

Teen Domestic Abuse & Violence

Summary

Students will learn about dating violence including the aspects of physical, sexual, verbal and emotional abuse.

Main Core Tie

Adult Roles And Responsibilities

[Strand 3 Standard 4](#)

Additional Core Ties

Adult Roles and Financial Literacy

[Strand 5 Standard 4](#)

Materials

- [Vocabulary worksheet](#)
- [Love is Not Abuse PowerPoint](#)
- [LINA curriculum](#)
- [Love is Not Abuse study guide](#)
- *Stop the Violence*
video
- *But He Loves Me*
video
- [Background Information about Abuse and Violence Cycle](#)

Additional resources:

NO SAFE PLACE--VIOLENCE AGAINST WOMEN (video)--This resource is available from KUED 7, Salt Lake City, 56 minutes, 1-800-477-5833, ext. 3064.

DATING VIOLENCE: THE HIDDEN SECRET (video) --Available from Attorney General's Office, 1-800-244-4636.

STOP THE VIOLENCE: Available to download or purchase from Sandy Police Department, Sandy, Utah

Instructional Procedures

Vocabulary

Use the [vocabulary worksheet](#) (pdf) with students.

Primary vocabulary:

Teen dating violence
Physical abuse
Sexual abuse
Verbal/emotional abuse
Abuser
Target
Bystander
Violence cycle
Tension buildup
Explosion
Honeymoon phase

Introduction/Pre-Assessment

Do any of you know of someone who is in an abusive dating relationship? Without giving any names, what type of conditions exist?

Show any of these short video clips from "Love is Not Abuse" and discuss. Find them at [Love is Not Abuse](#).

Content Outline, Activities and Teaching Strategies

(All options do not necessarily need to be taught. Select ones to cover standards and objectives and according to your district policies.)

Option 1: Love is Not Abuse

Curriculum from Liz Claiborne has also been recommended by FCCLA. You may obtain an e-mailed copy from [Love is Not Abuse](#) Download the lesson plan. You may follow the instructions exactly as printed, or condense to fit within your time frame. A [powerpoint presentation](#) has been made that goes along with the lesson, which you may use instead of making all the handouts. Have Students use [Love is Not Abuse study guide](#) (pdf) during the lecture portion of the presentation. There are a variety of readings and discussion points in identifying all parts of the abuse cycle, types of people who are targets or perpetrators. It identifies several ways and sources for help. You may also refer to the [LINA Curriculum](#) (pdf).

Option 2: Stop the Violence Video

Watch and discuss this excellent video from the Sandy Police Department about Teen Dating Violence. This video may be downloaded and watched on the internet, or you may pay \$42.50 for shipping for a hard copy of the video. You may pick one up at the Sandy Police Department for free.

Option 3: But He Loves Me Video

Watch and discuss story of a young girl in an abusive relationship, showing how subtle the signs build up to eventual abuse.

Option 4: Abuse and Violence Cycle

Discuss the [teacher background information](#) (pdf) about the abuse and the violence cycle.

Summary/Evaluation

No one ever deserves to be hit or abused. If you are in a controlled dating relationship or know someone who is, find the courage to get the help you need to get out and stay out. Unless the abuser gets professional help, the abuse will only escalate, even into marriage. End with songs from [Utah Office on Domestic & Sexual Violence](#).

Authors

[CTE LESSON PLANS](#)