

The Dangers of and Ways to be Safer Online

Summary

Students will increase their knowledge of Internet safety. Students will explore and identify dangers on the Internet and learn ways to avoid situations that might be threatening or harmful.

Main Core Tie

Health Education II (9-12)

[Strand 3: SAFETY AND DISEASE PREVENTION \(SDP\) Standard HII.SDP.3](#)

Time Frame

1 class periods of 90 minutes each

Group Size

Large Groups

Life Skills

Thinking & Reasoning, Communication

Intended Learning Outcomes

Students will be able to identify online threats, appropriate communication skills, and how to protect themselves from inappropriate Internet behavior.

Instructional Procedures

Introduction: (5 min.)

The Internet can be a wonderful resource for:

- Research
- School reports
- Communication w/ teachers
- Communication w/ friends
- Playing interactive games
- Buying and selling merchandise
- Managing accounts

With one punch of a few letters on the keyboard you can literally access the world.

Today we are going to talk about identifying and avoiding situation that could threaten your safety on the internet.

Going out on the net is like going to a costume party where everyone's identity is a mystery. Unless you know your friends, assume you don't know to whom you are talking. Strangers on the internet can take advantage of you by pretending to be your friend. You have no way of knowing who that person is and what they may be after.

Lesson Body: (65 min.)

What are some of the dangers you might find on the internet?

(Record their answers on the board)

- Online Predators
- Cyber-bullying
- Sexting
- Identity Theft
- Phishing

Posting Pictures

Posting Personal Information

[Cyber-Safety- Statistics](#) (Word Doc)

Share some of the statistics.

Emphasize the need for education.

Why are some of these statistics so alarming?

What risks are teenagers taking on the internet?

Internet Safety Videos

Depending on the emphasis you want for this lesson - select 5-6 videos from the video list below.
(Make sure you preview each video before showing it to your class.)

Posting Pictures

Once Posted You Lose it

- [YouTube](#)

Length 1:39

Everyone Knows Sarah

- [YouTube](#)

Length 1:00

Child Predators

Internet Safety

- [YouTube](#)

Length 4:46

321849 - "Tom's Story"

- [YouTube](#)

Length 4:54

Internet Safety: A Cautionary Tale

- [YouTube](#)

Length 6:14

Julie's Journey

- [NetSmartz](#)

Length 3:11

- [YouTube](#)

Length 2:53

Cyber Bullying

Tyra Banks - Cyber Bullying

- [YouTube](#)

Length 2:46

Bullied to death: They committed suicide because of bullying

- [YouTube](#)

Length 3:30

Identity Theft

Identity Theft Phishing:

- [CBS News Video](#)

Length 2:37

- [YouTube](#)

Length 2:34

A Facebook Identity Theft:

- [YouTube](#)

Length 1:51

Phishing Scams in Plain English

- [Common Craft *Evaluation Copy*](#)

Length: 2:54

- [DotSUB](#)

Length 3:04

Top 5 Ways Teens Are Compromising Their Identities Online

- [YouTube](#)

Length 2:20

Sexting

The Truth About Teen Sexting:

- [ABC News](#)

- [YouTube](#)

Length 5:56

Fox News Sexting Story:

- [YouTube](#)

Length 3:39

44 Teens Prosecuted For Sexting

- [YouTube](#)

Length 7:15

After each video: (7-10 min.)

Have the students fill out the worksheet.

Facilitate a short discussion

Encourage students to share their comments from the worksheet with the class.

Conclusion: (20 min.) Hand out and review "Safe Surfing Tips"

Last 5-7 minutes

Have the students fill out the final section of their video worksheet. (My Goals for Internet Safety)

Homework Assignment: Handout the Mobile Foldable Instruction Sheet along with the Rubric.

Assignment: Create a "Mobile Foldable" using information from "Safe Surfing Tips" and your five goals for internet safety.

Assessment Plan

Students will be graded on their Internet Safety Worksheet. Students will set five specific goals for staying safe on the internet. Homework-Students will create a "mobile foldable" using their goals and information on internet safety

Rubrics

[Foldables Rubrics](#)

Bibliography

www.safesurfingkids.com/

www.netsmartz.org/

www.missingkids.com

Authors

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