

Fielder's Choice

Summary

Students will garner experience fielding and reacting to a ball.

Time Frame

1 class periods of 30 minutes each

Group Size

Small Groups

Materials

Each group will need 6-10 small balls or similar type objects.

Intended Learning Outcomes

Students should be able to practice skills that are utilized in baseball, soccer, softball etc. in an engaging manner.

Instructional Procedures

Group the students in a circle formation with 5-9 students in each group.

Feet should be placed slightly wider than shoulder width apart and no gap between their neighbors feet and their own.

One or two students should be placed in the middle of the circle.

The student in the middle has the ball. This student will attempt to roll the ball outside of the circle of students.

When the ball is rolled toward the students in the circle, their job is to simply field it and send it back towards the student in the middle.

If the student in the middle is unsuccessful in their attempt to roll the ball outside of the circle they simply repeat the process until they are, when this occurs they trade places with the student the ball passed.

Strategies for Diverse Learners

Try using a larger/smaller ball.

Decrease/increase the amount of space between the legs.

Have students start with their hands on their knees, stomach, chest or even their heads.

Decrease/increase the distance between the throwers.

Use more balls as they gain confidence.

Authors

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