

# Proper Measuring Techniques with Correct Equipment

## Summary

Students will demonstrate comprehension of equivalents, measuring equipment, and proper techniques for accurate measuring and be able to apply them to various recipe situations.

## Main Core Tie

Dietetics and Nutrition 1

[Strand 1 Standard 2](#)

## Materials

Liquid and dry measuring cups, spoons, scales, flour, powdered sugar, ingredients for pancakes

## Intended Learning Outcomes

Students will demonstrate comprehension of equivalents, measuring equipment, and proper techniques for accurate measuring and be able to apply them to various recipe situations.

## Instructional Procedures

See attached lesson plan and worksheets

## Authors

[Nikki Sue Larkin](#)

[Mandy Richardson](#)

[HEIDI WEIGHT](#)