paiget).
- Lesson #10 - Positive Guidance.
- Lesson #11 - Spanking and Time Out.
- Lesson #12 - Self-Esteem.
- Lesson #13 - Self-Esteem of a Child.
- Lesson #14 - Masks and Labels.
- Lesson #15 - Child Care Issues.
- Lesson #16 - Stress.

Assessment Plan

Students will have completed the reading tests before coming to class. A final Exam will be given on the chapter.

Educators:

Contact resources@uen.org using your education email address if you would like copies of the test / exam for this lesson plan. Be sure to include the Lesson Plan title in your email request.

Bibliography

The Marriage & Family Experience (8th Edition) by Strong

Authors

[WENDY CRAPO](#)