

# Teens and the Elderly

## Summary

This lesson encourages the students to get to know their grandparents a little better. They may be surprised on how much they actually have in common. The students will also be experiencing elderly life in several activities. By doing so, the students will have a greater appreciation for what elderly adults have to deal with everyday of their lives.

## Time Frame

1 class periods of 70 minutes each

## Group Size

Individual

## Life Skills

Character

## Materials

- Bell Ringer Cards for each student
- "You're Only Old Once" book by Dr. Seuss
- Teens and Elderly Study Guide Handout
- Teens and Elderly PowerPoint Presentation
- Duct Tape
- Scissors
- Pair of reading glass - 1 per student
- Sugar Cookies (made without flavoring)
- Elder Lab Reaction Assignment Handout

## Intended Learning Outcomes

Identify significant senior/elderly in ones own life. Compare similarities between senior/elderly and teens. Identify ways in which teens and seniors/elderly can develop closer and more meaningful relationships.

## Instructional Procedures

Teacher and student step-by-step instructions are found below in the "Teens and the Elderly Lesson Plan" attachment.

## Assessment Plan

The students will complete the "Elderly Lab Reaction Assignment". After experiencing old age for a few moments, allow the students to write about their experience. Hand out the assignment to the students and explain how to complete the work. It will be due next class period.

## Bibliography

[Teen Living Curriculum Guide](#)

from the Utah State Office of Education

## Authors

