

Sewing Rules

Summary

This lesson teaches procedures for using the sewing machine. Memorizing these rules will help the students have less problems sewing.

Main Core Tie

FCS 6th Grade

[Strand 5](#)

Time Frame

1 class periods of 45 minutes each

Materials

copies of worksheet, powerpoint, sewing project

Background for Teachers

The sewing rules help to prevent many common frustrations with beginning sewers. See the power point.

Intended Learning Outcomes

Students will write down the rules and understand why they are necessary.

Instructional Procedures

Pass out the worksheets while explaining that the sooner students learn these rules, the easier time they will have sewing.

Discuss rules, explaining why they are important. Give examples when possible. For example, use your hand as a pressure foot to show how it moves a piece of paper (fabric) through the sewing machine.

It is also helpful to have students make hand motions. For example, lifting the presser foot, turning the handwheel towards you, etc.

Have students demonstrate what they've learned by practicing on crazy stitching or sewing a simple project such as a bookmark.

Review as often as necessary until students learn the procedures.

Strategies for Diverse Learners

Have student groups draw detailed pictures of the different rules. Paste them around the room as reminders. Keep the best ones to show other classes.

Assessment Plan

Have students practice crazy stitching or sew a simple sewing project like the bookmark. The better the students understood the lesson, the less questions and problems you'll have. Review lesson concepts as often as necessary.

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